

CENTER FOR HEALTH EDUCATION & PROMOTION LIBRARY

BOOKS						
	Title	Subject	Author (First Name)	Author (Last Name)	Year	In/Out
1	Path to the Soul: Union of Eastern and Western Wisdom	Alternative Medicine	Ashok	Bedi, M.D.	2000	IN
2	The Body Image Workbook: An 8-step program for learning to like your looks	Body Image	Thomas	Cash, PhD	1997	IN
3	Body Prayers: Finding Body Peace	Body Image	Joan	Jacobs Brumberg	1997	IN
4	The Body Project: An Intimate History of American Girls	Body Image	Rebecca	Radcliffe	2004	IN
5	Essentials of Management	Business	Harold	Koontz	1986	Out
6	Mass Communication Theories & Research	Business	Alexis	Tan	1981	Out
7	The Cancer Book	Cancer	American Cancer Society		1986	Out
8	Golden Cage: The Enigma of Anorexia Nervosa	Disordered Eating	Hilde	Bruch, M.D.	1978	Out
9	Starving for Attention	Disordered Eating	Cherry	Boone O'Neill	1981	IN
10	Surviving An Eating Disorder: Strategies for Family & Friends	Disordered Eating	Michele	Siegel, Ph.D.	1988	IN
11	The Fit Or Fat Woman	Fitness	Covert	Bailey	1989	IN
12	Campus Health Guide	General Health	Carol	Otis	1981	IN
13	Charting Your Course	General Health	Ed. Sally	Coleman	1998	IN
14	Health	General Health	Ed. Richard	Yarian	2000	IN
15	Physiology of Fitness	General Health	Brian	Sharkey	1979	Out
16	Pocket Medical Dictionary	General Health	New American		1978	IN
17	Understanding Your Health	General Health	Wayne	Payne	2000	IN
18	Wellness Made Easy	General Health	UC Berkeley		2005	Out
19	Y's Way to Physical Fitness	General Health	Ed. Lawrence	Golding	1989	IN
20	1998-2000 National Wellness Info Resource Directory	Health Ed	Ed. Debbie	Sheller	1998	Out
21	Community Health Education & Promotion	Health Ed	Ed. Christina	Schust	1997	IN
22	Community Readiness for Drug Abuse Prevention	Health Ed	National Institutes of Health		1997	IN
23	Designing & Implementing an Effective Tobacco Campaign	Health Ed	U.S. Dept. of Heath		2003	IN
24	Dynamic Presentations	Health Ed	Andrew	Schwawrtz	1998	IN
25	Guidelines for Health Education	Health Ed	U.S. Dept. of Heath		1995	IN
26	Health Education Tools of the Trade	Health Ed	Karen	Goldman	2005	Out
27	How to Survive Teaching Health	Health Ed	Kenneth	Tillman	1990	Out
28	Intro to Health Education and Promotion	Health Ed	Bruce	Simons-Morton	1995	IN
29	Making Health Communication Programs Work	Health Ed	U.S. Dept. of Health		2002	IN
30	Making Health Communication Programs Work	Health Ed	U.S. Dept. of Health		2002	IN
31	Step Up! Be a Leader, Make a Difference: Student Athlete Guide	Health Ed	The University of Arizona / NCAA		2008	IN
32	Students Helping Students	Health Ed	Steven	Ender	2000	IN
33	Where's Mom Now that I Need Her?	Health Ed	Betty Rae	Frandsen	1995	IN
34	Health Care Resource Guide for Low-Income Persons (pamphlet)	Health Care Advocacy	Health Care Advocacy Project / Community Advoctes		2000	IN
35	HIV / AIDS Facts Book	HIV / AIDS	American Red Cross		2003	IN
36	And to Every Beast	Inspirational	Vatican Library		1994	Out
37	Dog-mas	Inspirational	Bill	Zimmerman	1995	Out
38	Host of Angels, A	Inspirational	Vatican Library		1994	Out
39	Light One Candle	Inspirational	Arrington	Chambliss	1991	IN
40	Little Things	Inspirational	Ed. Louise	Bachelor	1992	IN
41	P. S. God Loves You Too!	Inspirational	Connie	Witter	1998	Out
42	Reel Spirit: A Guide to Movies That Inspire, Explore...	Inspirational	Raymond	Teague	2000	IN

43	College Student Mental Health - Effective Services & Strategies Across Campus	Mental Health	Sherry A & Stephen L	Benton & Benton	2006	IN
44	Creative Healing	Mental Health	Michael	Samuels, M.D.	1998	IN
45	Health Psychology, An Introduction to Behavior & Health	Mental Health	Linda	Brannon	1992	IN
46	Health Psychology, Instructor's Manual	Mental Health	Linda	Brannon	1992	IN
47	Health Psychology, Study Guide	Mental Health	Linda	Brannon	1992	IN
48	Relaxation & Stress Reduction Workbook, The	Mental Health	Martha	Davis	2000	IN
49	STRESS	Mental Health	Walter	McQuade	1974	Out
50	Stress & Health	Mental Health	Phillip	Rice	1992	IN
51	Visualization for Change	Mental Health	Patrick	Fanning	1994	IN
52	Better Homes & Gardens Farmer's Market Cook Book	Nutrition	Better Homes & Gardens		1993	IN
53	Better Homes & Gardens New Cook Book, limited edition (Breast Cancer)	Nutrition	Better Homes & Gardens		2005	IN
54	Chicken Cook Book, The	Nutrition	National Broiler Council		1997	IN
55	Dieter's Dilemma, The	Nutrition	William	Bennett	1982	Out
56	Eating Disorders	Nutrition	Ed. Philip	Mehler	1999	IN
57	Eating on the Run	Nutrition	Tribole	Evelyn	2004	IN
58	Essentials of Nutrition & Diet Therapy	Nutrition	Sue, Eleanor	Rodwell Williams, Schlenker	2003	IN
59	Exchange Lists for Meal Planning (Pamphlet)	Nutrition	American Diabetes Assoc.		1976	Out
60	Food Finder	Nutrition	Elizabeth	Hands	1990	IN
61	Good Food	Nutrition	Margaret	Wittenberg	1995	IN
62	Healthy College Cookbook, The	Nutrition	Alexandra	Nimetz	1999	IN
63	Intuitive Eating - A Revolutionary Program that Works	Nutrition	Evelyn & Elyse	Tribole MS, RD & Resch MS, RD	1995	IN
64	Lifetime Weight Control	Nutrition	Patrick	Fanning	1990	IN
65	Nutrition - A Nursing Approach, Foundations & Clinical Applications	Nutrition	Michele, Sara, Sandra	Grodner, Long Anderson, DeYoung	2000	IN
66	Nutrition Curriculum Activities Kit	Nutrition	Paul	Bell	1986	Out
67	Nutrition for Health, Fitness & Sport	Nutrition	Melvin	Williams	2002	IN
68	Nutritional Care, Mosby's Pocket Guide	Nutrition	Mary Courtney	Moore	2001	IN
69	Preventing Eating Disorders	Nutrition	Ed. Niva	Piran	1999	IN
70	Peer Counseling	Peer Education	Vincent	D'Andrea (ed)	1996	IN
71	I Know Why the Caged Bird Sings	Self-esteem	Maya	Angelou	1970	IN
72	Reviving Ophelia: Saving the Selves of Adolescent Girls	Self-esteem	Mary	Pipher, Ph.D.	1994	IN
73	Still I Rise	Self-esteem	Maya	Angelou	2001	IN
74	The Heart of A Woman	Self-esteem	Maya	Angelou	1993	IN
75	Why Do I Think I Am Nothing Without A Man?	Self-esteem	Penelope	Russianoff Ph.D.	1982	IN
76	Womanifestos	Self-esteem	Women's Writing Circle		2000	IN
77	Women & Self-Esteem	Self-esteem	Linda	Tschirhart Sandford	1984	IN
78	Guide My Feet: Prayers and Meditations for Our Children	Spiritual	Marian	Wright Edelman	1995	Out
79	ABCs of College Drinking, The	Substance Abuse	Jim	Matthews, M.Ed.	2007	IN
80	ABCs of College Drinking, The	Substance Abuse	Jim	Matthews, M.Ed.	2007	IN
81	Beer, Booze & Books	Substance Abuse	Jim	Matthews, M.Ed.	2001	IN
82	Drugs, Society, and Human Behavior	Substance Abuse	Oakley	Ray	2004	IN
83	Matter of Balance, A	Substance Abuse	Michael	Holstein	1995	IN
84	You Can Free Yourself from Alcohol & Drugs	Substance Abuse	Doug	Althausen	1998	IN
85	7 Steps to a Smoke-Free Life	Tobacco	Fisher	Edwin	1998	Out
86	A Woman's Worth	Women's Health	Marianne	Williamson	1993	IN
87	Endometriosis Sourcebook, The	Women's Health	Mary Lou	Ballweg	1995	IN
88	I Am Beautiful	Women's Health	Ed. Dana	Carpenter	1996	IN
89	Natural Women's Health	Women's Health	Lynda	Wharton	1995	IN
90	PMS	Women's Health	Stephanie	DeGraff Bender	1996	IN
91	Women's Bodies, Women's Wisdom	Women's Health	Christiane	Northrup	1994	IN