If you enroll in the Health Plan, you are eligible for a 10% premium discount if you participate in the Health Risk Assessment (HRA) Program, which includes both a biometric screening and an online questionnaire (discount applies for 2013 based on fall 2012 participation).

Because you and your health are very important to us, we are expanding our Wellness program.

In 2013, you will be encouraged to be current on your recommended age- and gender-specific preventive screenings (measured from November 1, 2012 through October 31, 2013), and compliance with these recommended services may impact your 2014 premium contributions.

You will be asked to complete a verification form indicating your intent to participate and to have your doctor attest you are current on your recommended screenings.

If you enroll in the health plan but do not want to participate, you will need to return the form indicating you are choosing not to participate in this voluntary program.