

U.S. University Life: Seminars for Success

Are you a new international student? Do you want to know how to succeed in a U.S. university setting? If so, come to the “Seminars for Success” series sponsored by the Office for International Education to talk about how to get the most of your education at Marquette. The pizza is on us!

Seminar #1 – Wednesday, September 14th, 4:30-6:30pm

“The Art of Success in the U.S. Classroom: Know the Teacher, Know Yourself”

The first week's seminar will focus on teaching and learning styles. There will be a short discussion of the American educational system and expectations of critical thinking in this system. Students will also learn about active learning techniques. At the end of this first seminar students will take two self-assessments to determine their own learning styles and techniques to accommodate these styles in the classroom setting.

Seminar #2 – Wednesday, September 21st, 4:30-6:30pm

“Don’t Panic: A Student’s Guide to Study Skills, Time Management, and Test-Taking”

The second week's seminar will focus on time management, study skills, and test-taking strategies. Students will make a personal calendar, learn how to balance academic & personal commitments and learn specific study strategies and note-taking techniques. To get some hands-on practice with the techniques presented in this session, please bring ALL your syllabi and a textbook that is difficult for you to read/process.

Seminar #3 – Wednesday, September 28th, 4:30-6:30pm

“What You Don’t Know Can Hurt You: How to Cite Sources in the U.S.”

The third seminar will focus on academic honesty. Students will learn about what plagiarism is and how to avoid it and get some practice paraphrasing and citing sources.

Seminar #4 – Wednesday, October 5th, 4:30-6:30pm

“Relationships and Health: Managing Life OUTSIDE the Classroom” PART 1

This fourth seminar is the beginning of two seminars that focus on the non-academic part of your life at Marquette. We will explore ways to manage your stress and enhance your social relationships – both of which are important for creating balance in your life, while also helping to improve your academic performance. With an awareness of cultural similarities and differences, we’ll discuss ways to meet new people, how to handle conflict, and effective communication.

Seminar #5 – Wednesday, October 12th, 4:30-6:30pm

“Relationships and Health: Managing Life OUTSIDE the Classroom” PART 2

This last seminar will focus on the non-academic part of your life at Marquette. We will discuss the importance of taking care of your physical health. We will also discuss the cultural differences and expectations surrounding the topics of alcohol and sexual health. Come and learn ways to keep yourself safe and healthy.