

CURRICULUM VITAE

January 2019

Lynne M. Knobloch-Fedders

Department of Counselor Education and Counseling Psychology
Marquette University
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lynne.knobloch-fedders@marquette.edu
Licensed Clinical Psychologist (IL #071-006478; WI #3637-57)

EMPLOYMENT

- 2017 – present** **Department of Counselor Education and Counseling Psychology, Marquette University, Milwaukee, WI**
Assistant Professor
- 2014 – 2017** **Department of Psychology, Northwestern University, Evanston, IL**
Clinical Associate Professor
- 2010 – 2015** **The Family Institute at Northwestern University, Evanston, IL**
Director of Research and Kovler Scholar
- 2007 – 2010** **The Family Institute at Northwestern University, Evanston, IL**
Assistant Director of Research
- 2005 – 2014** **Department of Psychology, Northwestern University, Evanston, IL**
Clinical Assistant Professor
- 2003 – 2007** **The Family Institute at Northwestern University, Evanston, IL**
Coordinator of Research
- 2003 – 2017** **The Family Institute at Northwestern University, Evanston, IL**
Staff Psychologist

EDUCATION

- 2001 – 2003** **The Family Institute at Northwestern University, Evanston, IL**
Dr. John J. B. Morgan Postdoctoral Fellowship
- 2000 – 2001** **University of Notre Dame, Notre Dame, IN**
Internship in Clinical Psychology
- 1996 – 2001** **Miami University, Oxford, OH**
Ph.D. in Clinical Psychology, awarded May 2001
- 1992 – 1996** **Marquette University, Milwaukee, WI**
Bachelor of Arts in Psychology and Theology, *summa cum laude*

EDITORIAL BOARD MEMBERSHIPS

2008 – present Advisory Editor, *Family Process*

2016 – 2018 Associate Editor, *Psychotherapy Research*

RESEARCH GRANTS

Knobloch, L.K., (P.I.), & **Knobloch-Fedders, L.M.** (Co-I.). *Reintegration difficulty of military couples following deployment*. USAMRMC Log No. 12154004, Grant # W81XWH-14-2-0131, \$834,061, U.S. Department of Defense, 7/1/2014 – 6/30/2018.

Knobloch-Fedders, L.M. (P.I.), Caska, C., Smith, T., & Renshaw, K. *Posttraumatic stress disorder and physiological reactivity in response to conflict among military couples*. Division 19 (Society for Military Psychology) Member / Affiliate Member Research Grant Award, \$5,000, American Psychological Association, 2014.

Knobloch-Fedders, L.M. (P.I.). *The interpersonal context of depression in couples*. Randy Gerson Memorial Research Award, \$3,000, American Psychological Foundation, 2004.

TEACHING GRANTS

Knobloch-Fedders, L.M., Garnier-Villarreal, M., & Magnus, B. *Development of an interdisciplinary curriculum to advance graduate-level research training*. Way Klingler Teaching Enhancement Award, \$20,000, Marquette University, 2018.

PUBLICATIONS

Knobloch, L.K., **Knobloch-Fedders, L.M.**, & Yorgason, J.B. (in press). Mental health symptoms and the reintegration difficulty of military couples following deployment: A longitudinal application of the relational turbulence model. *Journal of Clinical Psychology*.

Knobloch-Fedders, L.M., & Wilson, S.J. (in press). Interpersonal behavior in couple therapy: Concurrent and prospective associations with depressive symptoms and relationship distress. *Psychotherapy Research*.

Knobloch, L.K., **Knobloch-Fedders, L.M.**, & Yorgason, J.B. (2018). Communication of military couples during deployment predicting generalized anxiety upon reunion. *Journal of Family Psychology*, 32, 12-21.

Knobloch, L.K., **Knobloch-Fedders, L.M.**, Yorgason, J.B., Ebata, A.T., & McGlaughlin, P.C. (2017). Military children's difficulty with reintegration after deployment: A relational turbulence model perspective. *Journal of Family Psychology*, 31, 542-552.

Knobloch-Fedders, L.M., Critchfield, K.L., & Staab, E. (2017). Informative disagreements: Associations between relationship distress, depression, and discrepancy in interpersonal perception within couples. *Family Process*, 56, 459-475.

- Knobloch-Fedders, L.M.**, Caska-Wallace, C.M., Smith, T.W., & Renshaw, K. (2017). Battling on the home front: Posttraumatic stress disorder and conflict behavior among military couples. *Behavior Therapy, 48*, 247-261.
- Knobloch-Fedders, L.M.**, Pinsof, W.M., & Haase, C. (2015). Treatment response in couple therapy: Relationship adjustment and individual functioning change processes. *Journal of Family Psychology, 29*, 657-666.
- Knobloch-Fedders, L.M.**, Elkin, I., & Kiesler, D.J. (2015). Looking back, looking forward: A historical perspective on psychotherapy process research. *Psychotherapy Research, 25*, 383-395.
- Pinsof, W.M., Zinbarg, R.E., Shimokawa, K., Latta, T.A., Goldsmith, J.Z., **Knobloch-Fedders, L.M.**, Chambers, A.L., & Lebow, J.L. (2015). Confirming, validating, and norming the factor structure of Systemic Therapy Inventory of Change Initial and Intersession. *Family Process, 54*, 464-484.
- Knobloch-Fedders, L.M.**, Critchfield, K.L., Boisson, T., Woods, N., Bitman, R., & Durbin, C.E. (2014). Depression, relationship quality, and couples' demand / withdraw and demand / submit sequential interactions. *Journal of Counseling Psychology, 61*, 264-279.
- Knobloch-Fedders, L.M.**, Knobloch, L.K., Durbin, C.E., Rosen, A., & Critchfield, K.L. (2013). Comparing the interpersonal behavior of couples with and without depression. *Journal of Clinical Psychology, 69*, 1250-1268.
- Shaikh, A., **Knobloch-Fedders, L.M.**, & Stiles, W.B. (2013). Verbal response modes in action: Microrelationships as the building blocks of relationship role dimensions. *Linguistics and Literature Studies, 1*, 66-78.
- Anderson, T., **Knobloch-Fedders, L.M.**, Stiles, W.B., Ordonez, T., & Heckman, B.D. (2012). The power of subtle interpersonal hostility in psychodynamic psychotherapy: A speech acts analysis. *Psychotherapy Research, 22*, 348-362.
- Knobloch, L.K., **Knobloch-Fedders, L.M.**, & Durbin, C.E. (2011). Depressive symptoms and relational uncertainty as predictors of reassurance-seeking and negative feedback-seeking in conversation. *Communication Monographs, 78*, 437-462.
- Stroud, C.D., Durbin, C.E., Saigal, S.D., & **Knobloch-Fedders, L.M.** (2010). Normal and abnormal personality traits are associated with marital satisfaction for both men and women: An actor-partner interdependence model analysis. *Journal of Research in Personality, 44*, 466-477.
- Knobloch, L.K., & **Knobloch-Fedders, L.M.** (2010). The role of relational uncertainty in depressive symptoms and relationship quality: An actor-partner interdependence model. *Journal of Social and Personal Relationships, 27*, 137-159.
- Knobloch-Fedders, L.M.**, & Knudson, R.M. (2009). Marital ideals of the newly-married: A longitudinal analysis. *Journal of Social and Personal Relationships, 26*, 249-271.
- Pinsof, W.M., Zinbarg, R., Lebow, J., **Knobloch-Fedders, L.M.**, Durbin, C.E., Chambers, A., Latta, T., Karam, E., Goldsmith, J., & Friedman, G. (2009). Laying the foundation for progress research in

family, couple, and individual therapy: The development and psychometric features of the initial Systemic Therapy Inventory of Change (STIC). *Psychotherapy Research*, 19, 143-156.

Pinsof, W.M., Zinbarg, R., and **Knobloch-Fedders, L.M.** (2008). Factorial and construct validity of the revised Short Form Integrative Psychotherapy Alliance Scales for family, couple, and individual therapy. *Family Process*, 47, 281-301.

Knobloch-Fedders, L.M., Pinsof, W.M., & Mann, B.J. (2007). Therapeutic alliance and treatment progress in couple psychotherapy. *Journal of Marital and Family Therapy*, 33, 245-257.

Lebow, J., Kelly, J., **Knobloch-Fedders, L.M.**, & Moos, R. (2005). Relationship factors in treating substance use disorders. In L.E. Buetler & L.G. Castonguay, (Eds.), *Principles of therapeutic change that work* (pp. 293-317). New York: Oxford University Press.

Knobloch-Fedders, L.M., Pinsof, W.M., & Mann, B.J. (2004). The formation of the therapeutic alliance in couple therapy. *Family Process*, 43, 425-442.

Honos-Webb, L., Endres, L.M., Shaikh, A., Harrick, E.A., Lani, J.A., **Knobloch, L.M.**, Surko, M., & Stiles, W.B. (2002). Rewards and risks of exploring negative emotion: An assimilation model account. In S. Fussell, (Ed.), *The verbal communication of emotion: Interdisciplinary perspectives* (pp. 231-251). Mahwah, N.J.: Erlbaum.

Knobloch, L.M., Endres, L.M., Stiles, W.B., & Silbershatz, G. (2001). Convergence and divergence of themes in successful psychotherapy: An assimilation analysis. *Psychotherapy*, 38, 31-39.

Shaikh, A., **Knobloch, L.M.**, & Stiles, W.B. (2001). The use of a verbal response mode coding system in determining patient and physician roles in medical interviews. *Health Communication*, 13, 49-60.

Stiles, W.B., Honos-Webb, L., & **Knobloch, L.M.** (1999). Treatment process research methods. In P.C. Kendall, J.N. Butcher, & G.N. Holmbeck (Eds.), *Research methods in clinical psychology* (2nd ed.), pp. 364-402. New York: Wiley.

PRESENTATIONS

Knobloch-Fedders, L.M., & Quirk, K. (2018, July). *Sequential analysis of affirmation and disclosure in couple interaction: Associations with relational uncertainty and relationship distress*. International Association for Relationship Research conference, Ft. Collins, CO.

Knobloch-Fedders, L.M., & Zinbarg, R.E. (2018, May). *Generalized anxiety disorder, relationship distress, and the interpersonal behavior of couples*. Association for Psychological Science conference, San Francisco, CA.

Knobloch-Fedders, L.M., & Knobloch, L.K. (2017, December). *Reintegration difficulty of military couples following deployment*. Grand Rounds, James A. Lovell Federal Health Care Hospital, North Chicago, IL.

- Knobloch-Fedders, L.M., & Knobloch, L.K.** (2017, September). *Reintegration difficulty of military couples following deployment*. Colloquium, Department of Counselor Education and Counseling Psychology, Marquette University, Milwaukee, WI.
- Knobloch, L.K., **Knobloch-Fedders, L.M.**, Yorgason, J.B., Ebata, A.T., & McGlaughlin, P.C. (2016, November). *Military children's difficulty with reintegration after deployment: A relational turbulence model perspective*. National Communication Association conference, Philadelphia, PA.
- Knobloch-Fedders, L.M.**, Pinsof, W.B., & Haase, C. (2016, June). *Treatment response in couple therapy: Relationship adjustment and individual functioning change processes*. Society for Psychotherapy Research conference, Jerusalem, Israel.
- Wilson, S.J., & **Knobloch-Fedders, L.M.** (2016, June). *Change in couples' interpersonal behavior predicting change in depression and relationship distress across sessions of couple therapy*. Society for Psychotherapy Research conference, Jerusalem, Israel.
- Knobloch-Fedders, L.M.**, Latta, T., & Durbin, C.E. (2015, June). *Treatment of depression in the context of relationship distress: Interpersonal predictors of couple therapy outcome*. Society for Psychotherapy Research conference, Philadelphia, PA.
- Pryor, J.R., & **Knobloch-Fedders, L.M.** (2015, May). *Interpersonal problems as predictors of symptom distress and relationship adjustment with depressed couples*. Society for Interpersonal Theory and Research conference, Toronto, Canada.
- Knobloch-Fedders, L.M.**, Caska-Wallace, C. M., Smith, T., & Renshaw, K. (2014, November). *The interpersonal behavior of military couples with and without posttraumatic stress disorder*. Association for Behavioral and Cognitive Therapies conference, Philadelphia, PA.
- Knobloch-Fedders, L.M.** (2013, November). *The interpersonal context of depression and anxiety in couples*. Colloquium, Marquette University Department of Psychology, Milwaukee, WI.
- Knobloch-Fedders, L.M.** (2013, June). *Comparing the interpersonal behavior of couples with and without depression*. American Family Therapy Association conference, Chicago, IL.
- Knobloch-Fedders, L.M.** (2013, May). *The interpersonal context of depression and anxiety in couples*. Invited address, Festschrift for Dr. Lorna Smith Benjamin, Park City, UT.
- Knobloch-Fedders, L.M.**, & Critchfield, K.L. (2013, May). *Sequential analysis of couples' demand / withdraw and demand / submit behavior*. Society for Interpersonal Research and Theory conference, Park City, UT.
- Knobloch-Fedders, L.M.**, Critchfield, K.L., Anderson, T., & Laws, H. (2012, June). *Change in therapist and patient interpersonal behavior over the course of therapy: Associations with outcome*. Society for Psychotherapy Research conference, Virginia Beach, VA.
- Knobloch-Fedders, L.M.**, & Elkin, I. (2012, June). *Looking back, looking forward: Reflections on three decades of process-outcome research*. Moderated panel discussion, Society for Psychotherapy Research conference, Virginia Beach, VA.

- Knobloch-Fedders, L.M.**, Durbin, C.E., Latta, T., & Pinsof, W. (2011, September). *Alliance and outcome in couple psychotherapy: A longitudinal investigation*. Society for Psychotherapy Research conference, Banff, Canada.
- Belleville, K., Dangles, M., & **Knobloch-Fedders, L.M.** (2011, May). *Couples and generalized anxiety disorder: How interpersonal behavior changes according to conversation topic*. Midwestern Psychological Association conference, Chicago, IL.
- Boateng, P., Madsen, J., & **Knobloch-Fedders, L.M.** (2011, May). *Gender differences in generalized anxiety disorder (GAD)*. Midwestern Psychological Association conference, Chicago, IL.
- Rosado, A., Wells, T., & **Knobloch-Fedders, L.M.** (2011, May). *Mixed-message communication, generalized anxiety disorder, and distress in couples*. Midwestern Psychological Association conference, Chicago, IL.
- Rooks, J., Smith, H., & **Knobloch-Fedders, L.M.** (2011, May). *Interpersonal behavior differences among distressed and nondistressed couples with generalized anxiety disorder*. Midwestern Psychological Association conference, Chicago, IL.
- Knobloch-Fedders, L.M.**, & Zinbarg, R. (2010, June). *Dyadic predictors of outcome in individual therapy for GAD*. Society for Psychotherapy Research conference, Asilomar, CA.
- Kang, S., & **Knobloch-Fedders, L.M.** (2010, May). *Self-focused vs. other-focused behavior in relationally-distressed, depressed individuals*. Midwestern Psychological Association conference, Chicago, IL.
- Knobloch-Fedders, L.M.** (2010, May). *Comparing interpersonal behavior of couples with and without depression*. Midwestern Psychological Association conference, Chicago, IL.
- Dickison, K., & **Knobloch-Fedders, L.M.** (2009, May). *Depression and the inability to receive affirmation in distressed couples*. Midwestern Psychological Association conference, Chicago, IL.
- Knobloch-Fedders, L.M.** (2009, May). *Interpersonal correlates of depression and relationship distress in couples*. Midwestern Psychological Association conference, Chicago, IL.
- Latta, T., & **Knobloch-Fedders, L.M.** (2008, May). *Predicting change in depression and relationship distress after conjoint treatment: Observational assessment of pre-treatment affiliation and interdependence using the Structural Analysis of Social Behavior model*. Midwestern Psychological Association conference, Chicago, IL.
- Knobloch-Fedders, L.M.** (2008, May). *The application of interpersonal theory to couple psychotherapy for depression and relationship distress*. Midwestern Psychological Association conference, Chicago, IL.

- Saigal, S., Durbin, C.E., & **Knobloch-Fedders, L.M.** (2008, May). *A linguistic analysis of marital interactions: What patterns of word use differentiate distressed from non-distressed couples?* Midwestern Psychological Association conference, Chicago, IL.
- Saigal, S., Durbin, C.E., & **Knobloch-Fedders, L.M.** (2008, May). *The effect of distress and depression on word use in couples.* Association for Psychological Science conference, Chicago, IL.
- Thomas, A., Davis, A., & **Knobloch-Fedders, L.M.** (2008, May). *The association between mixed message communication, depression, and relationship distress in couples.* Midwestern Psychological Association conference, Chicago, IL.
- Knobloch-Fedders, L.M.**, & Rosen, A. (2007, June). *Assessing the association between interpersonal behavior, relationship distress, and depression in couples.* Society for Interpersonal Theory and Research conference, Madison, WI.
- Knobloch-Fedders, L.M.** (2007, June). *The application of interpersonal theory to conjoint psychotherapy.* Society for Psychotherapy Research conference, Madison, WI.
- Rosen, A., & **Knobloch-Fedders, L.M.** (2007, June). *Depression and relationship distress in couples: Associations with interpersonal behavior at pretreatment.* Society for Psychotherapy Research conference, Madison, WI.
- Saigal, S., & **Knobloch-Fedders, L.M.** (2007, June). *Therapeutic alliance as a predictor of treatment outcome in couple therapy.* Society for Psychotherapy Research conference, Madison, WI.
- Knobloch-Fedders, L.M.** (2006, October). *Treatment of depression in the context of relationship distress: Interpersonal predictors of psychotherapy process and outcome.* North American Society for Psychotherapy Research conference, Burr Oak, OH.
- Knobloch-Fedders, L.M.** (2006, April). *Treatment of depression in the context of relationship distress: Interpersonal predictors of psychotherapy process and outcome.* Ohio Society for Psychotherapy Research conference, Oxford, OH.
- Knobloch-Fedders, L.M.**, Pinsof, W.M., & Zinbarg, R. (2005, June). *An integrative perspective on the therapeutic alliance in progress research.* Society for Psychotherapy Research conference, Montreal, Canada.
- Pinsof, W.M., Zinbarg, R., & **Knobloch-Fedders, L.M.** (2005, June). *The Psychotherapy Change Project: The development of the Systemic Inventory of Change – STIC.* Society for Psychotherapy Research conference, Montreal, Canada.
- Zinbarg, R., Pinsof, W.M., & **Knobloch-Fedders, L.M.** (2005, June). *The validity and reliability of the scales and subscales of the Systemic Inventory of Change – STIC.* Society for Psychotherapy Research conference, Montreal, Canada.
- Knobloch-Fedders, L.M.**, Stiles, W.B., & Meier, A. (2002, June). *The interrelation of themes in qualitative psychotherapy research: Assimilation analysis, theme analysis, and the metamorphosis problem.* Society for Psychotherapy Research conference, Santa Barbara, CA.

Knobloch, L.M. (1999, June). *The marital ideals of engaged couples*. International Network on Personal Relationships Young Scholars' Preconference, Louisville, KY.

Schilling, K.M., Morey, E., **Knobloch, L.M.**, & Santana, Y. (1998, October). *Student free writing: Important snapshots of the curriculum*. American Association for Higher Education Assessment conference, Cincinnati, OH.

Gal, L.M., **Knobloch, L.M.**, Stiles, W.B., & Silberschatz, G. (1998, June). *She solved her problem of sexual frigidity, but at what cost? An assimilation model case study*. Society for Psychotherapy Research conference, Snowbird, UT.

Knobloch, L.M., Gal, L.M., Stiles, W.B., & Silberschatz, G. (1998, June). *The convergence of themes in successful psychotherapy: An assimilation model case study*. Society for Psychotherapy Research conference, Snowbird, UT.

Lueger, R., Howard, K., **Knobloch, L.**, McGinnis, S., & Rolling, A. (1996, August). *How does life functioning improve for psychotherapy patients?* American Psychological Association convention, Toronto, Canada.

Knobloch, L., Lueger, R., & Howard, K. (1996, May). *Reliable improvement in intimacy of psychotherapy patients*. Midwestern Psychological Association convention, Chicago, IL.

TEACHING EXPERIENCE (GRADUATE)

2018 – present *Introduction to Couple and Family Therapy*, Master of Science in Counselor Education Program, Marquette University

2018 – present *Measurement and Evaluation*, Doctoral Program in Counseling Psychology, Marquette University

2017 – present *Intermediate Research and Statistics*, Doctoral Program in Counseling Psychology, Marquette University

2004 – 2007 *Research Methods*, Master of Science in Marriage and Family Therapy Program, Northwestern University

TEACHING EXPERIENCE (UNDERGRADUATE)

2009 – 2015 *Research Independent Study (Psychology 399)*, Department of Psychology, Northwestern University

2009 – 2015 *Advanced Supervised Research I and II (Psychology 397-1 and 397-2)*, Department of Psychology, Northwestern University

2003 *Co-Instructor, Marriage 101*, Human Development and Psychological Services Program, Northwestern University

2000 *Abnormal Psychology*, Department of Psychology, University of Notre Dame

HONORS AND AWARDS

Top Paper Award, National Communication Association, Family Communication Division, 2016

APA Fellow, American Psychological Association Division 43 (Society for Couple and Family Psychology), 2015

Golden Anniversary Monograph Award, National Communication Association, 2012

Outstanding Professional Accomplishment Award, The Family Institute at Northwestern University, 2005

Miami University Graduate School Dissertation Research Award, 1999

Miami University Psychology Department Dissertation Scholar Award, 1999

Miami University Graduate Student Achievement Award, 1999

Letter of Commendation, Miami University Psychology Department, 1997, 1998

“Best Paper” Award, Psi Chi / Midwestern Psychological Association Convention, 1996

Marquette University Outstanding Psychology Major Award, 1996

Marquette University Theta Alpha Kappa Outstanding Theology Student Award, 1996

Phi Beta Kappa, National Honor Society

Alpha Sigma Nu, National Jesuit Honor Society

Psi Chi, National Psychology Honor Society

Marquette University Reed Scholarship, 1992 – 1996

Marquette University Dean’s List, 1992 – 1996

PROGRAMS, COMMITTEES, AND SERVICE

2014 – present *Member*, Society for Psychotherapy Research Executive Council Nominating Committee

2013 – 2015 *Chair*, The Family Institute at Northwestern University’s Professional Development and Training Award Committee

2011 *Member*, North American Society for Psychotherapy Research Conference Program Committee

2004 – 2015 *Director*, The Family Institute at Northwestern University’s Summer Research Internship Program for Advanced Undergraduates

ADVANCED STATISTICAL TRAINING

Multilevel Modeling Using R, Data Analysis Training Institute of Connecticut, June 11 – 15, 2018. Instructors: D. Betsy McCoach, Ph.D., and Randi Garcia, Ph.D.

Multilevel Modeling in Behavioral Research (Psychology 497), Northwestern University, March – June 2014. Instructor: Dan Mroczek, Ph.D.

Dyadic Data Analysis Workshop, Michigan State University, July 23 – 27, 2012. Instructors:

Deborah Kashy, Ph.D., and Robert Ackerman, Ph.D.

PROGRAM EVALUATIONS

Knobloch-Fedders, L.M. (2015). *Program evaluation of The Family Institute at Northwestern University's Project Strengthen Program.*

Carpenter, T., Gal, L.M., **Knobloch, L.M.**, & Pelasky, S. (1998). *Program evaluation of Miami University's First-Year Institute.*

EDITORIAL REVIEW

Journal of Consulting and Clinical Psychology

Journal of Family Psychology

Journal of Marital and Family Therapy

Psychotherapy Research

Communication Research

Family Process

Assessment

Journal of Personal Relationships

Journal of Social and Personal Relationships

PROFESSIONAL SOCIETIES

American Psychological Association

Society for Psychotherapy Research

Society for Interpersonal Theory and Research

Association for Behavioral and Cognitive Therapies