SALADS
TRADITIONAL CAESAR (V/NF) 7.5
ROMAINE TOSSED WITH TRADITIONAL CAESAR DRESSING AND GARLIC CROUTONS TOPPED WITH SHAVED ITALIAN CHEESE
GRILLED CHICKEN BREAST (NF) 10.5
SAUTEED SHRIMP (NF) 12.5

LUNDA WINTER SALAD (V/GF) 8
BABY GREENS, SHAVED RED ONION, CRUMBLED GORGANZOLA, ROASTED BEETS, GLAZED WALNUTS AND WHITE BALSAMIC AND MAPLE DRESSING
GRILLED CHICKEN BREAST (GF) 11
SAUTEED SHRIMP (GF) 13

PROSCIUTTO FIG (GF) 9
BABY GREENS, SHAVED PROSCIUTTO AND FENNEL, MISSION FIGS, MANCHEGO CHEESE AND CITRUS HERB VINAIGRETTE
GRILLED CHICKEN BREAST 12
SAUTEED SHRIMP 14

MEZZE PLATTER (V/NF) 8
HUMMUS, OLIVE TAPENADE, BABA GANOUSH, FETA, CUCUMBERS AND PITA WEDGES

SANDWICHES
SERVED WITH HOMEMADE PARMESAN CHIPS OR FRESH FRUIT

ROASTED TURKEY 8
THINLY SLICED TURKEY BREAST, CRANBERRY CHUTNEY, TOASTED WALNUTS, BRIE CHEESE, BABY ARUGULA ON WHEAT BREAD

LEMON BASIL CHICKEN BREAST (NF) 8.5
GRILLED CHICKEN BREAST, FRESH MOZZARELLA, GREEN LEAF LETTUCE, SLICED TOMATOES, LEMON BASIL AIOLI ON A CIABATTA ROLL

TRATTORIA BURGER (NF) 8.5
GRILLED 1/3 LB ANGUS BEEF BURGER, CAPICOLA, ROASTED RED PEPPERS, BABY ARUGULA, PROVOLONE, FRESH HERBED DRESSING ON A CIABATTA ROLL

LUNDA BUFFET
MONDAY-THURSDAY
10.5
FRIDAY FISH FRY
11
SOUP DU JOUR & ROLL
3.5

DESSERT
PLEASE ASK YOUR SERVER ABOUT DAILY DESSERT OPTIONS

REFRESHMENTS
FLAVORED LEMONADE 3
ARNOLD PALMER 3
RISHI TEA 2
STONE CREEK COFFEE 1.5
PEPSI PRODUCTS 1.5

GF-GLUTEN FREE
NF-NUT FREE
V-VEGETARIAN