



# Seeking Self-Assessment

414.288.7423 ■ [career.services@marquette.edu](mailto:career.services@marquette.edu) ■ [www.marquette.edu/csc](http://www.marquette.edu/csc) ■ Holthusen Hall, 1st floor

## For current students:

Sometimes a **self-assessment** exercise is helpful in determining your strengths and goals. While **The Career Services Center** can also help you incorporate the results of self-assessments into your career planning, some services are offered through **The Counseling Center**.

**DISCOVER:** This easy-to-use comprehensive on-line career planning program will help you make important decisions about your future. DISCOVER allows students to understand their interests, skills, and work values as well as identify and research majors and careers areas that might be a good fit. In addition, DISCOVER provides current, reliable, in-depth occupational information and how to prepare for a successful career; addresses the skills employers seek; and helps individuals develop their own educational and career plans.

### Available:

**Instructions and interpretation at both the Career Services Center & Counseling Center**

**Time allotment: 30 minutes to 3 hours depending on depth**

**No appointment necessary**

**Strong interest inventory:** This online assessment compares students' interests to the interests of people in certain occupations. For example, you can see how similar your interests are to those of a doctor.

### Available:

**Career Services Center (juniors and seniors: no charge, alumni: \$50.00 fee) & Counseling Center (all students: no charge), not available to alumni**

**Time allotment: 30 minutes to 1 hour to complete plus 1 hour interpretation appointment**

**Please call ahead to schedule an appointment**

**Myers-Briggs Type Indicator:** This online instrument is based on four basic aspects of human personality: how we interact with the world and where we direct our energy; the kind of information we naturally notice and remember; how we make decisions; and whether we prefer to live in a more structured way (making decisions) or in a more spontaneous way (taking in information).

### Available:

**Career Services Center (juniors and seniors: no charge, alumni: \$50.00 fee) & Counseling Center (all students: no charge), not available to alumni**

**Time allotment: 30 minutes to 1 hour to complete plus 1 hour interpretation appointment**

**Please call ahead to schedule an appointment**

Holthusen Hall, First Floor: 8:00 a.m.-5:00 p.m. Monday through Friday

For an individual appointment with a career counselor please call ahead to schedule. 414-288-7423

**Visit our website at [www.marquette.edu/csc](http://www.marquette.edu/csc)**