

Edwards, L. M., Kowalski, A.E., Barber, B.N., Green, M.B., Jarrett, K., Mayor, R.C., & Newcomb, S. (2008, August). *Coping as a buffer of racism stress in Latino/a adults?* Poster presented at the annual meeting of the American Psychological Association, Boston.

ABSTRACT:

This study investigated the relationships between racism experiences, coping, and depressive symptoms among Latino/a adults. Results with 105 community participants indicated that the main effect of racism stress on depression was positive and significant. Also, there was a significant interaction between racism stress and coping, suggesting that at high levels of racism, those with high coping experienced more depressive symptoms than those with low coping. Post-hoc analyses were conducted to further probe these findings and results suggested that different types of coping were related to depressive symptoms and life satisfaction in different ways.