The Marquette University College of Nursing Institute for Natural Family Planning presents –

Natural Family Planning: Theory and Application an online self-paced continuing education program for healthcare professionals!

Purpose of these courses:

The purpose of this core course and teacher training activity is to provide professional nurses/students, advanced practice nurses, physicians, physician assistants and medical students the necessary skills to understand and teach Natural Family Planning (i.e. Marquette Method) to women and couples of reproductive age. This information can then be used as another diagnostic tool for referrals when necessary.

The purpose of this medical applications activity is to provide advanced practice nurses, physicians, physician assistants and medical students the skills to understand and use Natural Family Planning methods (i.e. Marquette Method) as another diagnostic tool for assessment and management of women’s reproductive health issues.

Course Time Frame: Three hours per module, with one six-hour module in the core course and teacher training option. This self-paced course is designed to provide student flexibility. However, a suggested time frame for the completion of this course is six months, after this time the student will need to request an extension and an additional fee of $200.00 will be charged for each additional six month extension.

Overall Course Description:

This natural family planning (NFP) theory and application course is an on-line asynchronous, self-paced immersion program that is made up of three main components: 1) core NFP theoretical knowledge, 2) NFP teacher training and 3) NFP medical applications. After completing the core knowledge of NFP, participants can elect to take the NFP teacher training components, the NFP medical application components or both. The philosophical underpinnings of the course are based on natural law. Evidence based protocols and standards will assist professional nurses, advanced practice nurses, medical students, physician assistants and physicians to help women and couples monitor their fertility for the purpose of avoiding or achieving pregnancy and for managing fertility related health problems within their scope of practice. Students will be knowledgeable of the: physiological, philosophical, spiritual, psychological and behavioral aspects important to teaching and using NFP and for applications to medical and nursing practice.

Overall Course Learning Objectives:

1. The provider will feel confident to dialogue with the woman/couple about the philosophical and conceptual underpinnings of NFP and the Marquette Model (MM).
2. The provider will be able to implement and assess the delivery of NFP and MM services.
3. The provider will have knowledge of up to date evidence based diagnostic and treatment protocols that cooperate with the woman’s menstrual cycle.

Core Course Description -

The core components of the course are required and a prerequisite to both the teacher training and medical applications tracks of the course. This course will focus on the theoretical foundations of NFP to prepare the student to confidently advance to the next stage of becoming a competent teacher and/or clinician.

Core Course Objectives – students will:

1. Recognize the historical and philosophical underpinnings of NFP methods.
2. Identify reproductive anatomy and physiology as it applies to NFP.
3. Critique and demonstrate an understanding of the scientific foundations of natural family planning.
4. Interpret biological signs of fertility as they pertain to NFP and the Marquette Model.
5. Analyze the normative and transitional patterns of the menstrual cycle (i.e., special reproductive circumstances that includes the post-partum/breastfeeding, post hormonal contraception, and the peri-menopause transitions).
6. Describe and compare methods of family planning.
7. Explain the ethical and psycho-spiritual aspects of fertility and NFP.
8. Recognize recent trends in marriage and family life as applied to NFP.

STATEMENT OF ACCREDITATION - JOINT SPONSORED ACTIVITY –

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Wisconsin Medical Society and Marquette University College of Nursing Institute for NFP. The Wisconsin Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

AMA/PRA DESIGNATION STATEMENT*

***AMA Credit Designation Statement

The Wisconsin Medical Society designates this [enduring material] for a maximum of 21 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Contact hours are available for this activity until November 2, 2015.

Teacher Training Course Description

The teacher training course is designed to give health professionals the necessary tools and procedures to provide professional natural family planning (NFP) services to women and couples throughout the reproductive continuum, i.e., from the beginnings at adolescence, during post-partum breastfeeding and through the peri-menopause. Participants will also be taught to recognize and manage behavioral and psycho-spiritual family planning issues related to using NFP. Note: medical management is not included in this course.

Teacher Training Objectives - students will:

1. Demonstrate an understanding of basic adult principle teaching skills necessary for group and individualized instruction of NFP.
2. Practice and demonstrate an understanding of the Marquette Model (MM) system of NFP that includes: NFP introductory sessions, menstrual cycle charting, baseline registration and assessment, follow-up sessions with new and existing clients, pregnancy evaluations, case management of psycho-spiritual, behavioral, reproductive transitions and/or charting issues (minimum of two) and organizational skills necessary for a quality driven NFP service.
3. Demonstrate mastery understanding of the Marquette Model system of NFP through designing and implementing an approved NFP program that is uniquely designed to meet the needs of their own women/couples/patients using standardized guidelines.
4. Know basic principles of professional NFP teaching and scope of service as it pertains to his/her discipline.

STATEMENT OF ACCREDITATION - JOINT SPONSORED ACTIVITY –

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Wisconsin Medical Society and Marquette Institute for NFP. The Wisconsin Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

AMA/PRA DESIGNATION STATEMENT*

***AMA Credit Designation Statement

The Wisconsin Medical Society designates this [enduring material] for a maximum of 15 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Professional Nurses:

This activity (Core course and Teacher Training) has been submitted to WNA CEAP for approval to award contact hours. Wisconsin Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Contact hours earned: 36
Medical Application Course Description:

This natural family planning (NFP) medical applications course applies knowledge of the menstrual cycle, reproductive anatomy and physiology, natural indicators of fertility, reproductive transitions, and evidenced based protocols for managing common reproductive age women’s health conditions. It involves presenting, analyzing, applying and critiquing case studies and protocols for managing health conditions related to fertility and the menstrual cycle. There is an emphasis on lifestyle changes, self-care management, and enhancement of normal fertility.

Medical Application Objectives - students will:

1. Specify use of NFP in assessing and managing subfertility/infertility.
2. Appraise and apply protocols in the management of PCOS and other endocrine problems with a focus on normalizing the menstrual cycle.
3. Assess and manage dysfunctional uterine bleeding as manifested in menstrual cycle charting.
4. Assess and manage other common conditions related to the menstrual cycle, e.g., PMS, dysmenorrhea, etc.
5. Present and critique case studies involving NFP, menstrual cycle charting, and health care management of women’s and reproductive health.

STATEMENT OF ACCREDITATION - JOINT SPONSORED ACTIVITY –

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AMA/PRA DESIGNATION STATEMENT*

***AMA Credit Designation Statement

The Wisconsin Medical Society designates this [enduring material] for a maximum of 15 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Contact hours are available for this activity until September 9, 2015.

Training options:

- Core course and Teacher Training = $500.00
- Core course and Medical Applications = $500.00 (additional $25 for the Certificate of completion for CME’s)
- Core course, Teacher Training and Medical Applications = $750 (additional $25 for the Certificate of completion for CME’s)
- Note: A certificate of completion with CME’s will be issued when the student has submitted the full amount of $25 to the Institute for NFP. Contact Mary Schneider for more details.
- Student fee - $100.00 per course. Students must submit verification of enrollment.
- Audit - $100.00 per course.

Registration Form (link here)

For information about scholarships, tuition fees, and the admissions process, contact:

Richard J. Fehring, Ph.D., R.N., F.A.A.N.  (Richard.Fehring@mu.edu)
Mary Schneider, M.S.N., F.N.P.-B.C., CLC (Mary.Schneider@mu.edu)

Refund policy – No refunds are available once the student has been given permission to access the course. A full refund will be available, minus the $50 registration-processing fee prior to the student receiving access to the course.

The MUCN-INFP fully intends to comply with the legal requirements of the American Disabilities Act of 1990 (P.L. 101-336) and requests if a student has special education needs the Institute for NFP be informed in writing of this at least two weeks prior to the student getting permission for course access.

Planning Committee and Disclosures:

Richard Fehring, PhD, RN, FAAN, Mary Schneider MSN, FNP-BC, CLC, Kevin Miller PhD, Kathleen Raviele, MD (OB/GYN), Thomas Bouchard, MD (Family Practice) and James Linn MD (OB/GYN) have disclosed they have no financial relationship or commercial interest with Swiss Precision Diagnostics.

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