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## MARQUETTE STUDENTS

As we continue adapting to a current new way of being, please know that Marquette remains committed to supporting all students (both undergraduate and graduate/professional) students. However, we are also aware that not every student's new reality looks the same. With this in mind, we wanted to compile this ***Surviving the COVID-19 Pandemic*** resource guide for students who may find themselves navigating difficult waters. Please know, we are here to support you and hope this resource guide may be one of many lifelines.

While we have provided numerous resources throughout this document, we wanted to share some general recommendations and advice:

- Reach out for help, particularly to your professors/instructors.
- Know many people/offices are open/available via online modes of communication.
- Create an environment/space at home (preferably quiet) to continue your studies.
- Establish and stick to a daily routine as if you were back on campus, such as reading course material during the time your class regularly meets (if not using Microsoft Teams during scheduled class time).
- Be hypervigilant about coronavirus scams that are on the rise via email, phone, and websites.
- Once again, please reach out for help. We are here for you!

## ACADEMIC SUPPORT

### ACADEMIC ADVISING

#### Spring 2020 Academic Reminders for Students

- Connect with your academic adviser whose name is listed in your CheckMarq Student Center account.
- Registration dates and times have all been pushed back. Visit your CheckMarq Student Center account to see your updated date/time, which is noted in Central Time.
- For this 2020 spring semester, you have the option to replace your final letter grade for each class with three options: Pass, Low Pass, and Not Pass (P/LP/NP). Follow [this link](#) for more information.
- The withdrawal deadline has moved to May 1, 2020. Check with Marquette Central to see how withdrawing from a course/courses may affect your scholarships. Also, please consult with your academic adviser before withdrawing from a course/courses.

#### Undergraduate Advising Contacts by College

For any questions or concerns regarding advising, get in touch with your college contact listed below.

- **Arts and Sciences**
  - Arts & Sciences Advising Center  
[asadvising@marquette.edu](mailto:asadvising@marquette.edu)  
(414) 288-5989
  - Mary Minson, Senior Assistant Dean  
[mary.minson@marquette.edu](mailto:mary.minson@marquette.edu)  
(414) 288-5989
- **Business Administration**
  - Beth Krey, Assistant Dean for Undergraduate Programs  
[beth.krey@marquette.edu](mailto:beth.krey@marquette.edu)  
(414) 288-7142
- **Communication**
  - Dr. Joyce Wolburg, Assoc. Dean  
[joyce.wolburg@marquette.edu](mailto:joyce.wolburg@marquette.edu)  
(414) 288-7309
  - Laura Schram, Director of Student Success  
[laura.schram@marquette.edu](mailto:laura.schram@marquette.edu)  
(414) 288-3498
- **Education**
  - Tina McNamara, Assistant Dean for Undergraduate Advising & Student Services  
[tina.mcnamara@marquette.edu](mailto:tina.mcnamara@marquette.edu)  
(414) 288-6981
- **Engineering**
  - Brigid Lagerman, Director of Academic Advising  
[brigid.lagerman@marquette.edu](mailto:brigid.lagerman@marquette.edu)  
(414) 288-6000
- **Health Sciences**
  - Michelle Schuh, Assistant Dean  
[michelle.schuh@marquette.edu](mailto:michelle.schuh@marquette.edu)
- **Nursing**
  - Julie Radford, Undergraduate Program Advisor  
[julie.radford@marquette.edu](mailto:julie.radford@marquette.edu)  
(414) 288-7549

## ADVICE FROM FACULTY

Each professor will have different expectations for online learning, so it is important that you read emails and check your D2L class pages for what is expected for each course. You should communicate with professors about any challenges you might be having in participating in class or completing class assignments.

### Professors have been asked to be flexible with students, but it is also important for students to:

- **Check D2L and email often:** It is the only way professors can communicate with all students.
- Identify how each of your **classes are now structured:** asynchronous (D2L posts, individual assignments) and/or synchronous (virtual class meetings).
- **Create a calendar** that allots time for each of your classes and assignments.
- Try your best to turn in assignments by due dates and communicate with professors regarding any missed assignments and/or requests for extensions.
- If you require **accommodations** (e.g., exams, quizzes), communicate with your professor about how these accommodations will be met in online learning.
- Communicate with professors if you **cannot attend** synchronous class sessions (video/audio conference calls), have questions about class material, and/or need support or access to academic resources.
- Connect with professors and advisers if you would like to discuss the **Pass/Fail option** for any of your courses.
- **Stay connected!** Engage with your peers and professors through D2L and Microsoft Teams.
- **Inform your professor** if you are struggling with this change, have questions about an assignment, or need help better understanding a concept – your professors WANT to help, and they want to see you succeed. Ask them!

## TIME MANAGEMENT/PROCRASTINATION

As an online student, it is your responsibility to make sure you are meeting the objectives in all your courses. While online courses give you flexibility, it also takes discipline to be able to complete your assignments. Practicing good time-management skills is an important part of taking ownership of your online education and achieving success.

### Here are some tips/best practices to follow:

- **Get organized**, plan out your time, and get into a routine.
  - Use your calendar to keep track of study times, exams and quizzes.
  - Write in the times you plan to study each day.
    - For every 1-hour lecture, plan to study for three hours for that class each week.
    - Set ample time aside to space out your readings, assignments and online discussions.
  - Plan on completing your assignments at least three days before they are due to help decrease anxiety, plan for unanticipated events that may derail your progress, and ensure you complete your assignments by the due dates.
  - A good time to write out your daily plan is before bed on Sunday evening to plan your week.
- Find **study tips** that work for you.
  - Make sure you have all and only the study materials you need for that subject/class.
  - Create a workspace/study space that is free of distractions.
  - Stay focused and avoid social media when you need to focus on your studies.
  - Avoid multitasking because this can decrease productivity.
    - Work on one task/assignment at a time.

- Study in one-hour blocks: 50 minutes of study with a 10-minute break promotes optimum efficiency.
- Try to break big tasks into smaller tasks.
  - Break out each individual step instead of organizing by vague concepts.
  - Then prioritize by listing tasks by order of importance.
  - You can use a letter system or color-coding.
  - This will make your goals more concrete and achievable.
- Review your class notes daily.
- Set up **accountability measures** to keep you on track.
  - Write plans down and discuss them with someone to make you more accountable and increase your likelihood of following through.
  - Research shows we are more likely to follow through with a plan if we write it down and share this plan with someone else.
  - Avoid overextending yourself and learn to protect your study time by saying no to extracurricular activities, if your grades are suffering.
- **Reward yourself** with something you like to do after completing assignments or studying goals.
- **IF YOU GET STUCK AND UNMOTIVATED:**
  - Take a few deep breaths and tell yourself “I can do this.”
  - Remind yourself about your purpose here at Marquette University.
  - Always keep the end goal of obtaining your degree in mind.
  - Remember your family and communities are proud of you.
  - Consider writing out a few goals and what is important to you.

## TUTORING

### Office of Student Educational Services ([website link](#))

- Tutoring is provided through Microsoft Teams at this time.
- If you already had tutoring scheduled, tutors will contact you via email to provide instructions on how to use this new format.
- You may sign up for virtual academic coaching and study skills appointments to assist with exam prep, time management, effective online learning and more.
- Contact [Tutoring](#) and/or [Academic Services](#) to inquire about current tutoring offerings or to schedule an appointment.

### Ott Memorial Writing Center ([website link](#))

- Writing mentor services are available to all students.
- To sign up for an appointment for support with writing, [click here](#).

### Engineering Student Success Center Tutoring Program

- Virtual tutoring is provided at this time.
- For more information and to sign up, [click here](#).

### Other Tutoring Options

- Teaching assistants (TAs) and faculty
  - Reach out to them via email and ask for assistance, or use virtual office hours to get additional help.
- Create virtual study groups with other students in your class – this helps everyone!

## BASIC NECESSITIES

### FOOD INSECURITY

If you are experiencing difficulties accessing food, please check out some of the resources below. With most resources listed, be sure to call in advance to ensure it is still running at this time as well as to verify locations, hours and eligibility.

#### On-campus Resources

- **Backpack Program** ([website link](#)): Groceries and other essential household items are provided to any Marquette student, free of charge and in a confidential manner. Operations are still running during COVID-19 pandemic with some modification. [Click here](#) to complete the intake form.
- **Marquette Central** ([website link](#)): If your financial circumstances have drastically changed due to the ongoing COVID-19 pandemic and you face food insecurity, do not hesitate to reach out to determine if you are eligible for other forms of financial relief by calling (414) 288-4000.

#### Off-campus Resources Closest to Campus

- **Food Pantries and Community Meals** ([website link](#)): The Division of Student Affairs has compiled a list of food pantries and community meal programs in the surrounding area of campus.

#### Wisconsin Resources

- **Emergency Food Resources** ([website](#)): The Hunger Task Force, Milwaukee's free and local food bank, provides contact information on how to access emergency food pantries/meal programs.
- **Milwaukee County Emergency Food Distribution** ([website link](#)): This site provides comprehensive lists of citywide sites that serve meals.
- **FoodShare Wisconsin** ([website](#)): Apply for FoodShare Wisconsin, which provides food benefits to low-income households. For already-enrolled FoodShare Wisconsin participants, you may be receiving additional benefits for April during the COVID-19 pandemic. [Click here](#) to read more information about FoodShare benefits.
- **Food Security Project** ([website](#)): This online resource provides an interactive map that lists locations where FoodShare benefits are accepted and locations of food pantries across Wisconsin.
- **Food Pantry Guide** ([link to PDF](#)): This publication lists parish food pantries, outreach centers, and meal sites from the counties of the Archdiocese of Milwaukee. Parishes also provided best practices and details about pantries supported through food donations, financial support or with volunteers. The publication includes a zip code cross reference.

#### Illinois Resources

- **Emergency Food Program** ([website](#)): The Illinois Department of Human Services provides an online resource that includes links to searchable database for Illinois food pantries.

## HEALTH INSURANCE

### Wisconsin Resources

- **ACCESS** ([website](#)): This website allows Wisconsin residents to find out if they might be able to get help with buying food (FoodShare Wisconsin), low- or no-cost health care and help buying prescription medications (BadgerCare Plus/Medicaid), family planning, and/or child care all with a single application. For individual programs, see the Wisconsin Department of Health Services website link below.
- **Wisconsin Department of Health Services** ([website](#)): Students (must be Wis. residents) can investigate eligibility for state health insurance and other programs, such as Medicaid, BadgerCare Plus, AIDS/HIV Insurance Assistance Program, mental health care and coverage, free or low-cost health clinics for individuals with little or no insurance.

### Illinois Resources

- **Illinois Department of Human Services** ([website](#)): Students (must be Ill. residents) can investigate eligibility for state health insurance and other programs in Illinois.

### Non-state Specific Resources/Information

- **Department of Health Services (DHS)**: Each state has options for state health insurance at their local department of health services website. Simply type “[Your State] Department of Health Services” in a Google search page to find your state’s DHS website.
- **Affordable Care Act Provision**: If you are currently enrolled in a state health insurance plan through Medicaid or the Children’s Health Insurance Plan (CHIP), the Affordable Care Act qualifies a loss of employment as a reason to apply for insurance coverage in the marketplace known as a [Special Enrollment Period](#). This means you’ll be able to apply for coverage through the Marketplace outside the [Open Enrollment Period](#).

## HOUSING RESOURCES

### On-campus Residence Halls

- Students approved to continue to live in university housing have been granted approval through May 9, 2020 or the conclusion of their current housing agreement.
- All other students were issued room and board refunds (see Financial Aid section).
- Students choosing to return to the residence halls and approved following the refund will be assessed a flat rate for room and board.
- All students are being relocated to Carpenter Tower in a private room.

### On-campus University Apartments

- All university apartments are billed through student Bursar accounts.
- Students should contact Marquette Central if they are having trouble making payments.

### Off-campus Apartments

- Students renting off-campus apartments are encouraged to reach out to their landlord if they are having difficulty paying rent.
- Students should contact Marquette Central if they are having trouble making payments.

### Chicago-area Emergency Housing

- **Street Light Chicago** ([website link](#)): This organization helps people locate different resources from shelters, health clinics, emergency beds, mental health services, etc.
- **Metropolitan Tenants Organization** ([website link](#)): This is a tenants’ rights advocacy group that can help find resources to resolve your housing issues.

### General Information

- **Temporary Ban on Evictions and Foreclosures**: Many governors, including Wis. Gov. Tony Evers, have prohibited landlords from terminating tenancy for failure to pay rent. In the state of Wisconsin, all evictions and foreclosures are on hold for 60 days. However, once this expires, a landlord may move forward to evict for failure to make payment. It is highly recommended that you first contact your landlord and attempt to reach an agreement before any eviction action is filed against you. ([link to WI Executive Order #15](#))
- **Marquette Central** ([website link](#)): If your financial circumstances have drastically changed due to the ongoing COVID-19 pandemic and you face housing insecurity, do not hesitate to reach out to determine if you are eligible for other forms of financial relief by calling (414) 288-4000.

## CAREER SERVICES

### CAREER SERVICES CENTER

- To find out more about virtual career services and resources during remote learning, [click here](#).
- Many resources are available 24/7 on the Career Services Center [website](#).
- Students and alumni can still meet with us virtually and via phone.
- Make an appointment via:
  - Call (414) 288-7423
  - Handshake, use [this link](#).
- Daily virtual drop-in hours are Monday through Friday, from noon to 2 p.m.
  - Utilize for quick questions or professional document reviews.
  - Email [career.services@marquette.edu](mailto:career.services@marquette.edu) for the access code.
- A newsletter goes out weekly to undergraduate and graduate students with helpful information about CSC services, resources, events and internship/job search tips.

### OFF-CAMPUS CAREER RESOURCES

- Community Resources ([webpage](#)): Career Services Center also has a dedicated webpage listing programs and services available in the Milwaukee community. Non-Marquette students and those who did not graduate from Marquette may also find assistance through this webpage.



## EMPLOYMENT/UNEMPLOYMENT/FUNDING NEEDS

### EMPLOYMENT

**Current Listings:** Some employers of essential businesses are looking to hire new employees. See links for more information on how to apply to available positions:

- [Roundy's Supermarkets](#)
- [Walmart](#)
- [Aldi](#) in Milwaukee, [Aldi](#) Illinois area
- [Marianos](#) in Illinois area
- [Dominos](#) Illinois, [Dominos](#) Wisconsin
- [CVS](#)
- [Amazon](#)

**Restaurant Employee Relief Fund** ([website](#)): This offers one-time \$500 grants to restaurant workers. Applications are first come, first served. The applications opened on April 2.

**Student Employment Services** ([webpage](#)): One of the units within the Office of Student Financial Aid provides information for Marquette on-campus student employment.

- For student employment frequently asked questions (including Federal Work Study) during COVID-19 pandemic, [click here](#).

**JobConnection** ([website](#)): At this time, due to community spread of COVID-19 in the local area, student employees for whom it is not critical to work on campus should not be working on campus. Some positions (tutoring, for example) can be converted to remote work. Student employees who are currently off campus must have their supervisors determine if remote work is an option for students paid hourly.

**Marquette Career Services Handshake** ([webpage](#)): Browse Handshake for current listings that may have start dates now or in the coming weeks/months.

### UNEMPLOYMENT

#### General Unemployment Insurance Information for Non-University Jobs

- If you are unemployed and you have worked for a covered employer (an employer who pays unemployment insurance tax) in the last 18 months, apply for unemployment insurance.
- File for unemployment insurance with your state's Department of Labor.
- Unemployment will provide you with temporary income.
- The process of applying has been simplified.

#### Wisconsin Unemployment Information ([website](#))

- For students in Wisconsin, unemployment insurance information is provided through the Wisconsin Department of Work Force Development.

#### Illinois Unemployment Information ([website](#))

- For students in Illinois, unemployment insurance information is provided through the Illinois Department of Employment Security.

### FUNDING NEEDS/FINANCIAL DIFFICULTIES

#### File 2019 Federal Taxes

- While the deadline to file and pay has been extended until July 15, filing now may get you cash in the form of a refund check.

- You may qualify for a number of refundable tax credits, including the Earned Income Tax Credit (if you work and have a low income), or the American Opportunity Tax Credit (AOTC) and Lifetime Learning Credit (LLC), both of which are for students.
- You can file for free through the Internal Revenue Service (IRS) [webpage](#).

### **Economic Impact Payments**

- These are also known as stimulus checks, included in the CARES Act.
- Visit the IRS ([webpage](#)) for more information about eligibility and payments.

### **Financial Hardships**

- If you are having trouble paying your credit card bill, utility bill or other bills, it is recommended you contact your creditors (anyone to whom you owe money) and the companies that send you bills to get your payments paused or reduced.
- Be sure to clearly state upfront that your income has been reduced because of COVID-19, as this is the information they need to adjust your payments.

### **Emergency Funds for College Students Impacted by COVID-19**

- Marquette is currently in the process of determining criteria for emergency funding.
- This includes determining which students will receive emergency funds based on a set of criteria to include students with the greatest needs.
- **To be considered for these emergency funds through Marquette, students must call Marquette Central at (414) 288-4000 to indicate their financial circumstances have drastically changed due to the ongoing COVID-19 pandemic.**

## FINANCIAL AID

### STUDENT HOUSING REFUNDS

- Students who had been living in the residence halls will receive a 50% refund on spring semester's room and meal charges.
  - Students who have paid their student account balance in full:
    - Will receive a refund of 50% of the spring semester room and meal charges.
    - Some exclusions apply (students will be contacted directly if they are not eligible).
  - Students who have an outstanding student account (Bursar) balance:
    - The refund will be applied to the balance due first.
    - If there is a remaining credit after the balance is paid in full, this amount will be issued to the student as a refund.
    - Some exclusions apply (students will be contacted directly if they are not eligible).
  - Students who are still living on campus will not receive a refund.
- Students who purchased a meal plan for the spring semester will receive a 50% refund of the meal plan charges.
  - Students who have paid their student account balance in full:
    - Will receive a refund of 50% of the spring semester meal charges.
    - Some exclusions apply (students will be contacted directly if they are not eligible).
  - Students who have an outstanding student account (Bursar) balance:
    - The refund will be applied to the balance due first.
    - If there is a remaining credit after the balance is paid in full, this amount will be issued to the student as a refund.
    - Some exclusions apply (students will be contacted directly if they are not eligible).
  - Students who are still using the meal plan will not receive a refund.
- General information
  - Refunds will be issued no later than April 17.
  - Students who do not have direct deposit set up will be mailed a check.

### COST OF ATTENDANCE (COA)

- The cost of attendance will not be changed for the spring semester.

### MAINTAINING SATISFACTORY ACADEMIC PROGRESS (SAP)

- Students are required to maintain Satisfactory Academic Progress (SAP) to maintain financial aid eligibility.
- SAP looks at both the grade point average (GPA) and the number of classes successfully completed.
- Students who drop or fail too many classes can fail to maintain SAP.
- Requirements for SAP are based on the student's grade level and college; details are available on the Marquette Central website.

### EMERGENCY COVID-19 RELIEF FUNDS

**Marquette Central** ([website link](#)): If your financial circumstances have drastically changed due to the ongoing COVID-19 pandemic, do not hesitate to reach out to determine if you are eligible for other forms of emergency relief funds by calling (414) 288-4000. Emergency funds are not guaranteed and may not be immediately available so plan accordingly. Also see [Emergency Funds for College Students Impacted by COVID-19](#), above.

## SPECIFIC RESOURCES FOR UNDERREPRESENTED STUDENTS AND FAMILIES

### STUDENTS OF COLOR

#### Center for Engagement and Inclusion

- To learn more about our virtual programs and resources, follow us on social media ([Instagram](#), [Facebook](#)) or contact us via email: CEI@marquette.edu.
- Schedule virtual or phone meetings with professional staff:
  - Clara Dwyer – Assistant Director (email: clara.dwyer@marquette.edu)
  - Tiffany Fulford – Coordinator (email: tiffany.fulford@marquett.edu)
- For program planning and budget assistance with Coordinator, contact Tiffany Fulford.
- Multicultural organization and member check-ins via phone, video, and social media.
- Newsletters sent to organization members and leaders on a bi-weekly to monthly basis.

#### Affinity-based Alumni Associations

- Marquette alumni have shared they would love to connect with current undergraduate and graduate/professional students at Marquette.
- View current information below:
  - Black Alumni Association ([website](#))
  - Hispanic Alumni Association ([website](#))
  - Council on Native American Affairs ([website](#))

#### The Steve Fund to Promote the Mental Health of College Students of Color

- This is a non profit organization dedicated to promoting the mental health and emotional well-being of college/university students of color ([website](#)).
- Response to COVID-19 Resources:
  - Maintaining Mental Health During the Coronavirus Pandemic ([click here](#))
- General Resources:
  - For Young Women of Color: Balancing High Expectations with Self-care ([click here](#))
  - Webinars for Families of Students of Color ([click here](#))
  - Peer-to-Peer Self-care Tips ([webpage](#))
- Crisis Services via Steve Fund: Are you a young person of color? Feeling down, stressed or overwhelmed? **Text STEVE to 741741** and a live, trained crisis counselor will receive the text and respond to you quickly to provide support.

#### Bilingual Resources in Spanish/Recursos bilingües en español

- **Información Sobre el Coronaviru:** Sabemos que muchas familias se preocupan que sus hijos estudien durante este tiempo incierto. La Universidad de Marquette tiene información traducida al español en su página de internet. Este [enlace](#) tiene respuestas a preguntas comunes sobre el coronavirus y [un enlace](#) a los edificios que aún están abiertos en el campus.
- **Videos:** Una psicóloga de Nuevo México, la Dra. Lucia Darlach, hizo dos videos cortos (en español) sobre la reducción del estrés y la ansiedad específicos para el coronavirus.
  - Mejorando la salud a través de la respiración ([haz clic aquí](#))
  - Lavando Manos Sonando ([haz clic aquí](#))
- **Música:** Estas son canciones nuevas diseñadas para ayudar a compartir mensajes sobre el coronavirus a través de música optimista, con el fin de ayudar a las familias a participar en el distanciamiento social.
  - Quédate en casa – Ariel de Cuba ([haz clic aquí](#))
  - La Cumbia del Coronavirus ([haz clic aquí](#))
  - La Cumbia del Coronavirus – Mister Cumbia ([haz clic aquí](#))

## FIRST-GENERATION COLLEGE STUDENTS

### On-campus Resources

- First-generation College Students (FGCS) can connect with any members of the First Gen Network ([click here](#)) or make a connection with a FGCS student via the I'm F1RST student organization ([Instagram](#)).
- RISE students can reach out to Brittany Ramirez (email: [brittany.ramirez@marquette.edu](mailto:brittany.ramirez@marquette.edu)), graduate assistant, in the Center for Engagement and Inclusion with questions and concerns.
- FGCS are strongly urged to peruse the Student Resources page on the Marquette COVID-19 page to find helpful tips ([click here](#)).

### National Resource

- Rise First ([website](#)): Online platform comprised of first generation students and professionals who have consolidated resources to help relieve COVID-19 impacts ([click here](#))

## LGBTQ+ STUDENTS

### LGBTQ+ Resource Center

- Connect with ongoing center programming via [Instagram](#).
- Meet virtually and via phone with students, staff and faculty.
- Arrange appointments with professional staff member via email: [LGBTQCenter@marquette.edu](mailto:LGBTQCenter@marquette.edu).
- Subscribe to the center's newsletter (email: [LGBTQCenter@marquette.edu](mailto:LGBTQCenter@marquette.edu)).

### COVID-19 Resources

- National Center for Transgender Equality ([website](#))
  - For an online resource on how trans people and their families can stay safe during this public health threat, [click here](#).
- National LGBT Cancer Network ([website](#))
  - For online resources and information about what LGBT communities need to know about COVID-19, [click here](#).

## DREAMERS/DACAMENTED/UNDOCUMENTED STUDENTS

### On-campus Resources

- **General Resources for DREAMers** ([website](#)): Visit Marquette's online resource page that has centralized various resources for our DREAMers and will soon have a link for resources in regards to COVID-19 and its impact on both DREAMers and the larger immigrant community.
- **DREAMers Support Committee** ([website](#)): The Dreamers Support Committee is a network of allies, including staff, faculty, administrators and students actively working to support DREAMers at Marquette. Reach out to any of the committee members for support through this COVID-19 pandemic or contact Dr. Marla Guerrero (email: [marla.guerrero@marquette.edu](mailto:marla.guerrero@marquette.edu)).
- **DREAMers Discussion Group**: This mentoring and support group is open to all DREAMers attending Marquette. Virtual sessions will soon reconvene. Contact Bernardo Borunda (email: [bernardo.avila-borunda@marquette.edu](mailto:bernardo.avila-borunda@marquette.edu)) for more info about the virtual discussion group.

### Off-campus Resources

- **Voces de la Frontera** ([website](#)) has created a robust online COVID-19 resource page that provides support statewide to the immigrant communities, including Milwaukee resources.
  - Direct Relief Fund: COVID-19 Relief for Undocumented Workers (for info, [click here](#))
- **Ayuda Mutua MKE** ([website](#)): Ayuda Mutua MKE seeks to provide support for undocumented people whose livelihoods are being affected by COVID-19. Whether it's from a decline in

business for street vendors or layoffs in domestic and restaurant industries, Ayuda Mutua MKE seeks to help alleviate some of the financial stress on undocumented community members living in Wisconsin.

- Solidary Fund: Wisconsin's Undocumented Families (for info, [click here](#))

### National Resources

- **United We Dream** ([website](#)): The largest, immigrant youth-led community organization has posted an online resource titled *Healthcare access for Undocumented Folks in the Time of COVID-19*. They are also very active in their social media Instagram account ([click here](#)).
- **Immigrants Rising** ([website](#)) created an online resource titled *Tangible Support for Undocumented Communities During COVID-19* ([click here](#)).
- **Betancourt Macias Family Scholarship Foundation** provided a [spreadsheet](#) with a list of resources (financial, medical, legal and more) for undocumented students.
  - An example of national resources from the spreadsheet includes links to [nationwide emergency relief funds](#), information on [testing for COVID-19](#) for undocumented Americans, and a directory of [free clinics](#) to seek medical support.

### DACA and COVID-19

- **SCOTUS Ruling on DACA**
  - The high court is still set to release its ruling over the future of DACA no later than June 2020 but could be announced anytime between now and June.
  - “Home is Here Coalition asks Supreme Court to side with DACA recipients during COVID-19 global pandemic” ([link to press release](#))
- **DACA Renewals in the Middle of COVID-19 Crisis** ([click here](#) for UWD recent blog)
  - USCIS offices will be closed until May 3 but it is still processing DACA renewals.
  - USCIS has announced it will use previously submitted biometrics to process renewals for people who had biometrics appointments scheduled during the USCIS closure.
  - Renew your DACA if your DACA expires in 2020 and do not hesitate to renew early.

### Department of Homeland Security/Immigration Customs and Enforcement

- The latest statement from the U.S. Department of Homeland Security (DHS)/Immigration and Customs Enforcement (ICE) stated the department would prioritize mandatory detention based on criminal grounds exclusively.
- Furthermore DHS stated the following: “Consistent with its sensitive locations policy, during the COVID-19 crisis, ICE will not carry out enforcement operations at or near health care facilities, such as hospitals, doctors' offices, accredited health clinics, and emergent or urgent care facilities, except in the most extraordinary of circumstances. Individuals should not avoid seeking medical care because they fear civil immigration enforcement.” [ICE March 18<sup>th</sup>, 2020](#)

## IMPORTANT INFORMATION FOR FAMILIES

### How to talk to kids about COVID-19

- The National Association of School Psychologists and the National Association of School Nurses collaborated to create an online guide to talk about COVID-19 with children ([click here](#)).
  - This online guide may be useful for college students who often are in the caregiver role within their families and it also provides resources for parents with children.
  - An earlier version of this online guide has also been translated in Spanish, Amharic, Chinese, Korean, French, Vietnamese, Bahasa, and Urdu (see right side column for translated PDFs) on hyperlinked [webpage](#).

### Avoid COVID-19 Scams

- FEMA reports there has been **an increase in scammers** pretending to be federal government agencies who contact people via robocall, text message, email and other outreach.
- These scammers **say they can get people financial help** during the COVID-19 pandemic and then ask for money or personal information such as your Social Security Number, bank account or credit card number. **This is a scam.**
- **Do not trust** anyone who offers financial help and then asks for money or personal information.
- Federal and local disaster workers **do not solicit** or accept money.
- FEMA, Department of Homeland Security, U.S. Health and Human Services, and the Centers for Disease Control staff **never charge for disaster assistance.**

## TECHNOLOGY

### INTERNET CONNECTION

#### Internet Service Providers

- Many local internet service providers throughout the country are offering free broadband and Wi-Fi access for new clients with households of K-12 and college students.
- Contact your local service provider to see if their Wi-Fi options fit your individual needs.
- Charter Communication/Spectrum Internet/Wi-Fi Promotion ([click here](#))
- Comcast/Internet Essentials Promotion ([click here](#))

#### Hot Spots

- Marquette IT Services has a limited number of hot spots for loan for students in need.
- Students should call the help desk at (414) 288-7799 to inquire about hot spot availability.
- It should be noted, however, that broadband and Wi-Fi access through your local internet provider would provide higher quality service than a hot spot.
- It is suggested students start with the internet provider option first.

#### Personal Cell Phone Hot Spot

- Check your cell phone carrier (e.g. AT&T, Verizon, T-Mobile, Sprint, Comcast) to see if they are temporarily suspending internet data caps so you can use your cell phone as a personal hot spot.

### HARDWARE

#### Laptops

- Marquette IT Services has a limited number of laptops to loan to students who may need one.
- Students should call the help desk, (414) 288-7799 to inquire about availability.

### ONLINE LEARNING RESOURCES

#### Transitioning to Online Learning

- Remote Learning ([click here](#))
- Becoming a Successful Online Student ([click here](#))

#### Virtual Classrooms via Microsoft Teams

- Microsoft Teams Remote Learning ([click here](#))

#### Online Student's Manual for Success

- How to study smarter, find a tutor and excel in the digital classroom ([click here](#)).



## WELL-BEING

### COUNSELING/MENTAL HEALTH RESOURCES

#### Marquette University Counseling Center (MUCC)

- Clinical Services
  - MUCC will provide mental health services primarily by telephone: (414) 288-7172.
    - If students are in the campus area, call rather than come to the center in person.
  - Mental health emergency services remain available 24-hours a day, all year round.
    - For a life-threatening emergency, call 911 or go to a local emergency room.
    - For non-life-threatening situations, call MUCC at (414) 288-7172, Monday through Friday, 8:00 a.m.-4:00 p.m.
    - On weekdays after 4:00 p.m., weekends and holidays, call the MU Police Department at (414) 288-1911, and ask to talk to the on-call counselor.
  - Students interested in initiating services:
    - If you feel you can wait to address counseling issues until the campus reopens, we ask that you contact us then.
    - If you have a pressing mental health issue, call MUCC to speak to a counselor, and we will assist you in getting your treatment needs met.
- Online Mental Health Resources
  - Counseling Center ([website](#))
  - Social Media Accounts ([Facebook](#), Cú's [Instagram](#) or [Snapchat](#) @cuthetherapydog)
  - Coping with Social Distancing ([webpage](#))
  - Short Videos from Counseling Center Staff on Mental Health and COVID-19 response
    - Coping with Procrastination ([click here](#))
    - Re-establishing Routine with Cú ([click here](#))
    - Grounding Exercise and Mindfulness ([click here](#))

#### Off-campus Counseling/Therapists in the Milwaukee Area

- Sixteenth Street Community Health Centers ([website](#))
  - Provides behavioral/mental health services (outpatient therapy and psychiatry; child and adolescent day treatment; ADHD testing; substance use services), in addition to medical services, to individuals and families residing in Milwaukee and Waukesha counties
    - Accept all people, whether you have insurance or not
    - Bilingual (Spanish-speaking providers available)
    - Now offering telehealth services (appointments over the phone)
    - Recent changes to SSCHC ([flyer](#) in English and Spanish)

#### Accessing Mental Health Services through Insurance (Nationwide Search)

- Psychology Today ([website](#))
- Call phone number on the back of your insurance card and ask for list of in-network providers.

#### General COVID-19 Mental Health Online Resources

- Mental Health First Aid provided a list of articles focused on mental health and COVID-19:
  - How to Care for Yourself While Practicing Physical Distancing ([link](#))
  - How Do I Know Someone is Experiencing Anxiety or Depression? ([link](#))
  - How to Help Someone with Anxiety or Depression During COVID-19 ([link](#))
  - How to Support a Loved One Going Through a Tough Time During COVID-19 ([link](#))

## SPIRITUAL RESOURCES

### On-campus Spiritual Resources

- Campus ministers are available for conversations focused on spirituality ([click here](#)).
- Campus Ministry Online Programming
  - To stay connected and up to date on modified online programming:
    - Subscribe to their newsletter ([click here](#)).
    - Follow Campus Ministry on social media ([Facebook](#), [Instagram](#), and [Twitter](#)).
- Fall Leadership Opportunities: Lead. Engage. Live the Magis.
  - Full listing of Campus Ministry programs now accepting applications for fall leadership positions ([click here to apply](#))
- Prayers and reflections (regularly updated) at Faith at Marquette ([website](#))
- Virtual Masses from Mission and Ministry ([website](#))
  - Tuesdays and Thursdays at noon
  - Sundays at 9 a.m.
- Virtual Small Group ([website](#))
  - Connect with other Marquette students in faith every week throughout April.
  - To sign up, contact Steve Blaha by email: [stephen.blaha@marquette.edu](mailto:stephen.blaha@marquette.edu).

### Off-campus Spiritual Resources

- COVID-19 Archdiocese of Milwaukee ([website](#))

## WELLNESS

### Peers Wellness Educators Online Resources

- Student Wellness ([website](#))
- Social Media Accounts: [Facebook](#) and [Instagram](#)
- Daily Wellness Resources (in collaboration with the Counseling Center) on Social Media
  - Mindful Monday
  - Take Care of You Tuesday
  - Wellness Wednesday
  - Thankful Thursday
  - Feel Good Friday
  - Self-care Saturday

### Marquette University Student Government

- COVID-19 Response ([webpage](#))
- Social Media Accounts: [Facebook](#), [Instagram](#), and [Twitter](#)

## ACKNOWLEDGEMENTS

This Resource Guide for Students was an initiative from the DREAMers Support Committee at Marquette University in response to hearing firsthand accounts of Marquette students, specifically underrepresented students, who are experiencing the many challenges COVID-19 brought to light (often pre-coronavirus). Many of the individuals who collaborated on this Survival Guide have gone through a period in their lives when they, too, were striving to survive their college experience. It is in this spirit of hope that you all find the people, places and resources to thrive despite living in a global pandemic. We see you, you matter, and You, Too, Are Marquette.

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