



# MyWellPortal Wellness App

## How Do I Access The MyWellPortal App?

1. Scan the QR Code or search for MyWellPortal within the app store to download
2. Log in with your existing username and password for the wellness portal

## MyWellPortal Features

- Access wellness documents and resources
- View monthly promotional topics
- Participate in available wellness challenges
- Schedule an appointment with a Health Coach
- Medically enrolled employees may track and view activities within the My Rewards program



**SCAN ME**

