



## WANT TO UNDERSTAND?

Is there a way to save money on the medications I take?

I'm taking all my medications - why do I still not feel good?

Do I really need to take all those medications?



## TRIA HEALTH IS FOR YOU IF...

Healthcare and insurance is confusing and difficult, especially if you take a lot of medications and have chronic conditions. Tria Health is a free and confidential benefit that will support you in managing your health, medications and healthcare budget. Talk to a pharmacist over the phone and receive the personalized care you deserve.



### Who Should Participate?

Tria Health's Pharmacy Advocate Program is available for employees and/or dependents on Marquette's health insurance. Tria Health is recommended for members who have any of the following conditions:

- Diabetes
- Heart Disease
- High Cholesterol
- High Blood Pressure
- Mental Health
- Asthma/COPD
- Osteoporosis
- Migraines



### Save Money on Your Medications

Active participants will receive discounted copays on select medications used to treat targeted chronic conditions. You are not required to change your medications, pharmacy or doctor to receive this benefit.

- Free generics
- Reduced select brand medications\*

\*Chronic pain medications are excluded.



### Free Diabetes & Blood Pressure Devices

Select participants with diabetes and/or high blood pressure will have access to a FREE blood glucose meter and testing supplies and/or a blood pressure monitor for easy monitoring at home. All readings will be monitored by a clinician and can easily be shared with any physician.



### Why Participate?

Did you know that approximately 50% of patients do not take their medications as prescribed?<sup>1</sup> Tria Health provides pharmacist-led consultations. Using their knowledge of medications, pharmacists understand how to achieve maximum benefit, minimal side effects and to avoid drug interactions. Your Tria Health pharmacist can help:

- Make sure your medications are working as intended.
- Help you save money - Tria saves patients an average \$250 per year!<sup>2</sup>
- Answer any questions you have about your health.
- Coordinate care with your doctor(s) - Over 95% of recommendations made by Tria Health were accepted by an individual's physician.<sup>2</sup>



### How to Make an Appointment

Call 1.888.799.8742 or visit [www.triahealth.com/schedule](http://www.triahealth.com/schedule)

1. Medication adherence: WHO cares? - PubMed (nih.gov)

2. Tria Health BOB & Patient Satisfaction Survey