**Exploring Your Work Values: Identification**

Values are desirable qualities, standards or principles that serve as your guiding force, especially when making decisions and pursuing options that best meet your needs and lead to increased happiness.

The following exercise helps you identify the work (and personal) values that are most important to you, and provides an opportunity to reflect. The list describes values and attitudes related to job satisfaction. **First, check off all work values you consider important**. If there are other work values not included in this list that you feel are especially important, add them to your list at the bottom. Return to your checked/listed selections and **then highlight your 2-3 MOST important *current* values**. Be sure to keep those values *currently* the most important to you (values do evolve!) in mind and reflect on what leads to their evolution, confirmation, and/or removal by the end of the semester, end of a key experience, and by the end of your undergraduate career at Marquette.

[ ] Aesthetics: Study or appreciate the beauty of objects and ideas

[ ] Recognition: Be acknowledged publicly for the quality of my work

[ ] Profit: Have a strong likelihood of earning a substantial salary for my work

[ ] Adventure: Have work duties that require frequent risk taking and excitement

[ ] Independence: Determine the nature of my work without significant direction from other

[ ] Moral Fulfillment: Feel that work contributes to a set of morals that I feel is important

[ ] Competition: Engage in activities that clearly compare my abilities to others

[ ] Authority: Oversee and delegate work activities of other people

Influence: Be in a position to change attitudes or opinions of other people

[ ] Intellectual Status: Become an expert in a given field

[ ] Diversity: teams and coworkers come from various other industries, fields, and personal backgrounds

[ ] Collaboration: Team-centered environment; group contributions are emphasized

[ ] Stability: Have job duties and work routines that are highly predictable

[ ] Creativity: ideation and innovation is prioritized

[ ] Fast Pace: Work in situations where there is a lot of activity and tasks must be completed quickly

[ ] Change and Variety: Have work responsibilities which frequently shift (including work location)

[ ] Balance: My hobbies and personal life can co-exist positively with my career

Other Values: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Exploring Your Work Values: Reflection**

**End of a semester or term:** *what risks did you take this semester? Where did you feel you “played it safe,” or felt comfortable? Did your values play a role in trusting yourself and evaluating the cost vs benefit?*

**Key experiences**: *a key experience can be defined as something that influenced, motivated, changed or helped you make a decision in some capacity. Think about a key experience you have had. Do you see a connection to the previously identified work values? Did this key experience result in any sort of shift in the prioritization of your values?*

**End of your career at Marquette:** *reflect on the University values of excellence, faith, leadership and service. How were you challenged by these values over the course of your time at Marquette? What were ways that, as a student in the College of Business Administration, you worked to embrace or resist them?* *Do you see a connection to your self-identified work values?*