

Health Risk Assessment

(Biometric Screening and Online Health Assessment)

Frequently Asked Questions

Q. What is a Health Risk Assessment (HRA)?

A. The Health Risk Assessment is a two part process: 1) biometric screening and 2) an health assessment that you complete online utilizing your biometric screening results. It is administered through Preventure, Marquette's new Wellness vendor and is intended to help you identify health risk factors.

(Go to <http://www.marquette.edu/hr/hra.shtml> for additional information)

Q. How do I get started?

A. **STEP #1: Complete your Biometric Screening:** You have three options available to you to complete this step. Please keep a copy of the biometric results for your records, as this information is required to complete the online Health Assessment.

Option 1: Schedule your 15-minute Aurora Health Care screening appointment.

- Appointments are available on-campus in the AMU and Dental School areas, Monday-Saturday, and off-campus on Saturdays only. On-campus early morning, afternoon and evening appointment times are available.
- [Online scheduling](#) is available for free biometric screenings. Click on the link or call 1-877-765-3213, Option 1. Please keep a copy of the biometric results for your records, as this information is required to complete the online Health Assessment.

Option 2: Have lab work completed by your Primary Care Provider between July 1, 2017 and November 18, 2017, and fax those results to Aurora Health Care at 414-525-2570 using the Primary Care Provider Form available on the <http://www.marquette.edu/hr/hra.shtml> website.

Option 3: Complete a comparable Biometric Screening at your spouse's employer-sponsored HRA screening and fax your results to Aurora Health Care at 414-525-2570.

STEP #2: Complete your online health assessment; Complete after the biometric screening is performed. The health assessment is accessible on the NEW wellness portal marquettewellness.preventure.com.

- Employees: use your 9-digit Marquette ID number, (i.e. 012312312), followed by an uppercase E to log in.
- Spouse: use your spouse's 9-digit Marquette ID number, (i.e. 012312312) followed by an uppercase S and your 8-digit date of birth displayed as MMDDYYYY to log in.



9-digit MUID
underlined
in red

- Your initial password is MRQ followed by your 8 digit date of birth displayed as MMDDYYYY
- Passwords are case-sensitive, and should be a combination of letters and numbers, no special characters. If you need assistance logging in, click the "Need help logging in?" link for additional details, or contact Preventure Customer Support at (888) 321-4326 or supportteam@preventure.com.

Q. What if I recently saw my primary care provider and had lab work performed?

A. If you have recently (no earlier than July 1, 2017) seen your primary care provider and the **required** lab-work was done, you may fax the results to Aurora Health Care at 414-525-2570 no later than November 17, 2017. A copy of the Primary Care Provider form may be found at <http://www.marquette.edu/hr/hra.shtml>.

Q. Do both the Employee and Spouse need to participate in the HRA to receive the incentive?

A. **Yes!** The employee must participate to receive the incentive. In addition, **if your spouse is covered under your MU medical plan he or she must also complete the HRA process** in order for you to receive the incentive in 2018 on the employee + 1 and family plans.

Q. Can my dependent child participate?

A. **No.** Only employees and spouses are eligible to participate in the HRA program.

Q. What if I do not want to participate in the entire Health Risk Assessment, but would like to participate in some components of the process?

A. Your participation in this process is voluntary. For all covered employees and spouses who participate in both the Biometrics and online Health Assessment there will be an incentive. Please understand that there will be **NO INCENTIVE** offered through Marquette University **IF YOU (and if applicable, your spouse) DO NOT COMPLETE BOTH PARTS OF THE HEALTH RISK ASSESSMENT.** (Biometric screening and online Health Assessment).

Q. What if I or my spouse miss the screening and/or online Health Risk Assessment Questionnaire deadlines?

A. **There will be NO EXCEPTIONS!** November 18, 2017, is the final date for any screening. November 22, 2017, is the final date to complete the online health assessment using the biometric screening results. Once the dates have passed, you have missed your opportunity to receive the 2018 HRA Incentive. The incentive cannot be prorated if only one member of a couple completes the HRA requirements.

Q. Will Marquette University know about my results?

A. No! Your results are confidential. *Marquette University* will **NOT** receive any individual health information.

Why you can't afford to miss this opportunity

✓ *You will miss out on the 2018 HRA Incentive*