



As the Catholic Church reminds us, sexuality affects all aspects of the human person in the unity of his or her body and soul. It especially concerns affectivity, the capacity to love and to procreate, and in a more general way the aptitude for forming bonds of communion with others. Sexuality is an integral part of being human. When occurring within the proper context, love, affection, and sexual intimacy may contribute to healthy relationships and individual well-being. Along with positive aspects of our sexuality, there are potentially negative effects as well. These negative effects may include but are not limited to unintended pregnancies, sexually transmitted infections and sexual assault, such as forced, coerced or non-consensual sexual behavior.

The Center for Health Education & Promotion (staff and student Peer Health Educators) is sensitive to issues surrounding sexual and reproductive health. We support the right of the individual to make informed decisions and encourage students to seek pastoral support and clarification regarding sexuality and Catholic teachings with Campus Ministry staff. Our programming, services, and resources support and reflect the concept of "Cura Personalis", or care for each individual person. In addition, the Center encourages open conversations regarding sexual and reproductive health so that students may make informed decisions regarding healthy relationships.

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