**Sample Shadow Days Itinerary**

**Day 1 (Sunday)**

1530-1600 Arrival of Shadows and Parents at Golden Eagle Battalion (GEB)

1600-1700 ROTC Welcome by PMS and Overview Briefs

1700-1730: ROTC/GEB Tour of GEB

1730-1800: Cadet Activities Brief

1800: Parent’s Dismissed

1800-2030: Dinner/Movie/Social Time

**Day 2 (Monday)**

0630-0730: Army ROTC PT at GEB

0730: Breakfast Provided at GEB

0800-1300 Hygiene/Shadow Cadet to Class(es)

1100-1300 Lunch at Marquette Commons with Cadet

1300 Shadows Dismissed

1300-1430 LTC Mayer and Ms Lewis office hours at GEB for any follow up questions, etc

\*Shadows may schedule campus/department visits through the school(s) they are interested in