Description:

We long to be connected to each other. So, we text, tweet, and friend one another on Facebook. However, our yearning remains. How do we truly connect with one another and with God? Christianity’s great spiritual teachers, along with those of other religious traditions, have devoted their lives to answering this question. In this course, we will study and experience different forms of prayer practiced by some of these spiritual masters, including Catherine of Siena, John of the Cross, Teresa of Avila, Ignatius of Loyola, Thomas Merton, Thich Nhat Hanh, and others. These men and women mystics, both past and present, will be our guides as we explore the role of prayer and its social implications for today’s world.