

are you looking for
food that is
**HEALTHY, FRESH,
AFFORDABLE,
and GROWN
LOCALLY?**



CHECK OUT THE MARKET BASKET PROGRAM!

Senior basket (\$9):
feeds 1-2 people for one week

Regular basket (\$16):
feeds 2-4 people for one week

Sustainability box (\$27): all ORGANIC
produce, feeds 2-4 people for one week

All-fruit basket (\$16): assortment of fresh
fruit, feeds 2-4 people for one week

CONNECTING THE MARQUETTE COMMUNITY TO A HEALTHY, LOCAL FOOD SUPPLY

Students for an Environmentally Active Campus (SEAC) are working to connect local farmers to the MU community. Every Friday, Growing Power, a local urban agricultural center, delivers Market Baskets to communities and businesses in Milwaukee and Chicago. The baskets contain an assortment of fresh fruits and vegetables at a reduced cost. In the winter, the produce is purchased from national suppliers to offer customers an affordable way to eat nutritiously. But once spring arrives, so does the produce from local farmers, and Growing Power then buys from Wisconsin growers. Connecting farmers to the surrounding communities not only greatly increases produce freshness, but it also decreases shipping costs and air pollution.

HOW TO ORDER: Email your name, order, and phone number to marketbaskets@gmail.com Send your order by noon on Tuesday. Pick-up is on Friday (of the same week) from 2:00-5:00pm Cudahy 128. Payment is due Thursday before pick-up! Please bring cash (in the exact amount of your order) or a check made payable to SEAC) to the LEAD center, on the first floor of the Union, in an envelope with "your name, SEAC #45" by 9pm Thursday evening, to ensure your order.

For more information, contact marketbaskets@gmail.com
Learn more about Growing Power at www.growingpower.org