

**TYPICAL ACADEMIC PROGRAM FOR EXERCISE SCIENCE 2007-08**

		<i>FRESHMAN YEAR</i>			
First Term		Credits	Second Term		Credits
ENGL 001 (R)	Rhetoric/Comp 1	3	ENGL 002/COMM 11		3
CHEM 001 (SN)	Gen Chemistry 1	4	HEAL 025 (DC)	Culture & Health	3
EXSC 010	Emergency Care	2	CHEM 002	Gen Chemistry 2	4
EXSC 090	Intro to Ex Science	2	BISC 015	Anatomy/Physiology	5
THEO 001 (T)	Intro to Theo	3	EXSC 050	Surface Anat/Palp	1
BIOL 001	General Biology 1	3			<u>16</u>
		<u>17</u>			

		<i>SOPHOMORE YEAR</i>			
First Term		Credits	Second Term		Credits
EXSC 115	Biochem/Physiol	5	PHIL 104 (HNE)	Theory of Ethics	3
PSYC 001 (ISB)	Intro to Psych.	3	EXSC 106	Cog/Motor Learning	3
PHIL 050 (HNE)	Phil Human Nature	3	EXSC 110	Kinesiology	4
UCCS (HCS)		3	UCCS (MR-Stats)	Psych Meas/Stats	3
UCCS (LPA)		3	BIO 002	General Biology 2	3
		<u>17</u>			<u>16</u>

		<i>JUNIOR YEAR</i>			
First Term		Credits	Second Term		Credits
EXSC 100	Ex Leadership	3	EXSC 180	Ex Test/Presc/EKG	4
EXSC 190	Strength/Conditioning	3	EXSC Elective		3
EXSC 105	EXSC Practicum I	2	EXSC 189	Nutrition/Exercise	4
Elective		3	Elective		3
Elective		3	UCCS (T)		3
		<u>14</u>			<u>17</u>

		<i>SENIOR YEAR</i>			
First Term		Credits	Second Term		Credits
PHIL 193 (HNE)	Medical Ethics	1	EXSC 186 (14-16 credits)		14-16
EXSC 170	Ex. Program Manag.	3			
EXSC 187	Ex. For Special Popul.	3			
EXSC 192	Adv. Ex. Physiology	4			
Electives		6			
		<u>17</u>			<u>14</u>

\* A minimum of 3 credits of advanced exercise science electives is required

**Minimum Total Credits: 128**

**Exercise Science '07-'08****Total Minimum Credits** 131**UCCS**

CHEM 001 (SN)	4
ENGL 001 (R)	3
ENGL 002 (R)	3
HEAL 025 (DC)	3
PHIL 050 (HNE)	3
PHIL 104 (HNE)	3
PSYC 001 (ISB)	3
PSYC 060 (MR)	3
THEO 001 (T)	3
UCCS (HCS)	3
UCCS (LPA)	3
UCCS (T)	3
	<hr/>
	<b>37</b>

**Required Cognates**

PHIL 193 Medical Ethics	1
BIOL 001	3
BIOL 002	3
BISC 110	3
CHEM 002	4
EXSC Elective	3
Electives	15
	<hr/>
	<b>32</b>

**Major Courses (require C or better)**

BISC 015	5
EXSC 010	2
EXSC 050	1
EXSC 090	2
EXSC 100	3
EXSC 105	2
EXSC 106	3
EXSC 110	4
EXSC 115	5
EXSC 170	3
EXSC 180	4
EXSC 186	14
EXSC 187	3
EXSC 192	4
EXSC 189	4
EXSC 190	3
	<hr/>
	<b>62</b>