On-line Health Risk Appraisal (HRA) Instructions

October 22, 2012 through November 19, 2012

Before beginning the HRA questionnaire, have all recent screening information available as well as approximate dates of recent preventative services (i.e., lab results, eye exams, flu shot, etc.)

YOU CANNOT CHANGE ANYTHING OR GO BACK INTO THE QUESTIONNAIRE ONCE YOU HAVE CLICKED ON “SUBMIT”.

- Go to https://www.hmrc.kines.umich.edu/aurora
- The site will ask for your Social Security Number – DO NOT enter this.
  - Instead, enter the following information:
    - **Employees** = MU Employee ID number. Example: 000001234, must be nine-digits
- Type in the Group Password = MARQUETTE
- Type in HRA password – Create your own password
  - If you completed the HRA previously, use the same password to receive comparison results.
  - If you have misplaced your personal password, please click on the “I’ve lost my password” box.
- Click on gender type and answer the smoking question
- Click on Enter
- Complete questionnaire and print out report
- Call 1-877-765-3213, option 1 if you have any questions.