

Curriculum Vitae

Alexandra Kriofske Mainella, MA

Last revised: July 23, 2019

GENERAL INFORMATION

Address: Department of Counselor Education and Counseling Psychology
Schroeder Health and Education Complex
Marquette University
Milwaukee, WI 53233
Office Phone: 414-288-7780
E-Mail Address: Alexandra.kriofskemainella@marquette.edu

Professional Preparation

2016-2019 *PhD Rehabilitation Counselor Education*
University of Wisconsin – Madison
Madison, Wisconsin
Major: Rehabilitation Counselor Education
Minor: Educational Psychology

2004-2006 *Master of Arts*
Marquette University
Milwaukee, Wisconsin
Major: Public Service
Minor: Health Care Administration

1993-1998 *Bachelor of Arts*
University of Wisconsin – Milwaukee
Major: English
Minor: Creative Writing

Relevant Professional Experience

8/2019-present Assistant Professor – *Counselor Education and Counseling Psychology,*
Marquette University – Milwaukee, Wisconsin, United States

12/2018-5/2019 Instructor – *Clinical Rehabilitation Counseling, School of Education, Mount*
Mary University—Milwaukee, Wisconsin, United States

Instructor – *Rehabilitation Counseling and Disability Studies, Southern*
University—Baton Rouge, Louisiana, United States

Responsible for developing content, structure, and evaluation criteria for and teaching courses within the Rehabilitation Counseling Clinical specialty.

- 8/2018-8/2019 Instructor – Rehabilitation Psychology Area, Department of Rehabilitation Psychology and Special Education, School of Education, University of Wisconsin—Madison, Madison, Wisconsin, United States
- Responsible for developing content, structure, and evaluation criteria for and teaching courses within the rehabilitation psychology program
- 9/2016-8/2019 Teaching Assistant – Rehabilitation Psychology Area, Department of Rehabilitation Psychology and Special Education, School of Education, University of Wisconsin – Madison, Madison, Wisconsin, United States
- Responsible for assisting instructors with teaching courses within the rehabilitation psychology program.
- Project Assistant – Rehabilitation Services Administration Grant
- Project Assistant – Targeted Communities Grant
- 5/2017-12/2017 Supported Employment Intern – Veteran’s Administration, Milwaukee Wisconsin, United States
- Responsible for providing supported employment services to veterans with disabilities in Milwaukee County. Became directly involved with clients and administration, participating in all agency activities including assessment, job coaching, job placement, and job development
- 8/2016-Present Independent Contractor: Sexual Health Educator
- Responsible for teaching research based sexual health curriculum upon request and developing curricula accessible to students with disabilities
- 8/2004-8/2016 Youth Leadership Program Manager – IndependenceFirst, Milwaukee Wisconsin, United States
- Responsible for coordinating the development of a youth leadership program within an organization that provides community-based support to individuals ages 5-25 with disabilities in the metro-Milwaukee area. Also responsible for managing all aspects of program development, including staff training and development, program coordination, education and training of youth, policy advocacy, transition activities and grant writing. Organized arrangements for continuation of the project.
- 8/2002-7/2004 Community Integration Specialist – Ranch Community Services, Milwaukee, Wisconsin, United States

Responsible for providing supported community recreation and employment services to individuals with intellectual disabilities in Milwaukee County. Became directly involved with clients and administration and participated in all agency activities including assessment, case management, and independent living skill training.

6/2000-6/2002 *Community TOEFL Educator* – *United States Peace Corps, Kuressaare, Saaremaa, Estonia.*

Responsible for teaching English as a foreign language to students in Kuressaare Vocational School. Also responsible for teaching English as a teacher trainer to educators in Estonia.

2/1999-5/2000 *Special Education Substitute Teacher* – *Milwaukee Public Schools, Milwaukee, Wisconsin, United States*

Responsible for providing education as a substitute teacher for special education programs in the Milwaukee Public School system.

6/1997-8/1998 *Day Camp Counselor* – *Gaenslen Elementary School, Milwaukee Public Schools, Milwaukee, Wisconsin, United States*

Responsible for providing direct supervision and care for the participants of the Specialized Accessibility Summer Camp. Organized and lead daily programs geared towards children with physical and intellectual disabilities.

Honors and Awards

Paul Lustig Memorial Scholarship (2018-2019)
Milwaukee Business Journal, 40 under 40 (2013)
Vera Institute of Justice National Roundtable: Sexual abuse of children with disabilities (2012)
Distinguished Youth Service Provider of the Year Award, Wisconsin Statewide Transition Initiative (2012)

Current Membership in Professional Organizations

National Council on Rehabilitation Education
National Council on Independent Living

RESEARCH AND ORIGINAL CREATIVE WORK

Publications

Johnson, E. J., Chan, F., Kaserooff, A., **Kriofske Mainella, A.**, Flowers, S., Morrison, B., Sung, C., Catalano, D. & Iwanaga, K. (2017). Psychosocial mechanisms explaining the association between spirituality and happiness in individuals with spinal cord injuries. *Journal of Rehabilitation*, 83(4), 34-42.

Kriofske Mainella, A.M. (2015). Public policy and sexuality education for youth with disabilities: Impact on sexual behavior and outcomes. *International journal of social, behavioral, educational, economic, business and industrial engineering*, 9(2), 458-463.

Phillips, B. N., Reyes, A., **Kriofske Mainella, A. M.**, Kesselmayr, R. F., & Jacobson, J. D. (2018). A needs driven model of workplace social effectiveness in adults with disabilities. *Rehabilitation Counseling Bulletin*, 1-13. DOI: 10.1177/003-43 522 177476/690.

Sharp, S., Thompson, K., Friefeld, R., & **Kriofske, Mainella, A.** (2017). Investigating disability advocacy: An exploratory factor analysis of the Disability Advocacy Inventory. *Vocational Evaluation and Work Adjustment Association*, 41(2), 23-40.

Invited Book Chapters

Kriofske Mainella, A. M. & Smedema, S. M. (2019). Coping and adaptation to disability. In *Disability: Social Psychological Perspectives. Oxford University Press: Academy of Rehabilitation Psychology Series.*

Presentations

Presentations at Conferences and Symposia

Kriofske Mainella, A. M. & Smedema, S. M. (2018, March). *Higher order positivity variables and suicide risk in at-risk African Americans.* Accepted presentation at the National Council on Rehabilitation Education, Anaheim, CA.

Phillips, B. N., Reyes, A., **Kriofske Mainella, A. M.**, Kesselmayr, R. F., & Jacobson, J. D. (2018, March). *A needs driven model of workplace social effectiveness in adults with disabilities.* Accepted poster presentation at the National Council on Rehabilitation Education, Anaheim, CA.

Kriofske Mainella, A.M. (2015, February). *Public policy and sexuality education for youth with disabilities: Impact on sexual behavior and outcomes.* Presentation presented at the World Academy of Science, Engineering and Technology, London, England, United Kingdom.

Kriofske Mainella, A.M. (2014, October). *Sex is an independent living skill.* Presentation presented at the Association on Programs of Rural Independent Living. Albuquerque, New Mexico, United States

Kriofske Mainella, A.M. (2014, July). *Sex is an independent living skill.* Presentation presented at the National Council of Independent Living Annual Conference. Washington, D.C. United States.

Kriofske Mainella, A.M. (2013, July). *Sex is an independent living skill*. Presentation presented at the National Council of Independent Living Annual Conference. Washington, D.C., United States.

Lectures

Kriofske Mainella, A.M. (2017, February). *Sexuality, disability, and consent*. Lecture taught at Madison Area Technical College Human Sexuality and Psychology course. Madison, W.I., United States.

Kriofske Mainella, A.M. (2017, March). *Sexuality and disability*. Lecture taught at Marquette University Human Sexuality and Psychology course. Milwaukee, W.I., United States.

Kriofske Mainella, A.M. (2017, September). *Sexual health education for rehabilitation counselors*. Lecture taught at Southern University Psychosocial and Medical Aspects of Disability course. Baton Rouge, L.A., United States

Invited presentations for National Webinars

Kriofske Mainella, A.M. (2014, September). *Funding and delivering youth transition programs: One CIL's experience with sexuality education*. Webinar presented for Independent Living Research Utilization New Community Opportunities Center.

Kriofske Mainella, A.M. (2014, August). *Expanding CIL capacity through youth transition services: Collaborating with school districts and vocational rehabilitation*. Webinar presented for Independent Living Research Utilization, New Communities Opportunities Center.

Kriofske Mainella, A. M. (2017, August). *Sex is an independent living skill*: Webinar presented for the Association of Rural Independent Living Topical Trainings.

Other

Interviews in Popular Press

Kott Washburne, C. (November 6, 2014). *The talk*. Milwaukee Magazine.

SERVICE

The Profession

Reviewer for Refereed Journals

Reviewer, *American Journal of Sexuality Education* (2017-present)

Consultation

Project Consultant, *National Council for Independent Living (2018-present)*

Project Consultant, *Kids Matter, Incorporated (2017-2018)*

Education Consultant and Curriculum Reviewer, Milwaukee Public Schools Sexual Health

Education curriculum, *Milwaukee Public Schools (2015-present)*

Independent Living Consultant, *Association of Programs for Rural Independent Living (2014-present)*