


SPRING 2023


In a world where time is at a premium, those instances where people come together deserve to be special. Whether celebrating achievement or planning future success, it is during these gatherings where the power of human connectivity is elevated. This same connectivity is what makes M City Catering decidedly different.

M City Catering is about more than great food. It's about a team of dedicated professionals who are united by a common passion to deliver a successful catering experience. Building on a legacy of hospitality excellence, we leverage our vast expertise to create engaging events that exceed the expectations of everyone we serve. We accomplish this by focusing on service, performance and guest satisfaction throughout the entire M City Catering experience.

Our team of catering professionals is specially trained to assist you with planning your event, focusing on every aspect to ensure quality and consistency. Our culinary team has created a variety of healthy and delicious menus to fit a wide range of budgets and tastes, including choices featuring organic and/or sustainable selections. They also take great pride in using the best possible local and seasonal ingredients, regional favorites and specialty items that will make your event a complete success.

This guide will take you through the planning process for your catered event. We will be happy to meet with you to create a signature selection that meets your specific needs. Contact us by phone at 414.288.7202 or visit our website: www.marquette.edu/event-services/. From the on-trend creations of our talented chefs to the interactive support of our management team and the attentive service of our well-trained staff, M City Catering delivers fulfillment, enjoyment and peace of mind.
© = Mindful $\mathrm{V}=$ Vegetarian 荷= Vegan $\quad$ P Plant Based We can also accommodate Gluten Free requests.

## BREAKFAST: MORNING BUFFETS

These menus are presented buffet style. Services include delivery, set with linens on buffet tables and clean up after your event. For events inside the Alumni Memorial Union (AMU) or Eckstein Hall, china service is included. In all other venues, high-quality eco-friendly serviceware is included. China service is available at \$4.50/person in those locations. Coffee and hot tea service is included.

If guest minimum is not met, $+\$ 2.00 /$ person.

## CLASSIC CONTINENTAL BREAKFAST

12 guest minimum | $\$ 10.00$ per guest
Seasonal fresh fruit with choice of breakfast breads. Includes condiments, coffee and hot tea service.
INCLUDES:
Seasonal Cubed Fresh Fruit 区e?

$$
\text { (3 oz. | } 35 \text { cal) }
$$

A platter of fresh cubed cantaloupe, honeydew melon, pineapple and blueberries

Coffee \& Hot Tea Service (12 oz. |0-5 cal)

Choose Two:
Muffins
Croissants
Raspberry Coffee Cake
Mini Scones ${ }^{\text {V }}$
Breakfast Breads
Butter and Assorted Jam

## Choice of Muffin \& Breakfast Bread: Blueberry Lemon Poppy Seed Cranberry Orange

## PLANT POWERED CONTINENTAL BREAKFAST

12 guest minimum $\mid \$ 14.00$ per guest
Seasonal fresh fruit, avocado toast, farmer's market breakfast bowl, breakfast salad, coffee and hot tea.

## Includes:

Coffee \& Hot Tea Service (12 oz. | 0-5 cal)
Seasonal Cubed Fresh Fruit 툴 (3 oz. | 35 cal)
A platter of fresh cubed cantaloupe, honeydew melon, pineapple and blueberries

## Avocado, Hummus \& Tomato Toast <br> (each | 210 cal)

Toasted Italian bread topped with hummus, avocado, cherry tomatoes and red pepper flakes

## Farmer's Market Breakfast Bowl cmer

(each | 320 cal)
Hash browns, quinoa, scrambled tofu, kale, avocado and green onions

```
Grape Tomato Salad
(each | 150 cal)
```

Fresh grape tomatoes tossed with shallots, garlic, dill and extra virgin olive oil

## ■■■ <br> -



## HEALTHY WAY CONTINENTAL BREAKFAST

25 guest minimum｜$\$ 13.50$ per guest
Seasonal fresh fruit，Greek yogurt，granola bars，hard－boiled eggs and oatmeal with toppings．Includes coffee and hot tea service．

## INCLUDES：

Seasonal Cubed Fresh Fruit
（3 oz．｜ 35 cal ）
A platter of fresh cubed cantaloupe，honeydew melon， pineapple and blueberries
Coffee \＆Hot Tea Service
（12 oz．｜0－5 cal）
Cage－Free Hard－Boiled Egg $V$
（each｜ 80 cal）
Chobani Non－Fat Vanilla Greek Yogurt $\overline{\text { V }}$
Granola Bars $\mathbf{V}$
（4 oz．｜ 80 cal ）
（each｜ 90 cal）
Warm Steel Cut Oatmeal Crer
（8 oz．｜ 170 cal）

## Served with：

2\％Milk
Unsweetened Almond Milk 区i
Cinnamon Brown Sugar Topping
Sweetened Dried Cranberries ©
（1 tbsp．｜ 10 cal）
（1 tbsp．｜ 0 cal） （1 tsp．｜ 15 cal ） （1 tbsp．｜ 30 cal）

Pecan Pieces［区：］
Fresh Whole Strawberries 区e
Fresh Blueberries cer
（1 tbsp．｜ 50 cal）
（1 tbsp．｜5 cal） （1 tbsp．｜5cal）

## BREAKFAST BUFFET

25 guest minimum｜$\$ 15.00$ per guest
Start with seasonal fresh fruit，then customize your buffet with your favorite breakfast breads，sides，meats and an egg dish． Includes coffee，hot tea and condiments．

## INCLUDES：

Seasonal Cubed Fresh Fruit Platter 줄
A platter of fresh cubed cantaloupe，honeydew melon， pineapple and blueberries

Coffee \＆Hot Tea Service

## CHOOSE TWO：

Mini Butter Croissant
Mini Danish $\mathbf{V}$
Mini Scones V
Muffins ${ }^{\text {V }}$

## CHOICE OF ONE：

Home Fried Potatoes ©V
Classic Grits ore
Cheddar Cheese Hash brown Bake
Hash Browned Potato 틀
Root Vegetable Hash creer
（each｜ 80 cal）
（each｜130－170 cal）
（each｜190－200 cal）
（each｜160－230 cal）
（1／2 cup｜ 90 cal） （4 oz．｜ 70 cal）
（1／2 cup｜ 150 cal）
（ $1 / 2$ cup｜ 90 cal）
（ $1 / 2$ cup｜ 80 cal）
（3 oz．｜ 35 cal）
（12 oz．｜0－5 cal）

## CHOICE OF MUFFIN FLAVOR：

Blueberry
Lemon Poppy Seed
Cranberry Orange
Apple Cinnamon
Carrot
CHOICE OF TWO：

| Bacon Slices | $(1$ slice $\mid 35$ cal） |
| :--- | :--- |
| Sausage Links | $(1$ link $\mid 110$ cal $)$ |
| Turkey Sausage Link | $(1$ link $\mid 45$ cal $)$ |
| Turkey Bacon | $(1$ slice $\mid 25$ cal $)$ |

CHOICE OF ONE：
Seasoned Scrambled Egg Whites $\mathbb{V}$ Cholesterol Free Scrambled Eggs
（ $1 / 2$ cup｜ 90 cal）
（1／2 cup｜ 120 cal）

Seasoned Scrambled Eggs
Scrambled Tofu cowe
（1／2 cup｜ 180 cal）
（1／2 cup｜ 130 cal）

2，000 calories a day is used for general nutrition advice，but calorie needs vary．Additional nutrition information is available upon request． We can also accommodate gluten－free requests．


## BREAKFAST: BOXES

Breakfast boxes are ideal for informal morning gatherings and are available for pick up or delivery, set up, \& clean up. Each option features a curated selection of the most popular bakery or breakfast sandwich items. High-quality eco-friendly serviceware is included. Plated China service is available at \$4.50/person and includes linens, napkins, and iced water.




## BAKERY BREAKFAST BOX

12 guest minimum | $\$ 12.00$ per guest
Each box includes selection of bakery items, granola bar and choice of yogurt or cage-free hard-boiled egg.

## Includes:

Mixed Fruit Cup oxe (1 cup|35 cal)
A mixture of cantaloupe, honeydew melon, pineapple and red grapes
Choice of one breakfast bread:
Mini Butter Croissant $\mathbf{V}$

$$
\text { (each | } 80 \text { cal) }
$$

Mini Chocolate Croissant ${ }^{\text {V }}$
(each | 100 cal)
Classic Blueberry Muffin ${ }^{\square}$
(each | 170 cal)

## Choice of one granola bar:

Granola Bar $\overline{\text { V }}$ ]

Peanut Butter Granola Bar | Ve |
| :--- |

Oats \& Honey Granola Bar $\mathbb{V}$ :
(each | 90 cal)

Oats \& Honey Granola Bar
(each | 100 cal)

Choice of one:
Chobani Nonfat Vanilla Greek Yogurt $V$
(4 oz. | 80 cal )
Cage-Free Hard-Boiled Eggs
(2 eggs | 160 cal)

## BREAKFAST SANDWICH BOX

12 guest minimum | \$14.00 per guest
Includes seasonal fresh fruit, blueberry muffin and your choice of breakfast sandwich and a cage-free hard-boiled egg or yogurt.

## Includes:

Mixed Fruit Cup OES (1 cup|35 cal)
A mixture of cantaloupe, honeydew melon, pineapple and red grapes
Classic Blueberry Muffin
(each | 170 cal)

## Choice of one breakfast sandwich:

Ham and Gruyere on a Croissant (each | 240 cal)
BLT with Avocado on a Bagel
(each | 310 cal)
Hummus, Lettuce, Avocado, Tomato on a Bagel
(each 230 cal)
Choice of one:
Chobani Non-Fat Vanilla Greek Yogurt $\bar{V}$
(4 oz. | 80 cal )
Cage-Free Hard-Boiled Eggs ${ }^{\text {V }}$
(2 eggs | 160 cal)

## ADD ON BEVERAGES

Bottled Water © \$2.50 each
Bottled Orange Juice \$3.00 each
Bottled Apple Juice 뜬 \$3.00 each
(12 oz. | 0 cal)
(12 oz. | 150 cal )
(12 oz. | 160 cal )

## BREAKFAST：A LA CARTE

These menus are presented buffet style．Services include delivery，set with linens on buffet tables and clean up after your event．For events inside the Alumni Memorial Union（AMU）or Eckstein Hall，china service is included．In all other venues， high－quality eco－friendly serviceware is included．China service is available at \＄4．50／person in those locations．

## BREAKFAST BAKERY

2 dozen minimum per selection
A variety of mini and regular baked goods sold by the dozen．

| Muffins V \＄12．50 per dozen | （1 each｜160－230 cal） |
| :---: | :---: |
| Mini Danish V \＄11．00 per dozen | （1 each｜130－170 cal） |
| Mini Croissants ${ }^{\text {V }}$ \＄12．00 per dozen | （1 each｜80－100 cal） |
| Mini Scones V \＄20．00 per dozen | （1 each｜190－200 cal） |
| Breakfast Breads ${ }^{\text {V }}$ \＄11．50 per dozen | （1 each 250 cal ） |
| Raspberry Coffee Cake v \＄11．50 per dozen | （1 each｜ 120 cal） |
| Glazed Cinnamon Roll | （1 each｜ 130 cal） |

## Choice of flavor for muffin \＆breakfast bread：

Blueberry
Lemon Poppy Seed
Cranberry Orange

## OATMEAL BAR

12 guest minimum｜$\$ 5.00$ per guest
Warm oatmeal served with a variety of toppings and milk．

## Includes：

Steel Cut Oatmeal ower
Brown Sugar ${ }^{\text {Ve }}$
Cinnamon
Walnut Pieces 틀
Seedless Raisins ©
Fresh Blueberries crerf

## Choice of two：

2\％Milk
Whole Milk ${ }^{\mathbf{V}}$
Unsweetened Almond Milk

## YOGURT

\＄2．50 each billed quantity ordered
Assorted Greek \＆Non Fat－Lite Yogurt
（1 each 90 Cal）
（1 tbsp．｜ 10 cal）
（8 oz．｜ 170 cal ）
（1 tbsp．｜ 45 cal ）
（1 tsp．｜5 cal）
（1 tbsp． 50 cal） （1 tbsp．｜ 25 cal）
（1 tbsp． $\mid 5$ cal）
（1 tbsp．｜ 10 cal）
（1 tbsp． 0 cal）

## DONUT HOLES

3 dozen minimum per selection｜\＄9．00 per dozen
Glazed Donut Holes $\mathbf{v}$（6 donut holes｜ 280 cal）
Cinnamon Sugar Donut Holes $\boldsymbol{V} \quad$（6 donut holes $\mid 290$ cal）

## MORNING MOXY

12 guest minimum｜$\$ 12.00$ per guest
Includes coffee \＆hot tea service．Includes condiments．Parfaits served warm．

## Includes：

Seasonal Cubed Fresh Fruit Platter（
A platter of fresh cubed cantaloupe，honeydew melon， pineapple and blueberries
Coffee \＆Tea Hot Service 区e：
（12 oz．｜0－5 cal）

## Choice of two over night oats：

Maple Oats with Spiced Apples（1 mini parfait｜ 100 cal）
Nutella Oats with Banana（1 mini parfait｜ 260 cal）
Carrot Cake Oats ${ }^{\text {V }}$
PB\＆J Overnight Oats
Tropical Overnight Oats 区e］
（1 mini parfait｜ 80 cal ）
（1 mini parfait｜ 110 cal）
（1 mini parfait｜ 80 cal ）

## Choice of two baked goods：

Muffins
Croissants
（each｜160－230 cal）
（each｜ 200 cal）
（each｜130－170 cal）
（each｜ 250 cal）

## Choice of flavor for muffin \＆breakfast bread：

Blueberry
Lemon Poppy Seed
Cranberry Orange

Danish $\mathbf{v}$
Breakfast Breads ${ }^{\text {V }}$

SEASONAL MINI GREEK YOGURT PARFAITS<br>1 dozen minimum per selection |\$4.00 each<br>billed on quantity ordered<br>Banana, Nutella, \& Granola<br>Yogurt Parfait ${ }^{\mathbf{V}}$<br>(1 mini parfait | 100 cal)<br>Tropical Fruit \& Granola<br>Yogurt Parfait $\mathbb{V}$<br>(1 mini parfait | 70 cal)<br>Blueberry, Lemon \& Granola<br>Yogurt Parfait $\mathbf{V}^{\mathbf{V}}$<br>(1 mini parfait | 60 cal)

## BREAKFAST BURRITOS

1 dozen minimum per selection |\$4.75 each

```
Rajas \& Chorizo Breakfast Burrito
Carnitas Verde Breakfast Burrito
Roasted Vegetable Breakfast Burrito \(\mathbb{V}\)
Cage-Free Egg, Cheese \& Potato
Breakfast Burrito \({ }^{\text {V }}\)
(each | 650 cal)
(each 480 cal)
(each | 400 cal)
(each | 470 cal)
```


## EINSTEIN'S BAGELS \& SCHMEARS

1 dozen minimum per selection $\mid \$ 20.00$ per dozen
Select two bagel flavors along with your choice of chef-prepared schmears.

## Choice of two bagels:

Plain Bagel Ve (each | 290 cal)
Whole Wheat Bagel v E
(each | 300 cal)
Cinnamon Raisin Bagel $\mathrm{V}^{\text {E }}$
(each | 290 cal)

## Included:

Cream Cheese
(2 tbsp. | 70 cal)
Choice of two specialty schmear cheeses:

| Everything Schmear ${ }^{\text {v }}$ | (2 tbsp. \| 70 cal) |
| :---: | :---: |
| Lemon Dill Schmear ${ }^{\text {V }}$ | (2 tbsp. \| 50 cal ) |
| Honey Walnut Schmear ${ }^{\text {V }}$ | (2 tbsp. \| 80 cal ) |
| Blueberry Schmear | (2 tbsp. \| 60 cal) |
| Smoked Salmon \& Caper Schmear | (2 tbsp. \| 70 cal ) |
| Furikake Schmear ${ }^{\text {V }}$ | (2 tbsp. \| 60 cal) |
| Cream Cheese | (2 tbsp. \| 70 cal) |

## HOT BREAKFAST SANDWICHES

2 dozen minimum per selection $\mid \$ 5.25$ each
Cage-Free Egg \& Cheese Bagel $\overline{\text { V }} \quad$ (each | 200 cal)
Bacon, Cage-Free Egg \& Cheese Bagel Ham, Cage-Free Egg \& Cheese Bagel Sausage, Cage-Free Egg \& Cheese Bagel
Cage-Free Egg \& Cheese Biscuit ${ }^{\text {V }}$
Bacon, Cage-Free Egg \& Cheese Biscuit
Ham, Cage-Free Egg \& Cheese Biscuit
Sausage, Cage-Free Egg \& Cheese Biscuit
(each | 240 cal)
(each | 230 cal)
(each | 390 cal)
(each | 280 cal)
(each | 310 cal)
(each | 310 cal)
(each $\mid 470$ cal)

## EGG DISHES

25 guest minimum

| Cage-Free Hard-Boiled Eggs V | (each \| 80 cal) |
| :--- | ---: |
| $\$ 13.50$ per dozen |  |
| Vegan Shakshuka |  |
| $\$ 5.50$ per guest | (serving \| 160 cal) |
| Grilled Zucchini, Bacon, Swiss Frittata |  |
| \$5.50 per guest | (serving \| 290 cal) |
| Hash Brown, Mushroom and Spinach |  |
| Quiche $\$ 5.50$ per guest | (serving \| 210 cal) |
| Scrambled Eggs |  |
| $\$ 3.50$ per guest | (serving \| 180 cal) |

## BREAKS：AFTERNOON BREAKS

## ONE HOUR SERVICE

These menus are presented buffet style．Services include delivery，set with linens on buffet tables and clean up after your event．For events inside the Alumni Memorial Union（AMU）or Eckstein Hall，china service is included．In all other venues，high－quality eco－friendly serviceware is included．China service is available at \＄4．50／person in those locations．If guest minimum is not met，＋\＄2．00／person．




| －$=$－ | －$=$ |
| :---: | :---: |
| － | － |
| シージ |  |
| ロージ |  |



## TEA TIME

25 guest minimum | $\$ 9.00$ per guest
Tea Time comes with grissini, candied pecans, brownie bites and a refreshing Arnold Palmer.
Grissini creer
(2 breadsticks $\mid 45$ cal)
A thin crispy breadsticks brushed with olive oil and coarse salt

Candied Cinnamon Pecans
(2 oz. | 160 cal )
Truffled Brownie Bites ${ }^{\square}$
(2 each | 110 cal)
Arnold Palmer (Iced Tea \& Lemonade) (8 oz.| 130 cal )

## DIPS AND CHIPS

25 guest minimum | $\$ 6.00$ per guest
Start with a crudité platter and add your choice of house-made chips and three dips.

## Includes:

Crudité Platter 뜰
(3 oz. | 20 cal)

## Choice of two chips:

House-made Tortilla Chips
Sea Salt Dusted Deli Chips
BBQ Dusted Deli Chips ©e.
Ranch Dusted Deli Chips $\mathbf{V}$
Chipotle Dusted Deli Chips ${ }^{\text {区 }}$
(12 chips | 90 cal)
(2 oz. | 90 cal)
(2 oz. | 90 cal )
(2 oz. | 100 cal )
(2 oz. | 90 cal)

## Choice of two dips:

Dijon Ranch Dip
(2 tbsp. | 190 cal)
Onion Cheese Dip
(2 tbsp. | 70 cal)
Roasted Red Pepper Hummus $\mathbf{V}$.
(2 tbsp. | 60 cal)
Baba Ghanoush 뜰
(2 tbsp. $\mid 30 \mathrm{cal}$ )

## SNACK PACK

25 guest minimum | $\$ 8.00$ per guest
Snack Pack includes whole fruit, packaged snacks, granola bars and beverages.

## Choice of two:

Apple Crex
(each | 90 cal)
Banana crex (each | 140 cal)
Orange owe
(each | 70 cal)

## Choice of four:

Rold Gold Tiny Twist Pretzels 뚤
Potato Chips VEx?
Chef's choice Cookie
Popcorn (Pre-Bag)
Cheez it Originals $\mathbf{V}$
(1 oz. | 110 cal )
(1.5 oz. | 240 cal )
(2 each | 150 cal)
(1.5 oz | 150 cal )
(1.5 oz | 210 cal)

## Choice of two:

Granola Bar $\mathbf{V}$ e
(1 bar $\mid 90 \mathrm{cal}$ )
Peanut Butter Granola Bar $\mathbb{V}$ [
Oats \& Honey Granola Bar ${ }^{\mathbf{V}}$ [
(1 bar | 100 cal)
(1 bar $\mid 90 \mathrm{cal}$ )
Assorted Canned Pepsi Products
Aquafina Bottled Water
(12 oz. | 0-180 cal)
(12 oz. | 0 cal)

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. We can also accommodate gluten-free requests.

## BREAKS: A LA CARTE

## ONE HOUR SERVICE

These menus are presented buffet style. Services include delivery, set with linens on buffet tables and clean up after your event. For events inside the Alumni Memorial Union (AMU) or Eckstein Hall, china service is included. In all other venues, high-quality eco-friendly serviceware is included. China service is available at $\$ 4.50 /$ person in those locations. If guest minimum is not met, $+\$ 2.00 /$ person.



## TOP YOUR OWN DONUT STATION <br> 25 guest minimum｜\＄5．00 per guest

Start with warm donut holes and build your own sweet treat with a choice of syrup and toppings．

## Includes： <br> Donut Holes I

（3 each｜ 120 cal）

## Choice of two：

Honey Dip Doughnut Glaze $\mathbf{V}$ e
Maple Flavored Pancake Syrup $\overline{\text { V }}$
Strawberry Syrup 뜰
Chocolate Syrup $\mathbf{V}$
（1／2 tbsp．｜ 30 cal）
（1／2 tbsp．｜ 25 cal）
（1／2 tbsp．｜ 20 cal）
（1／2 tbsp．｜ 25 cal）

## Choice of four：

Bacon Crumbles
Graham Cracker Crumbs
（1 tsp． 15 cal ）
（1 tsp．｜ 10 cal）
（2 tsp． 5 cal）
（2 tsp． 35 cal ）
（ $1 / 2 \mathrm{tbsp} . \mid 5 \mathrm{cal}$ ）
（1 tsp．｜ 20 cal ）

TOP YOUR OWN CROSTINI BAR
25 guest minimum｜\＄7．00 per guest
Crostini with a selection of 5 toppings．

## Includes：

Grilled Garlic Crostini $\boldsymbol{\square}$（1 slice｜ 80 cal）
Baba Ghanoush 틀
（1 tbsp．｜ 15 cal）
Capers 틀
Hummus تer
（ $1 \mathrm{tsp} . \mid 0 \mathrm{cal}$ ）

Smoked Ham ©
（1 tbsp． 35 cal）

Cage－Free Hard－Boiled Eggs $\mathbf{v}$
（1／4 oz．｜ 30 cal ）

Fresh Radishes orep
（1／2 oz．｜ 20 cal）
（1 tbsp．｜ 0 cal）
Avocado Slices
（1／2 oz．｜ 25 cal ）
Cherry Tomatoes oxer
Crushed Red Pepper Flakes 틀
Everything Bagel Seasoning 区e
Olive Oil 区er
Lemon Wedge crep
（1／2 tomato｜ 0 cal）
（1／2 tsp．｜ 0 cal）
（1／2 tsp．｜ 5 cal）
（ $1 / 2$ tsp．｜ 20 cal）
（1 wedge｜ 0 cal）

Optional protein：
Smoked Salmon Fillet（Lox）\＄5．00 per guest（1／4 oz．｜ 10 cal）

## TOP YOUR OWN POPCORN STATION

25 guest minimum｜$\$ 4.00$ per guest
Popcorn popped with olive oil；topped with your choice of sweet and savory seasonings．

## Includes：

$\begin{array}{lr}\text { Popcorn } & \text {（2 cups } \mid 70 \text { cal }) \\ \text { Olive Oil } & (1 \mathrm{tsp} . \mid 40 \mathrm{cal})\end{array}$
（1 tsp． $\mid 40$ cal）

## Choice of four：

Smoked Paprika 탈
（1／8 tsp．｜ 0 cal）
Tajin Seasoning［E］
（1／8 tsp．｜ 0 cal）
Hot Madras Curry Powder 区e
（1／8 tsp．｜ 0 cal）
Cajun Seasoning
（ $1 / 8 \mathrm{tsp} . \mid 0$ cal）
Caribbean Jerk Seasoning 區
（ $1 / 8$ tsp．｜ 0 cal）
Creamy Buttermilk \＆Herb Dressing Mix $\mathbb{V}$
（1／8 tsp．｜ 0 cal）
Lawry＇s Spicy Buffalo Wing Seasoning Ve（1／8 tsp．｜ 0 cal）
Cheddar Cheese Sauce Mix
（1／8 tsp．｜ 0 cal）
Grated Parmesan Cheese
（ $1 / 8 \mathrm{tsp} . \mid 0 \mathrm{cal}$ ）
Cinnamon \＆Powdered Sugar Topping $\mathbf{V}$
（ $1 / 8$ tsp． 0 cal）

2，000 calories a day is used for general nutrition advice，but calorie needs vary．Additional nutrition information is available upon request． We can also accommodate gluten－free requests．


## BOXED MEALS

Boxed meals are ideal for informal lunch gatherings and are available for pick up or delivery, set up, \& clean up. Each option features a curated selection of the most popular salads or sandwich items. High-quality eco-friendly serviceware is included. Plated China service is available at \$4.50/person and includes linens, napkins, and iced water.

CLASSIC SANDWICH LUNCH BOX 12 guest minimum | \$14.00 per guest
The Classic Lunch Box includes a sandwich or wrap, regular potato chips (1 bag |140-220 cal), an apple cre.
(1 piece | 70 cal), dessert ( $126-230 \mathrm{cal}$ ) and beverage ( $0-250 \mathrm{cal}$ ). Minimum 4 boxes per selection.

## Select up to three sandwiches:

ITALIAN TUNA AND PROVOLONE WRAP (each | 540 cal)
Tuna salad with provolone, pickle chips, banana pepper rings, red onion and Italian dressing
CLASSIC TURKEY CLUB (each | 550 cal)
Smoked turkey with Swiss cheese, bacon, lettuce, tomato and mayonnaise on sourdough bread
GRILLED CHICKEN CAESAR WRAP (each | 560 cal)
Grilled chicken with romaine, parmesan, Caesar dressing and croutons in a hearty grain tortilla
TURKEY, CHEDDAR \& CHIPOTLE MAYO SANDWICH (each | 550 cal)
Turkey, cheddar cheese, lettuce, tomato and chipotle ranch on wheat berry bread
CURRIED CHICKEN SALAD \& ALMOND SANDWICH (each | 510 cal)
Oven roasted diced chicken with curry, apples, almonds, celery, grapes, mayonnaise and lettuce on wheat berry bread
SMOKED HAM, BRIE AND APPLE ON SOURDOUGH (each | 520 cal)
Smoked ham with brie cheese, Granny Smith apple, baby arugula \& Dijonnaise on sourdough bread
VEGETABLE TARRAGON WRAP $\mathbf{v}$ (each | 400 cal)
Grilled zucchini, provolone, baby spinach and roasted red peppers with herb mayonnaise in a hearty grain tortilla
TANDOORI CAULIFLOWER AND PEPPER WRAP © (each \| 300 cal )
Tandoori spiced cauliflower, roasted red pepper mayo, baby spinach and red peppers in a flour tortilla
HUMMUS WRAP WITH ZUCCHINI \& DUKKAH © (each | 330 cal)
Non GMO tortilla with grilled zucchini, hummus, red pepper, baby spinach, red onion and dukkah seasoning

## Dessert and beverage choices shown on page 15

$\square \square \vec{~} \quad \square \square \square$
$\square \square \square$
$\square \square \square \square \square$
$\square$
$\square$

## SIGNATURE SANDWICH LUNCH BOX <br> 12 guest minimum | $\$ 16.00$ per guest

Includes choice of sandwiches or wraps, apple regular potato chips (1 bag |140-220 cal), dessert (126-230) and beverage (0-250 cal). Minimum 4 boxes per selection.

Select up to three:
HAM \& GRUYERE ON SOURDOUGH (each | 620 cal )
Smoked ham with gruyere cheese, lettuce, tomato and Dijonnaise on sourdough bread
SZECHUAN SALMON WRAP (each | 400 cal$)$
A healthy grain tortilla covered with Szechuan garlic butter filled with flaked salmon and Thai broccoli slaw
MEDITERRANEAN BAGUETTE (each|360 cal)
Roasted eggplant rings with hummus and roasted red peppers on a baguette
ROAST BEEF \& WATERCRESS SANDWICH (each | 420 cal)
Roast beef \& cheddar cheese with horseradish, tomato and watercress on sourdough bread
CITRUS FLANK STEAK \& CHIMICHURRI SANDWICH (each | 660 cal)
Grilled lime marinated flank steak, red onion, lettuce, tomato with chimichurri sauce and mayonnaise on sourdough bread

## Choice of sides for both Classic and Signature Lunch Boxes:

## Choice of one per order:

Chocolate Brownie $\mathbf{V}$
(each | 60 cal)
Chef's Choice Cookie
Blondie Bar ${ }^{\text {V }}$
Rice Krispie Bar
Peanut Butter Chocolate Oreo Brownie $\sqrt{\text { V }}$

> (2 cookies | 310-330 cal)
(each | 60 cal)
(each | 280 cal)
(each | 320 cal)

## Choice of one per box meal:

Aquafina Bottled Water
(12 oz. | 0 cal)
Assorted canned Pepsi products
(12 oz. | 0-150 cal)

## Upgrade to a signature side:

| Quinoa Cucumber Salad VE \$1.99 per guest | (1/2 cup \| 140 cal) |
| :---: | :---: |
| Azifa (Green Lentil Salad) ©[EET \$1.99 per guest | (1/2 cup \| 120 cal) |
| Wild Rice, Quinoa \& Lentil Salad vil \$1.99 per guest | (1/2 cup \| 240 cal) |
| Chickpea Chat Salad \$1.99 per guest | (1/2 cup \| 60 cal) |
| Super Bean Salad Mix 0 V $\$ 1.99$ per guest | (1/2 cup \| 80 cal) |

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. We can also accommodate gluten-free requests.


## BOXED MEALS

## SIGNATURE SALAD LUNCH BOX

12 guest minimum | $\$ 15.00$ per guest
The Signature Salad Lunch Box includes choice of salad, dinner roll © (1 piece | 110 cal), an apple ©eel (1 piece | 80 cal), dessert (126-230) and beverage ( $0-250 \mathrm{cal}$ ). Includes condiments. Minimum 4 boxes per selection.

## Choice up to three salads:

CAESAR SALAD WITH GRILLED STEAK (each | 710 cal)
Romaine lettuce topped with grilled steak, homestyle croutons, shredded parmesan, served with Caesar dressing
CAESAR SALAD WITH GRILLED SHRIMP (each | 650 cal)
Romaine lettuce topped with grilled shrimp, homestyle croutons, shredded parmesan, served with Caesar dressing
GARDEN SALAD WITH GRILLED STEAK (each | 240 cal)
Romaine lettuce and spring mix topped with grilled steak, grape tomatoes, cucumbers and shredded carrots, served with tarragon ranch dressing

GARDEN SALAD WITH GRILLED SHRIMP (each | 190 cal)
Romaine lettuce and spring mix topped with grilled shrimp, grape tomatoes, cucumbers and shredded carrots, served with orange and lime vinaigrette

ASIAN RICE NOODLE SALAD Ve (each | 450 cal)
Rice noodles tossed with carrots, red peppers \& green onions with sesame oil \& soy sauce
BLT SALAD (each | 290 cal)
Iceberg lettuce topped with crispy bacon \& grape tomatoes, served with green goddess dressing
Dessert and beverage choices shown on page 15


## CLASSIC SALAD LUNCH BOXES

12 guest minimum | $\$ 13.00$ per guest
The Salad Lunch Box includes choice of salad, dinner roll (1 piece | 70 cal), an apple (1 piece | 70 cal), dessert (126-230 cal) and drink (0-250 cal). Includes condiments. Minimum 4 boxes per selection.

## Choice up to three salads:

CAESAR SALAD (each \| 510 cal)
Romaine lettuce topped with homestyle croutons, shredded parmesan, served with Caesar dressing
CAESAR SALAD WITH GRILLED CHICKEN (each | 670 cal)
Romaine lettuce topped with grilled chicken, homestyle croutons, shredded parmesan, served with Caesar dressing
CAESAR SALAD WITH PORTOBELLO (each | 660 cal)
Romaine lettuce topped with portobello, homestyle croutons, shredded parmesan, served with Caesar dressing
GARDEN SALAD (each | 35 cal )
Romaine lettuce, ranch dressing and spring mix topped with grape tomatoes, cucumbers and shredded carrots
GARDEN SALAD WITH GRILLED CHICKEN (each | 200 cal)
Romaine lettuce, ranch dressing and spring mix topped with grilled chicken, grape tomatoes, cucumbers and shredded carrots

GARDEN SALAD WITH PORTOBELLO (each | 190 cal)
Romaine lettuce, ranch dressing and spring mix topped with portobello, grape tomatoes, cucumbers and shredded carrots
GREEK SALAD (each | 100 cal)
Romaine lettuce, greek vinaigrette and spring mix topped with grilled chicken, grape tomatoes, cucumbers, shredded carrots and feta cheese

MANDARIN ORANGE SPINACH SALAD (each | 150 cal)
Spinach, balsamic dressing, romaine and red leaf lettuce layered with mandarin oranges, red onion and toasted pepitas
MINDFUL QUINOA SALAD (each 190 cal$)$
Quinoa with tomato, red pepper, hominy, cilantro and sherry vinaigrette over mixed greens
Dessert and beverage choices shown on page 15

# BUFFETS：COLD BUFFETS 

These menus are presented buffet style．Services include delivery，set with linens on buffet tables and clean up after your event．For events inside the Alumni Memorial Union（AMU）or Eckstein Hall，china service is included．In all other venues， high－quality eco－friendly serviceware is included．China service is available at \＄4．50／person in those locations．

If guest minimum is not met，$+\$ 2.00 /$ person．

## JR．EXECUTIVE BUFFET

25 guest minimum｜$\$ 18.00$ per guest
Our Junior Executive Buffet includes choice of mini sandwiches，side salad，dinner roll with butter，fruit tray，dessert and selection of cold beverages．

## Includes：

Seasonal Cubed Fresh Fruit © A platter of fresh cubed cantaloupe， honeydew melon，pineapple and blueberries

Assorted House Baked Dinner Rolls with Butter ${ }^{\circ}$
（1 roll｜ 150 cal）

## Choice of three：

Classic Turkey Club Slider（each｜ 270 cal）
Turkey，Cheddar \＆Chipotle Mayo Slider Grilled Chicken Caesar Wrap Grilled Chicken \＆Gruyere Slider Bacon，Lettuce \＆Tomato Slider Smoked Ham，Brie \＆Apple Slider Ham \＆Gruyere Slider Lemon Basil Roasted Vegetable Slider $\boldsymbol{\nabla}$ Tandoori Cauliflower \＆Pepper Wrap ©we． Hummus Wrap with
Zucchini \＆Dukkah 틀
（each｜ 170 cal）
（each｜ 260 cal）
（each｜ 280 cal）
（each｜ 260 cal）
（each｜ 250 cal）
（each｜ 300 cal）
（each｜ 270 cal）
（each｜ 290 cal）
（each｜ 150 cal）

## Choice of one salad：

Classic Caesar Salad
（1 cup｜ 180 cal）
Garden Salad served
with ranch dressing（1 cup｜ 10 cal ）
Greek Salad（1 cup｜20 cal）

## Choice of two desserts：

Rice Krispie Bar
Chef＇s Choice Cookie
Chocolate Brownie $\mathbf{V}$
Blondie Bar
Lemon Bar ${ }^{\text {V }}$
（each｜ 70 cal）

## Choice of two beverages：

Brewed Iced Tea［区्य］（8 oz． $\mid 0 \mathrm{cal}$ ）
Sweet Tea Vil（8 oz．｜15 cal）
Lemonade V （ $8 \mathrm{oz} . \mid 15 \mathrm{cal}$ ）
Orange Infused Water（区e．
Cucumber Mint Infused Water 区e］
（8 oz．｜ 0 cal）
（8 oz．｜ 0 cal）

## UPGRADE YOUR SANDWICH：

\＄2．50 per guest／selection
Flank，Cheddar \＆Chipotle Mayo Slider（each｜ 300 cal）
Roast Beef，Gruyere \＆Arugula Slider Lemon Chive Shrimp Salad Slider
Italian Tuna \＆Provolone
（each｜ 230 cal）
（each｜ 190 cal）
（each｜ 270 cal）


## EXECUTIVE BUFFET

25 guest minimum | $\$ 20.00$ per guest
Our Executive Buffet includes choice of mini sandwiches, side salad, dinner rolls with butter, seasonal fresh fruit tray, bean and grain salad, ambient vegetable platter and selection of cold beverages.

## Includes:

Seasonal Cubed Fresh Fruit
(3 oz. | 35 cal )
A platter of fresh cubed cantaloupe, honeydew melon, pineapple and blueberries

Assorted House Baked Dinner Rolls
with Butter ${ }^{\circ}$
(each | 110 cal)

## Choice of three:

Classic Turkey Club Slider
Turkey, Cheddar \& Chipotle Mayo Slider
Grilled Chicken Caesar Wrap
Grilled Chicken \& Gruyere Slider
Bacon, Lettuce \& Tomato Slider
Smoked Ham, Brie \& Apple Slider
Ham \& Gruyere Slider
Lemon Basil Roasted Vegetable Slider $\boldsymbol{\nabla}$
Tandoori Cauliflower \& Pepper Wrap ere
Hummus Wrap with Zucchini \& Dukkah (each | 170 cal)

## UPGRADE YOUR SANDWICH:

$\$ 2.50$ per guest
Flank, Cheddar \& Chipotle Mayo Slider Roast Beef, Gruyere \& Arugula Slider Lemon Chive Shrimp Salad Slider © Italian Tuna \& Provolone
(each | 300 cal ) (each | 230 cal) (each | 190 cal) (each | 270 cal)

## Choice of one salad:

Classic Caesar Salad
Garden Salad served
with ranch dressing [区.]
Greek Salad $\mathbf{v}$
Asian Rice Noodle Salad Eere
Mandarin Orange Spinach Salad $\mathbf{V}$
(1 cup | 180 cal)
(1 cup | 10 cal) (1 cup | 20 cal)
(1 cup | 220 cal) (1 cup | 70 cal)

## ADD A PROTEIN TO YOUR SALAD:

Grilled Chicken Breast $\$ 3.50$ per guest ( $1 / 4$ cup | 80 cal)
Grilled Shrimp $\$ 4.50$ per guest (4 shrimp | 120 cal)
Grilled Flank Steak $\$ 4.50$ per guest $\quad(1 / 4$ cup | 100 cal)
Balsamic Marinated Portobello
Mushrooms $\$ 3.50$ per guest ( $1 / 4$ cup $\mid 80$ cal)

## Choice of one bean and grain salad:

Quinoa Cucumber Salad ©V
(1/2 cup | 140 cal)
Azifa (Green Lentil Salad)
(1/2 cup | 120 cal)
Southwestern Wheat Berry Salad ©VE
( $1 / 2$ cup | 90 cal)
Lemony Chickpea Salad creal
( $1 / 2$ cup | 100 cal)
Super Bean Salad Mix ©V
( $1 / 2$ cup | 80 cal)

## Choice of one vegetable:

Grilled Fresh Asparagus CWE
(4 spears | 15 cal)
Zucchini, Hazelnuts \& Parmesan Salad $\overline{\text { V }}$ (4 oz. | 140 cal)
Marinated Roasted Red Peppers [e]
(4 oz. | 150 cal )
Roasted Red Potatoes with Cider Vinaigrette
(4 oz. | 170 cal)

## Choice of two desserts:

Rice Krispie Bar
(each | 70 cal)
Chef's Choice Cookie ( 2 cookies | 150-160 cal)
Fabulous Chocolate Chunk Brownie $\mathbf{V}$ (each | 60 cal)
Blondie Bar
(each 60 cal )
Lemon Bar ${ }^{\text {V }}$
(1 piece 80 cal)

## Choice of two beverages:

Brewed Iced Tea
Sweet Tea
Lemonade
Orange Infused Water 区ex
Cucumber Mint Infused Water ©er
(8 oz. 10 cal)
(8 oz. | 15 cal )
(8 oz. 15 cal )
(8 oz. 0 cal)
(8 oz. $\mid 0 \mathrm{cal}$ )

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. We can also accommodate gluten-free requests.


## BUFFETS: HOT BUFFETS

## ADD ONS

These menus are presented buffet style. Services include delivery, set with linens on buffet tables and clean up after your event. For events inside the Alumni Memorial Union (AMU) or Eckstein Hall, china service is included. In all other venues, high-quality eco-friendly serviceware is included. China service is available at \$4.50/person in those locations. If guest minimum is not met, +\$2.00/person.

## BUFFET ADD ONS

Give your guests something extra special to enjoy with their hot buffet selection by adding on one or more of our add ons.

## BEAN AND GRAIN SALAD:

$\$ 2.50$ per guest
Quinoa Cucumber Salad $\mathbf{v}$ ( $1 / 2$ cup | 190 cal)
Azifa (Green Lentil Salad) ow
(1/2 cup | 120 cal)
Lemony Chickpea Salad creal
(1/2 cup | 100 cal)
Chickpea Chat Salad orea
( $1 / 2$ cup | 60 cal)
Super Bean Salad Mix $\quad$ vic
( $1 / 2$ cup | cal 80)
Black Bean, Corn \& Jicama Salad ©ke
(1/2 cup | cal 90)

Additional Entree (per guest attendance)
Poultry Entree \$7.00 per guest
Vegetarian Entree $\$ 6.50$ per guest
Pork Entree \$7.00 per guest
Beef/Lamb Entree $\$ 11.00$ per guest
Seafood Entree \$11.00 per guest

## HOT BUFFET

25 guest minimum
Design the perfect buffet with your choice of salad, entrée, side dishes, dessert, rolls and beverages.

## Includes:

Assorted House Baked Dinner Rolls with Butter
(1 roll|110 cal)

## Choice of one entrée:

POULTRY \$22.00 per guest
Cajun Chicken Breast ${ }^{\circ}$
Buttermilk Fried Chicken Thigh
Lemon \& Thyme Seared Chicken Breast (1 breast 260 cal)
Piri Piri Chicken
(4 oz. | 250 cal)

VEGETARIAN \& VEGAN \$22.00 per guest
Roasted Root Vegetable Tagine [E]
Almond Butter, Spelt \& Mushroom
Risotto
Crabless Crab Cake ${ }^{\text {V }}$
(1/2 cup | 90 cal)
(1 bowl | 260 cal)
(1 cake | 350 )
PORK $\$ 22.00$ per guest
Honey \& Five Spice Pork Loin (4 oz. | 280 cal)
Spring Herb \& Dijon Pork Tenderloin $<$
(4 oz. 160 cal )
(4 oz. 280 cal)
Cuban Mojo Pork
BEEF \$28.00 per guest
BBQ Rubbed Eye of Round
BBQ Beef Brisket
Braised Beef Short Ribs
(4 oz. | 240 cal)
(4 oz. | 240 cal )
(4 oz. | 330 cal )

SEAFOOD \$28.00 per guest
Parmesan Tilapia with Red Pepper Sauce (1 fillet | 230 cal)
Citrus \& Herb Crusted Wild Salmon
(1 fillet | 170 cal)
Shrimp \& Grits
(1 entrée | 590 cal)

## Choice of one salad:

Herbed Salad Greens 탈
Classic Caesar Salad
(1 cup | 10 cal)
(1 cup | 180 cal)
Garden Salad cree
(1 cup | 10 cal)
Greek Salad ©v
(1 cup 20 cal)

## Choice of one side:

Simply Steamed Brown Rice (1/2 cup | 180 cal)
Steamed Basmati Rice crea
Herbed Roasted Potato Wedges cre. (4 oz.|100 cal)
Simply Roasted Red Bliss Potatoes (1/2 cup | 130 cal)
Whipped Fresh Potatoes with Butter $\boldsymbol{V}$ ( $1 / 2$ cup | 80 cal)
Sweet Potato Hash with
Shallots \& Kale ©
(1/2 cup | 110 cal)

## Choice of one vegetable:

Grilled Zucchini with Coriander creal
Simply Sautéed Kale ere.

Charred Tri Color Baby Carrots
Grilled Fresh Asparagus
Braised Collard Greens ome
Charred Brussels Sprouts Cre
Sautéed Green Beans $\boldsymbol{\nabla}$
(4 oz. | 20 cal)
( $1 / 2$ cup | 60 cal)
(4 oz. | 110 cal )
( $1 / 2$ cup | 70 cal)
(5 spears | 20 cal)
( $1 / 2$ cup | 90 cal)
(1/2 cup | 25 cal)
(4 oz. | 60 cal )

## Choice of two desserts:

Seasonal Cubed Fresh Fruit Platter [5]
(3 oz. | 35 cal)
Pecan Pie
(1 slice | 540 cal)
Chocolate Cream Pie $\sqrt{ }$
Double Chocolate Layer Cake
Carrot Cake
Devil's Food Cake
Carrot Cupcake
Confetti Cupcake $\sqrt{\text { V }}$
(1 slice 300 cal)
(1 slice | 410 cal)
(1 piece 230 cal)
(1 piece 70 cal)
(1 cupcake 260 cal)
(1 cupcake 280 cal)
Strawberry Brioche Bread Pudding $\mathbf{V}$ (1 pudding | 150 cal)

## Choice of two beverages:

Brewed Iced Tea
Sweet Tea
(8 oz. | 0 cal)
(8 oz. | 20 cal)
Lemonade
(8 oz. | 70 cal)
Orange Infused Water ©e]
(8 oz. 0 cal)
Cucumber Mint Infused Water TE


## BUFFET TRADITIONS

These menus are presented buffet style. Services include delivery, set with linens on buffet tables and clean up after your event. For events inside the Alumni Memorial Union (AMU) or Eckstein Hall, china service is included. In all other venues, high-quality eco-friendly serviceware is included. China service is available at \$4.50/person in those locations. If guest minimum is not met, +\$2.00/person.

25 guest minimum | $\$ 22.00$ per guest


## Includes:

Assorted House Baked Dinner Rolls with Butter
(1 roll | 110 cal)

## Choice of one entrée:

## POULTRY

Kansas City BBQ Chicken Quarter
Grilled Jerk Chicken Breast ${ }^{\circ}$
Buttermilk Fried Chicken Thigh
Rotisserie Style Chicken with Gravy

## BEEF

Beef Meatloaf
Braised Pot Roast
Chicken Fried Steak with Cream Gravy
Homestyle Meat Lasagna
(each | 430 cal )
(each $\mid 170 \mathrm{cal}$ )
(each | 610 cal )
(each 600 cal )
(4 oz. | 280 cal)
(4 oz. | 450 cal )
(4 oz. | 400 cal )
(each | 350 cal)

## PORK

Baked Ziti with Italian Sausage Chicken \& Andouille Sausage Gumbo
Herb Roasted Pork Loin w/ Pan Gravy
(entrée | 650 cal)
(4 oz. | 170 cal )
(serving | 310 cal)

## SEAFOOD

Beer Battered Fresh Pollock
Grilled Salmon
Flounder Piccata
Crispy Baked Catfish

## VEGETARIAN/VEGAN

Mushroom \& Okra Stew
with Brown Rice
Vegetarian Lentil Shepherd's Pie ©v
(serving | 270 cal)
(serving | 310 cal)

## Choice of one vegetable:

Cubed Roasted Carrots
Sautéed Broccoli \& Garlic ©ME?
Roasted Cauliflower ©V
Braised Collard Greens CWE?
Charred Brussels Sprouts
Roasted Garlic Green Beans Cren
(4 oz. 70 cal$)$
(4 oz. 45 cal)
(4 oz. 70 cal)
(4 oz. 90 cal )
(4 oz. | 25 cal)
(4 oz. | 60 cal )

## Choice of one hot side:

Roasted Rosemary Red Bliss Potatoes (4 oz. | 120 cal)
Garlic Mashed Potatoes V
Macaroni \& Cheese ${ }^{V}$
Au Gratin Potato
Grits with Cheese $\sqrt{\text { V }}$
Steamed Brown Rice
(4 oz. | 170 cal )
(4 oz. | 140 cal )
(4 oz. | 200 cal )
(4 oz. | 200 cal )
(4 oz. | 100 cal )

## Choice of two beverages:

Brewed Iced Tea 뜬
Sweet Tea ${ }^{\text {V }}$ E
Lemonade
Orange Infused Water 区e
Cucumber Mint Infused Water
Honeydew Cucumber Mint Infused Water we
(8 oz. | 0 cal)
(8 oz. | 15 cal )
(8 oz. | 15 cal )
(8 oz. 0 cal)
(8 oz. 0 cal)
(8 oz. 0 cal )

## Choice of one cold side: <br> German Potato Salad (4 oz. | 140 cal) <br> Country Potato Salad $\overline{\text { V }}$ (4 oz. 180 cal) <br> Classic Carolina Cole Slaw V. (4 oz. |160 cal) <br> Classic Macaroni Salad $\overline{\text { V }}$ <br> (4 oz. | 280 cal) <br> (4 oz. | 90 cal) <br> (4 oz. | 190 cal) <br> Choice of one salad: <br> Mandarin Orange Spinach Salad $\bar{V}$ P <br> Classic Caesar Salad <br> Garden Salad cre <br> Greek Salad $\mathbf{V}$ ? <br> BLT Green Goddess Salad <br> (1 cup | 70 cal) <br> (1 cup | 180 cal) (1 cup | 10 cal ) <br> (1 cup | 20 cal ) <br> (1 cup | 130 cal) <br> Choice of one dessert: <br> Dutch Apple Pie $\sqrt{v}$ <br> Pecan Pie <br> Chocolate Cream Pie $\sqrt{ }$ <br> Lemon Meringue Pie v <br> New York Cheesecake $\sqrt{V}$ <br> Double Chocolate Layer Cake <br> Carrot Cupcake ©V <br> 1 slice | 430 cal) <br> Maple, Cinnamon, Chocolate Bread Pudding $\mathbf{V}$ <br> (1 pudding | 360 cal)

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. We can also accommodate gluten-free requests.


## BUFFETS: THEMED BUFFETS


#### Abstract

These menus are presented buffet style. Services include delivery, set with linens on buffet tables and clean up after your event. For events inside the Alumni Memorial Union (AMU) or Eckstein Hall, china service is included. In all other venues, high-quality eco-friendly serviceware is included. China service is available at \$4.50/person in those locations. If guest minimum is not met, $+\$ 2.00 /$ person.


## Choice of two beverages:

Brewed Iced Tea 틀
(8 oz. | 0 cal)
Sweet Tea Vㅡㄹ
(8 oz. | 15 cal )
Lemonade V .
(8 oz. | 15 cal )
Orange Infused Water 톨
(8 oz. 0 cal)
Cucumber Mint Infused Water 区e]
(8 oz. | 0 cal)

## PLANT-BASED MEXICAN

25 guest minimum | $\$ 23.50$ per guest
Take a trip south of the border with plant-based salads, sides, entrée, dessert and condiments.

Vegetable \& Black Bean
Quesadilla ${ }^{\text {led }}$
(1 quesadilla | 500 cal)
Roasted Chili \& Sweet Corn Tamale $\mathbf{v}$ ( 2 tamale | 90 cal)

Spanish Rice ${ }^{\text {V }}$
Baja Black Beans ©VI
Tri-Color Corn Tortilla Chips
Pico De Gallo 툴
Western Style Guacamole [e]
Mexican Chocolate Chile Cookie V
( $1 / 2$ cup | 90 cal)
( $1 / 2$ cup | 100 cal)
( $1 / 2$ cup | 80 cal)
(2 tbsp. 10 cal)
(2 tbsp. | 50 cal )
(1 cookie | 220 cal)

## SOUTHERN ITALIAN

25 guest minimum | $\$ 23.50$ per guest
Buon appetito of Southern Italian sides, salads, entrée, dessert and condiments.

| Orecchiette Puttanesca ©\|\% | (1 cup \| 200 cal) |
| :---: | :---: |
| Calabrian Chile Roasted Chicken | (4 oz. \| 170 cal) |
| Caponata cmea | (3 oz. \| 60 cal ) |
| Cannellini Beans w/Tomato |  |
| \& Rosemary ©V | (1/2 cup \| 80 cal) |
| Fennel, Arugula \& Ricotta Salad | (3 oz. \| 120 cal ) |
| Herb Focaccia Bread 区e] | (1 piece \| 240 cal ) |
| Tiramisu Sweet Shot ${ }^{\text {v }}$ | (each \| 240 cal) |

Calabrian Chile Roasted Chicken (4 oz. |170 cal) Caponata crea
( $1 / 2$ cup | 80 cal) (3 oz. | 120 cal ) (1 piece 240 cal ) (each | 240 cal)


## INDIAN

25 guest minimum | $\$ 23.50$ per guest
Traditional Indian buffet with sides, entrée, dessert and condiments.

Chicken Tikka Masala
Madras Cabbage \& Peas $\mathbf{\nabla}$
Alu Gobi Matar ${ }^{\text {V }}$
Dal Tarka
Pulao Rice
Vegetable Pakora
Naan Dippers
Cilantro Chutney
Mango \& Passion Fruit Fool Sweet Shot ©V
(1 cup | 390 cal)
(1 cup | 140 cal)
( $1 / 2$ cup | 100 cal)
( $1 / 2$ cup | 130 cal)
( $1 / 2$ cup | 130 cal)
(1 pakora 50 cal)
(2 dippers 60 cal )
(1 tbsp. | 35 cal )
(each | 60 cal)

## SOUTHERN BBO

25 guest minimum | $\$ 23.50$ per guest
Celebrate the south with BBQ, comforting sides, salad, entree, dessert and condiments.

Pulled BBQ Chicken
Cattleman's BBQ Sauce ve
Baked Beans
Carolina Slaw ove
Country-Style Potato Salad
Cornbread V
Chocolate Brownie $\mathbf{V}$
(3 oz. | 140 cal )
(2 tbsp. | 50 cal ) ( $1 / 2$ cup | 160 cal)
( $1 / 2$ cup | 30 cal) ( $1 / 2$ cup | 190 cal) (1 piece $\mid 200$ cal)
(1 piece 60 cal)

## TEX MEX

25 guest minimum | $\$ 23.50$ per guest
Tex Mex tacos with sides, dessert and condiments.

|  | (2 tortillas \| 180 cal ) |
| :---: | :---: |
| 6 " White Corn Table Tortillas | (2 tortillas \| 110 cal ) |
| Beef Taco Meat | (3 oz. \| 160 cal ) |
| Cumin Grilled Chicken ${ }^{\text {c }}$ | (3 oz. \| 150 cal ) |
| Spanish Rice ${ }^{\text {V }}$ | (1/4 cup \| 90 cal) |
| Tex Mex Veggies emer | (1/2 cup \| 80 cal) |
| Shredded Lettuce [E] | (1/4 cup \| 0 cal) |
| Fresh White Onions crel | (1 tbsp. \| 15 cal ) |
| Pico De Gallo [e] | (2 tbsp. \| 5 cal) |
| Sour Cream ${ }^{\text {V }}$ | (2 tbsp. \| 60 cal) |
| Shredded Cheddar Cheese ${ }^{\text {V }}$ | (2 tbsp. 60 cal) |
| Western Style Guacamole [E] | (2 tbsp. \| 50 cal) |
| Cubed Jalapeno Peppers [区] | (2 tbsp. 0 cal) |
| Mexican Chocolate Chile Cookie | ( 2 cookies $\mid 220$ cal) |

6" Pressed Flour Tortillas 뜰
(2 tortillas | 180 cal)
6" White Corn Table Tortillas creer
Beef Taco Meat
Cumin Grilled Chicken $<$
Spanish Rice $\mathbf{V}$
Tex Mex Veggies
(1/2 cup | 80 cal)
( $1 / 4$ cup | 0 cal)
Fresh White Onions exere
(1 tbsp. | 15 cal)
(2 tbsp. | 5 cal)
Sour Cream $\begin{aligned} & \text { V }\end{aligned}$
Shredded Cheddar Cheese ${ }^{\nabla}$
Western Style Guacamole
Mexican Chocolate Chile Cookie $\mathbf{V}$
( 2 cookies $\mid 220$ cal)

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. We can also accommodate gluten-free requests.



## PLATED MEALS

Plated meals offer an elegant option to welcome guests and celebrate important milestones. Entrées are paired with sides, chef-selected sauces, and water. Select the perfect soup or salad and dessert for your guests. Service includes wait staff, linen on guest tables, set up, and clean up. For events inside the Alumni Memorial Union (AMU) or Eckstein Hall, china service is included. In all other venues, high-quality eco-friendly serviceware is included. China service is available at \$4.50/person in those locations. Substitutions for side dishes are not allowed.


2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. We can also accommodate gluten-free requests.


## Includes:

Assorted House Baked Dinner Rolls
with Butter © (1 roll|150 cal)
Coffee \& Hot Tea Service [⿶凵?
(12 oz. |0-5 cal)

## Choice of:

Brewed Iced Tea
(8 oz. | 0 cal)
Sweet Tea 맘
(8 oz. | 15 cal )

## Choice of one salad:

SALAD SERVED
Traditional Caesar Salad with Caesar Dressing
Traditional Garden Salad with Ranch Dressing we.
Romaine Wedge Salad with Blue Cheese Dressing $\bar{v}$
Baby Kale, Red Onion \& Fennel Salad with Green Goddess Dressing
Green Goddess BLT Salad
Mixed Italian Salad with Italian Vinaigrette 뜨
Baby Kale Salad with Champagne Vinaigrette wel

```
(1 salad \(\mid 350\) cal)
(1 salad | 25 cal)
(1 salad \(\mid 270\) cal)
(1 salad 160 cal)
( 1 salad \(\mid 150\) cal)
(1 salad | 300 cal)
(1 cup | 70 cal)
```

Choice of one dessert:
Southern Pecan Pie $\sqrt{\text { V }}$
Iced Carrot Cake
Double Chocolate Cake $\mathbf{V}$
Crème Brûlée ${ }^{\mathbf{v}}$
Crema Catalan Brûlée
Fresh Fruit Tart ${ }^{\text {V }}$
Tropical Mojito Fruit Salad
Mango \& Passion Fruit Fool Parfait ©v
Toasted Angel Food Cake with Strawberries $<\bar{V}$
Chocolate Fudge Cake
(1 slice | 520 cal)
( 1 slice $\mid 520$ cal)
( 1 slice $\mid 460$ cal)
( 1 slice $\mid 410$ cal)
( 1 slice $\mid 590$ cal)
( 1 slice $\mid 610$ cal)
( 1 slice $\mid 280$ cal)
( 1 serving $\mid 70$ cal)
( 1 mini parfait $\mid 110$ cal)
( 1 dessert cup $\mid 350$ cal)
( 1 slice $\mid 400$ cal)


## PLATED MEALS, CONTINUED

## POULTRY

CLASSIC ROASTED TURKEY BREAST \$23.00 per guest
(1 entrée | 120 cal)
Lean and juicy breast of turkey, roasted with garlic, pepper and salt and topped with Creamy Mushroom Sauce. Served with sautéed haricot verts and smashed sweet potatoes.
CALABRIAN CHILE ROASTED CHICKEN \$28.00 per guest
(1 entrée | 380 cal)
Roasted chicken breast with grilled lemon and Calabrian chile vinaigrette.
Served with charred broccoli rabe and creamy polenta seasoned with garlic and parmesan.
HOISIN GLAZED CHICKEN \$28.00 per guest
(1 entrée | 370 cal)
Seared airline chicken breast coated with a spicy hoisin and soy sauce, ginger glaze.
Served with basmati rice and honey glazed carrots.
LEBANESE AIRLINE CHICKEN BREAST \$28.00 per guest
(1 entrée 270 cal)
Grilled airline chicken breast marinated with lemon, olive oil and garlic.
Served with Yukon gold mashed potatoes and garlic asparagus.

## PORK

HONEY \& FIVE SPICE PORK LOIN \$23.00 per guest (1 entrée | 280 cal)
Roasted pork loin coated with honey, soy sauce, sesame oil, fresh garlic, ginger and five spice powder. Served with sesame shiitake bok choy and jasmine steamed rice.
APPLE CIDER GLAZED PORK TENDERLOIN \$23.00 per guest (1 entrée|220 cal) Rosemary, orange and ginger pork tenderloin poached in apple cider broth served with charred Brussels sprouts and smashed sweet potatoes.

COFFEE CRUSTED PORK LOIN \$23.00 per guest
(1 entrée | 290 cal)
Coffee crusted pork tenderloin served with grilled broccolini and whipped sweet potatoes.
Served with cherry red wine demi glaze.


## BEEF/LAMB

LIME MARINATED FLANK STEAK Market Price
(1 entrée 250 cal)
Char-grilled flank steak marinated in lime juice, garlic and fresh cilantro.
Served with coconut jasmine rice and grilled corn succotash.

## DIJON HERB ROASTED LEG OF LAMB Market Price

(1 entrée | 260 cal)
Boneless leg of lamb roasted with Dijon Mustard, garlic, oregano, rosemary and mint.
Served with Provençal roasted vegetables and parsnip whipped potatoes.
BRAISED BEEF SHORT RIBS Market Price
(1 entrée | 330 cal)
Boneless beef short ribs marinated with shallots, carrots, leeks, and a splash of orange juice, braised to perfection. Served with braised kale and roasted sweet and spicy root vegetables.
PEPPERY BEEF TENDERLOIN Market Price
(1 entrée | 330 cal)
Beef tenderloin oven roasted with a coating of cracked black pepper.
Served with dauphinoise potato and green bean almondine.

## SEAFOOD

PAN-SEARED FRESH SCALLOPS \$49.00 per guest
(1 entrée | 130 cal)
Fresh scallops, extra virgin olive oil, kosher salt and black pepper.
Served with sautéed spinach and creamy cauliflower puree.
SIMPLY GRILLED SALMON \$32.00 per guest
(1 entrée 270 cal)
Fresh salmon grilled with only extra virgin olive oil, kosher salt and black pepper.
Served with sesame lemongrass jasmine rice and shitake bok choy.
PARMESAN PANKO CRUSTED TILAPIA \$28.00 per guest
(1 entrée | 170 cal)
Tilapia baked with a parmesan and chili powder panko breadcrumb topping.
Served with sautéed kale and oven-roasted Greek fries.
GRILLED MAHI MAHI \$35.00 per guest
(1 entrée | 100 cal)
Grilled mahi mahi seasoned with kosher salt, black pepper and parsley.
Served with cilantro lime rice and roasted squash and zucchini.

## VEGETARIAN/VEGAN

PENNE PASTA WITH ASPARAGUS \& FONTINA $\$ 24.00$ per guest (1 entrée | 630 cal)
Penne pasta with asparagus, fresh basil and oregano in a fontina cheese cream sauce.
Butternut Squash Quinoa Cakes with Mornay Quinoa cake made with butternut squash, ground flaxseed, kale, gluten free flour \& sage. Served with mornay sauce and grilled fresh asparagus.
ALMOND BUTTER, SPELT \& MUSHROOM RISOTTO \$VE $\$ 24.00$ per guest (1 entrée| 260 cal) Wild mushrooms, creamy almond butter and spelt risotto.

GINGER MISO TOFU $\$ 24.00$ per guest
(1 entrée 310 cal)
Tofu seared with ginger, miso, mirin, green onions and red chile.
Served with sesame lemongrass jasmine rice and grilled broccolini.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. We can also accommodate gluten-free requests.

## PLATTERS, DESSERTS \& SNACKS

A perfect addition to a reception, meeting or luncheon. Selections from these menus are presented buffet style. Services include delivery, linen-draped service tables, service ware, set up and clean up. For events inside the Alumni Memorial Union (AMU) or Eckstein Hall, china service is included. In all other venues, high-quality eco-friendly serviceware is included. China service is available at $\$ 4.50 /$ person in those locations. If guest minimum is not met, $+\$ 2.00 /$ person.

## PLATTERS

FRESH FRUIT CATERING PLATTER (3 oz. | 35 cal )
15 guest minimum | $\$ 4.00$ per guest
A seasonal array of sweet melon, pineapple, oranges, grapes and berries

CRUDITÉ PLATTER (3 oz.|20-160 cal)
15 guest minimum | $\$ 4.00$ per guest
Seasonal vegetable crudité served with dip

## FRUIT \& CHEESE PLATTER

(3 oz. fruit +1 oz. cheese | 140-190 cal)
15 guest minimum | $\$ 5.00$ per guest
Platter heaped with cubed cheeses, cheddar, swiss and provolone, \& an arrangement of fresh cubed melon, berries, and grapes. Served with crisp bread

IMPORTED \& DOMESTIC CHEESE PLATTER (3 oz. | 280 cal)
15 guest minimum | $\$ 6.00$ per guest
Wedges of imported \& domestic cheeses with clusters of grapes and whole wheat crackers

MEZZE $\mathbf{V}$ ( 1 serving | $0-40$ cal) 15 guest minimum | $\$ 9.00$ per guest A Middle Eastern selection of dishes including tabbouleh, hummus, baba ghanoush, cucumbers, plum tomatoes, stuffed grape leaves, olives, feta cheese and pickled red onions. Served with pita bread

CHEESE \& CHARCUTERIE PLATTER (1 serving | 5-180 cal) 15 guest minimum | $\$ 13.50$ per guest
Domestic and imported cheese with cured meats, olives, whole grain mustard, fig spread, grissini and crostini


## DESSERTS

## COOKIES

2 dozen minimum per selection |\$12.00 per dozen
Peanut Butter Cookie $\boldsymbol{\nabla}$
Oatmeal Raisin Cookie ${ }^{\square}$ (1 cookie | 150 cal)
(1 cookie 150 cal)
Butter Sugar Cookies $\boldsymbol{V}$ (1 cookie | 160 cal)
Carnival Cookie
Chocolate Chip Cookies $\boldsymbol{\nabla}$
Double Chocolate Chip Cookies $\boldsymbol{V}$ (1 cookie | 170 cal) (1 cookie | 160 cal) (1 cookie | 160 cal)

## PETITE BROWNIES AND BARS

2 dozen minimum per selection
Blondie Bar $\mathbb{V}$ \$10.00 per dozen
(1 piece 60 cal)
Chocolate Brownie Bar $\mathbf{V} \$ 10.00$ per dozen
(1 piece 60 cal)
Rice Krispie Bar $\$ 10.00$ per dozen (1 piece $\mid 70$ cal)
Lemon Bar $\mathbf{V}$ \$12.00 per dozen (1 piece $\mid 80$ cal)
Totally Oreo Brownie $\$ 12.00$ per dozen (1 piece $\mid 110$ cal)

## CUPCAKES

2 dozen minimum per selection | $\$ 24.00$ per dozen

Carrot Cupcake | (1 cupcake $\mid 260$ cal) |
| :--- |

Yellow Cupcakes with Fudge Icing (1 cupcake | 300 cal)
Red Velvet Cupcakes
(1 cupcake | 310 cal)
Rocky Road Cupcakes
(1 cupcake | 280 cal)

## SHEET CAKE

Your choice of half or whole single-layer sheet cake. If required, enter desired cake message in Special Instructions.
$\$ 37.00$ per single layer, half sheet (serves 32 guests)
$\$ 70.00$ per single layer, whole sheet cake (serves 64 guests)

## Choice of One Cake:

Devil's Food Cake
Yellow Cake
White Cake $\boldsymbol{V}$
(1 piece 150 cal)
(1 piece 130 cal)
(1 piece 130 cal)

## Choice of One Icing:

Fudge Icing $\mathbf{V}$ E
Chocolate Fudge Icing $\mathbf{V}$
White Buttercream Icing $\nabla$
Buttercream Icing ${ }^{\text {V }}$
(2 tbsp. | 130 cal )
(2 tbsp. 120 cal )
(2 tbsp. | 130 cal)
(2 tbsp. | 120 cal)

## SNACKS

TRAIL MIX
(1 oz. | 150 cal)
$\$ 17.00$ per pound
MIXED NUTS
(1 oz. | 170 cal)
Includes peanuts
$\$ 20.00$ per pound
CANDIED CINNAMON PECANS :
(1 oz. | 160 cal)
\$17.00 per pound

## SPICED WALNUTS $\begin{aligned} & \text { V }\end{aligned}$

(1 oz. | 170 cal)
\$17.00 per pound

## GRANOLA BARS

1 dozen minimum |\$2.00 each
To be billed based on consumption
Granola Bar ${ }^{\text {V }}$ E
Peanut Butter Granola Bar $\mathbb{V}$
Oats \& Honey Granola Bar $\mathbf{V}$
(1 bar | 90 cal)
(1 bar $\mid 100$ cal)
(1 bar | 90 cal)

## FRUIT

12 guest minimum
To be billed on quantity ordered
Mixed Fruit Cup $\$ 3.50$ per guest (each $\mid 35 \mathrm{cal})$
Apples \$we $\$ 2.00$ each
Bananas \$2.00 each
Orange \$2.00 each
Fresh Whole
Strawberries (3 oz. 125 cal )
Grapes \$2.00 per guest
(3 oz. | 60 cal ) (each | 90 cal) (each | 140 cal) (each | 70 cal)

## CHIPS \& PRETZELS

1 dozen minimum |\$2.00 each
To be billed on quantity consumed
Assorted Bagged Chips
Rold Gold Tiny Twist Pretzels [区]
Potato Chips [区i]
Assorted Sunchips VE
Gardettos \$12.00 per pound
(1 bag | 190-230 cal)
(1 bag | 110 cal)
(1 bag | 140 cal )
(1 bag | 210 cal)
( $1.75 \mathrm{oz} \mid 240 \mathrm{cal}$ )

Popcorn (prebag) 1.5 oz $\$ 2.75$ per bag
( $1.5 \mathrm{oz} \mid 150 \mathrm{cal}$ )


## CHEF ATTENDED CARVING STATIONS ADD ONS

Chef Attended stations give your guests something extra special to enjoy at your event. These stations require an attendant; our team will reach out to you to discuss. Carving Stations are prepared for a minimum of 25 guests. Station chef labor is charged at a rate of $\$ 38.00 / \mathrm{hr}$ for a minimum of 1 hour. If guest minimum is not met, $+\$ 2.00 /$ person.



## THE CARVERY: BEEF CARVING STATION

Beef carved to order by one of our chefs. Accompanied by roasted potatoes, green beans almandine, Caesar salad and dinner rolls with butter. Includes horseradish mayonnaise and whole grain mustard.

Roasted Rosemary Red Bliss Potatoes
Fresh Green Beans Almandine CEET
Classic Caesar Salad
White Dinner Rolls ©
Au Jus
Horseradish Mayonnaise
Whole Grain Mustard Ee]
(4 oz. | 120 cal )
(5 oz. | 60 cal )
( $1 / 2$ cup | 90 cal)
(1 roll| 80 cal )
(2 tbsp. 0 cal)
(1 tbsp. | 80 cal)
(1 tbsp. | 20 cal)

## Choice of One Beef Selection:

Beef Tenderloin with Herb Crust
(3 oz. | 240 cal) Market Price
Roasted Strip Loin
(3 oz. | 220 cal) Market Price

## THE CARVERY: PORK CARVING STATION s12.0o perguest

BBQ Pork Loin with Texas Smokehouse BBQ sauce, carved to order by one of our chefs. Accompanied by baked beans, country-style potato salad, classic Carolina slaw, Greek salad and dinner rolls with butter.

BBQ Pork Loin
Baked Beans
Country-Style Potato Salad $\sqrt{ }$
Classic Carolina Cole Slaw $\mathbb{V}$
Greek Salad ${ }^{\text {V }}$
White Dinner Rolls ©VI
Texas Smokehouse BBQ Sauce
(3 oz. | 230 cal)
( $1 / 2$ cup | 160 cal)
(1/2 cup | 190 cal)
(1/2 cup | 160 cal)
( $1 / 2$ cup | 10 cal)
(1 roll| 80 cal )
(2 tbsp. | 20 cal)

## THE CARVERY: TURKEY CARVING STATION Market Price

Roasted turkey breast, carved to order by one of our chefs. Served with gravy, chutney, whipped sweet potatoes, braised collard greens and dinner rolls.

Roasted Turkey Breast © Whipped Sweet Potatoes $\mathbf{V}$<br>Braised Collard Greens<br>Cranberry Chutney<br>White Dinner Rolls ©VI<br>Whole Grain Mustard E]<br>Turkey Gravy

(3 oz. | 90 cal)
(1/2 cup | 150 cal)
( $1 / 2$ cup | 90 cal)
(1 tbsp. | 20 cal)
(1 roll| 80 cal )
(1 tbsp. | 20 cal)
(2 tbsp. | 10 cal)

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. We can also accommodate gluten-free requests.


# CHEF ATTENDED SPECIALTY STATIONS ADD ONS 

Specialty Stations are available as an Add On service when other selections are ordered (buffets, carving stations or hors d'oeuvres). Chef will prepare Tapas style creations for the guest
These stations require an attendant and our team will reach out to you to discuss. A \$38.00 per hour fee will be charged for the chef's labor. If guest minimum is not met, $+\$ 2.00 /$ person.


[^0]


## CHEF ATTENDED SPECIALTY STATIONS ADD ONS

Specialty Stations are available as an Add On service when other selections are ordered (buffets, carving stations or hors d'oeuvres). Chef will prepare Tapas style creations for the guest.

## STUFFED PASTAS

50 guest minimum | $\$ 12.00$ per guest
Combining stuffed pastas with fresh ingredients and choice of sauce.

## Included:

Roasted Wild Mushrooms ©एER
(1 oz. | 10 cal)
Grissini ©V
(1 breadstick $\mid 45$ cal)
Baby Spinach orex
Fresh Tomatoes ©TE?
Parmesan Toasted Bread Crumbs $\mathbf{v}$
Parmesan Cheese $\mathbf{V}$
(1/4 cup | 0 cal)
(2 tbsp.|0 cal)
(1 tbsp.|35 cal)
(1 tbsp. | 10 cal)
Choice of one pasta:
Cheese Tortellini ${ }^{\text {V }}$
(1/2 cup | 150 cal)
Cheese Ravioli
Wild Mushroom Ravioli
(3 ravioli | 90 cal)
Spinach Cheese Ravioli
(3 ravioli | 140 cal)
(3 ravioli | 230 cal)

## Choice of one pasta sauce:

Parmesan Cream Sauce ${ }^{\text {V }}$
(1 oz. | 120 cal)
Basil Marinara Sauce wel
(2 oz. | 10 cal)
Basil Pesto Sauce
(1 tbsp. | 80 cal)

## TACOS

50 guest minimum | $\$ 13.00$ per guest
Shredded Lettuce ore
Fresh White Onions ©
Pico De Gallo [er
Roasted Tomatillo Salsa
Sour Cream
Shredded Cheddar Cheese $\nabla$
Original Mild Guacamole 틀
Cubed Jalapeno Peppers 区e]

## Choice of two fillings:

Beef Taco Meat
Cumin Grilled Chicken
Tex Mex Veggies [区]

## Choice of two tortillas:

6" Pressed Flour Tortillas 툴 (2 tortillas | 180 cal)

Yellow Taco Shell wer
(1/4 cup | 0 cal)
(2 tbsp. | 10 cal)
(2 tbsp.|0 cal)
(2 tbsp. | 10 cal)
(2 tbsp. 60 cal)
(2 tbsp. | 60 cal)
(2 tbsp. | 50 cal)
(2 tbsp.|0 cal)
(3 oz. | 160 cal)
(3 oz. | 150 cal)
(1/4 cup | 80 cal)
(2 tortillas | 110 cal )
( 2 shells $\mid 90$ cal)

## CHEF-MADE CAESAR

50 guest minimum | $\$ 12.00$ per guest
Embrace the origins of the Caesar salad with a Chef tossed to order presentation.

Chopped Romaine Lettuce
Fresh Baby Kale ower
Caesar Salad Dressing
Shredded Parmesan Cheese ${ }^{-1}$
Fried Capers \& Lemon Zest Topping [E]
Cage-Free Hard-boiled Eggs $\mathbf{\nabla}$
Seasoned Homestyle Croutons $\boldsymbol{\nabla}$

## Choice of one protein:

Grilled Chicken Breast ©
$+\$ 6.50$ per guest ( $1 / 4$ cup | 80 cal)
Balsamic Marinated Portobello
Mushrooms

$$
\text { (1/4 up | } 80 \text { cal) }
$$

Grilled Shrimp
+Market Price per guest (2 shrimp | 60 cal)
Grilled Flank Steak
+Market Price per guest
( 2 cups | 15 cal) ( 2 cups | 15 cal)
(1 oz. | 130 cal )
(1/2 tbsp. | 10 cal)
(1/2 tbsp. | 40 cal)
(1/2 tbsp. | 10 cal)
(1/2 oz. | 60 cal)
(1/4 cup | 100 cal)

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. We can also accommodate gluten-free requests.


## HORS D'OEUVRES: A LA CARTE

These menus are presented buffet style. Services include delivery, set with linens on buffet tables and clean up after your event. For events inside the Alumni Memorial Union (AMU) or Eckstein Hall, china service is included. In all other venues, high-quality eco-friendly serviceware is included. China service is available at \$4.50/person in those locations.

## VEGETARIAN/VEGAN

3 dozen minimum per selection

## SICILIAN ARANCINI ${ }^{-}$

\$22.00 per dozen

## VEGETABLE SAMOSAS

\$24.50 per dozen
EDAMAME POTSTICKER ©VE
\$22.00 per dozen
VEGETABLE EGG ROLL
\$36.75 per dozen
TOMATO, VIDALIA ONION \& GOAT CHEESE TART
\$25.00 per dozen
FRIED RAVIOLI GV
\$20.00 per dozen
ALOO TIKKI WITH PEAS Wi
\$20.00 per dozen

COLD HORS D’OEUVRES
3 dozen minimum per selection

## COOL SALMON CANAPES <br> (1 canapé | 60 cal)

\$31.75 per dozen

## CURRIED CHICKEN \& GOLDEN RAISIN

TARTLETS
(1 phyllo cup | 140 cal)
\$32.75 per dozen

## CUCUMBER ROUNDS WITH FETA

\& TOMATO v
(1 piece 40 cal)
\$20.25 per dozen
CARAMELIZED ONION \& WHITE BEAN
CROSTINI V
(1 slice | 120 cal)
\$20.00 per dozen
GOAT CHEESE \& HONEY
PHYLLO CUPS $\mathbf{v}$ (1 phyllo cup| 90 cal)
\$25.00 per dozen
SHRIMP COCKTAIL WITH CAJUN
REMOULADE
(shrimp + sauce | 190 cal)
\$32.75 per dozen

## PREMIUM SELECTIONS

3 dozen minimum per selection
JUMBO LUMP CRAB CAKE (each | 70 cal)
$\$ 40.00$ per dozen
SEAFOOD STUFFED MUSHROOM CAPS (each | 15 cal)
$\$ 40.00$ per dozen


## POULTRY

3 dozen minimum per selection
SANTA FE CHICKEN EGG ROLL served with sweet chili sauce \$27.00 per dozen

## LEMONGRASS CHICKEN

POTSTICKER
(1/2 egg roll | 100 cal)
\$20.00 per dozen
COCONUT CHICKEN SATAY (each $\mid 30 \mathrm{cal})$
\$25.00 per dozen
TERIYAKI CHICKEN POTSTICKER
(1 each 90 cal)
\$20.00 per dozen
CHICKEN DIABLO EMPANADAS SERVED
WITH CHIPOTLE RANCH DIPPING SAUCE ( 1 each | 240 cal)
\$25.00 per dozen
GREEK TURKEY MEATBALL (1 canape | 50 cal)
\$20.00 per dozen

## PORK

3 dozen minimum per selection
BACON WRAPPED DATE (each | 45 cal)
\$22.00 per dozen
BACON, FIG \& SMOKED GOUDA TARTLET (each | 60 cal)
\$20.00 per dozen
SERRANO HAM \& MANCHEGO CHEESE
CROQUETTE
\$20.00 per dozen
BBQ PORK SLIDER
(each $\mid 80 \mathrm{cal}$ )
$\$ 27.00$ per dozen
PROSCIUTTO WRAPPED ASPARAGUS (1 canape | 50 cal)
\$27.00 per dozen
ASIAN STYLE PORK MEATBALL (1 canape \| 45 cal)
\$17.00 per dozen

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. We can also accommodate gluten-free requests.

$\square$ ■■■■■■■

## BEEF

3 dozen minimum per selection

## CENTER CUT FILET OF BEEF CANAPE (1 canape | 50 cal)

\$25.00 per dozen
ASIAN BEEF SATAY (1 satay | 45 cal)
\$22.00 per dozen
CHEESEBURGER SLIDERS (each | 190 cal)
\$27.00 per dozen
BURGER SLIDER (each | 180 cal)
\$27.00 per dozen
BARBEQUE MEATBALLS ( 1 meatball + sauce | 70 cal)
\$17.00 per dozen
CHURRASCO BEEF SATAY (each | 50 cal)
\$25.00 per dozen

## SEAFOOD

3 dozen minimum per selection
CRISPY COCONUT SHRIMP (each | 80 cal)
\$25.00 per dozen
GOCHUJANG TEMPURA SHRIMP (each | 60 cal)
\$22.00 per dozen
MINI TUNA TACO (each | 50 cal)
\$27.00 per dozen
CRAB, ARTICHOKE \& SPINACH TARTLET (each | 50 cal)
\$22.00 per dozen
FRIED LOBSTER MAC \& CHEESE (each | 70 cal)
\$25.00 per dozen

## REFRESH AND REJUVENATE

These menus are presented buffet style. Services include delivery, set with linens on buffet tables and clean up after your event. For events inside the Alumni Memorial Union (AMU) or Eckstein Hall, china service is included. In all other venues, high-quality eco-friendly serviceware is included. China service is available at $\$ 4.50 /$ person in those locations. For events without food inside the AMU or Eckstein Hall, ice water is available at \$1.25/person.





## HOT BEVERAGES

Coffee and Hot Tea Service 區e
\＄3．75 per guest
Brewed Regular Coffee
\＄20．75 per gallon
Brewed Decaffeinated Coffee
\＄20．75 per gallon
Tea Bags with Hot Water 区e
$\$ 15.50$ per gallon
Hot Chocolate Supreme $\mathbf{v}$
$\$ 20.00$ per gallon
Hot Apple Cider 区e
$\$ 21.00$ per gallon
（12 oz．0－5 cal）
（12 oz．｜0－5 cal）
（12 oz．｜0－5 cal）
（12 oz．｜0－5 cal）
（8 oz．｜ 190 cal ）
（8 oz．｜ 120 cal ）

JUICE
Orange Juice［⿶凵？
\＄20．00 per gallon
Cranberry Juice ${ }^{\mathbf{V}}$ ．
\＄20．75 per gallon

## PUNCH

Orange Blossom Punch 튼
$\$ 25.00$ per gallon
White Sparkling Punch ©
\＄25．00 per gallon
Sangria Punch $\overline{\text { VI }}$ e
$\$ 25.00$ per gallon
Party Punch
\＄21．50 per gallon
（8 oz．｜ 170 cal ）
（8 oz．｜ 100 cal ）
（8 oz．｜ 120 cal ）
（8 oz．｜ 80 cal ）
（8 oz．｜ 15 cal）
（8 oz．｜ 25 cal）

## WATER STATION

Ice Water with Lemons or Limes［ix
（8 oz．｜ 0 cal）
$\$ 15.50$ per 3 gallons
Orange Infused Water 区e？
（8 oz．｜ 0 cal）
$\$ 28.00$ per 3 gallons
Cucumber Mint Infused Water 뚤
（8 oz．｜ 0 cal）
$\$ 28.00$ per 3 gallons

## OUTSIDE OF AMU OPTION

Water Ee？
（8 oz．｜ 0 cal）
\＄1．50 per person（Airvoid）

WATER CARAFES SERVICES：

Assorted Juice（Orange \＆Cranberry）（each｜80－170 cal） \＄3．00 each，billed on quantity consumed

Aquafina Bottled Water 12 oz．
\＄2．50 each，billed on quantity consumed
Assorted Canned Pepsi Products（each｜5－160 cal） \＄2．25 each，billed on quantity consumed
\＄1．25 per person

## INDIVIDUAL BEVERAGES

Sparkling Water
\＄3．75 each
（each \｜cal） s1．50 per person（Airvoid）

```
（each \｜ 0 cal）
```


## TEA \＆LEMONADE

Brewed Iced Tea
（8 oz．｜ 0 cal）
$\$ 15.50$ per gallon
Sweet Iced Tea $\mathbf{V}$ ？
（8 oz．｜ 15 cal ）
$\$ 15.50$ per gallon
Country Time Lemonade V ？
$\$ 18.50$ per gallon

## ALCOHOLIC BEVERAGE SERVICES

## CASH BAR SERVICE

Guests pay per beverage with cash at time of event. Cash Bar Sales minimums are applied per two hour minimum consumed, per number of guest. If the minimum is not met, the balance will be billed back to the event host.

HOST BAR SERVICE BY DRINK CONSUMPTION - For External Groups \& Organizations ONLY
Host Bars are billed to the Sponsor of the event per minimum consumed - Minimum charges will be based on number of guests. If the minimum is not met, the balance will be billed back to the event host..

- 1 to 25 Guests - $\$ 300$ first two hour, additional hour $\$ 100$ per hour $+\$ 36$ bartender labor fee per hour
- 26 to 50 Guests - $\$ 400$ first two hour, additional hour $\$ 100$ per hour $+\$ 36$ bartender labor fee per hour
- 51 to 100 Guests - $\$ 700$ first two hour, additional hour $\$ 100$ per hour $+\$ 36$ bartender labor fee per hour
- 101 to 200 Guests - $\$ 1,200$ first two hour, additional hour $\$ 100$ per hour $+\$ 36$ bartender labor fee per hour
- 201 + Guests - \$1,800 first two hour, additional hour \$100 per hour + \$36 bartender labor fee per hour


## UNDER 21 PACKAGE - \$8 per person

Includes Unlimited Pepsi® ${ }^{\oplus}$ Soft Drinks \& Aquafina ${ }^{\oplus}$ Bottled Water.
*Package only available with the purchase of an alcoholic beverage package.
HOST FULL BAR SERVICE BY DRINK CONSUMPTION - For Internal Marquette Groups, Departments, Organizations ONLY
Host Bars are billed to the Sponsor of the event per minimum consumed - Minimum charges will be based on number of guests. If the minimum is not met, the balance will be billed back to the event host.

- 1 to 25 Guests - $\$ 200$ first two hour, additional hour $\$ 100$ per hour $+\$ 36$ bartender labor fee per hour
- 26 to 50 Guests - $\$ 350$ first two hour, additional hour $\$ 100$ per hour $+\$ 36$ bartender labor fee per hour
- 51 to 100 Guests - $\$ 600$ first two hour, additional hour $\$ 100$ per hour $+\$ 36$ bartender labor fee per hour
- 101 to 200 Guests - $\$ 1,000$ first two hour, additional hour $\$ 100$ per hour $+\$ 36$ bartender labor fee per hour
- 201 + Guests - \$1,500 first two hour, additional hour \$100 per hour $+\$ 36$ bartender labor fee per hour

HOST B/W/S BAR SERVICE BY CONSUMPTION - For Internal Marquette Groups, Departments, Organizations ONLY Host Bars are billed to the Sponsor of the event per minimum consumed - Minimum charges will be based on number of guests. If the minimum is not met, the balance will be billed back to the event host.

- 1 to 25 Guests - $\$ 175$ first two hour, additional hour $\$ 100$ per hour $+\$ 36$ bartender labor fee per hour
- 26 to 50 Guests - $\$ 325$ first two hour, additional hour $\$ 100$ per hour + $\$ 36$ bartender labor fee per hour
- 51 to 100 Guests - $\$ 575$ first two hour, additional hour $\$ 100$ per hour $+\$ 36$ bartender labor fee per hour
- 101 to 200 Guests - $\$ 975$ first two hour, additional hour $\$ 100$ per hour $+\$ 36$ bartender labor fee per hour
- 201 + Guests - $\$ 1,450$ first two hour, additional hour $\$ 100$ per hour $+\$ 36$ bartender labor fee per hour


## UNDER 21 PACKAGE - \$8 per person

Includes Unlimited Pepsi® ${ }^{\text {® }}$ Soft Drinks \& Aquafina ${ }^{\circledR}$ Bottled Water.
*Package only available with the purchase of an alcoholic beverage package.
BARTENDER LABOR: $\$ 36$ per bartender, per hour
For a Beer/Wine/Soda Bar Service one bartender is recommended for every 75-100 guests.
For a Full-Service Bar one bartender is recommended for every $50-75$ guests.
We require a two-hour minimum per bartender, which includes set up \& break down with two hours of service. *In order to accommodate day of requests, additional charges may apply in half hour increments; i.e. early opening or late closing requests.

## 



ITEM DESCRIPTION ..... MU 2023
Bartender labor ..... \$36.00
Hosted Domestic Beer ..... \$6.00
Cash Domestic Beer ..... \$6.00
Hosted Import/Craft Beer ..... \$7.00
Cash Import/Craft Beer ..... \$7.00
Hosted House Wine ..... \$7.00
Cash House Wine ..... \$7.00
Cash Top Shelf Liquor ..... $\$ 9.00$
Cocktail (1Mix/1 alcohol shot) ..... \$9.00
Specialty Cocktail ..... Market Price


## PLANNING YOUR EVENT

M City Catering has exceptional culinary skills and extensive capabilities to satisfy a wide range of catering needs. We are passionate about food and dedicated to making sure things are as perfect as possible for your special occasion! Please use this guide to understand processes, procedures and expectations as we work together to achieve a smoothly executed and memorable catered event.

Our experienced event planning specialists are very consultative and will be happy to answer all of your questions and concerns and assist you in planning every detail. We look forward to serving you!

## HOW TO CONTACT US

When you have a catered event in mind, please contact us as soon as possible, even if you are not sure yet of such details as the final guest count or exact location. We can assist with these questions to help plan a truly successful event. Some catering arrangements through M City Catering can be made by phone, email or online; other catering arrangements require an in-person appointment with one of our event coordinators. It's easy to get in touch with us about your catering needs.

## Here are your options:

Alumni Memorial Union, Room 245
URL: https://www.marquette.edu/event-services/
Phone: (414) 288-7202
Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.

## MENU PLANNING AND PRICING

Our menus feature offerings to meet a wide range of preferences and dietary needs, including Sodexo's healthy and award-winning Mindful menus. Please advise the catering coordinator of all dietary restrictions that require accommodation.

Note: M City Catering is not an allergen-free facility; guests with severe allergies should be alerted to maintain safety. Every effort will be made to accommodate all dietary issues while maintaining seamless service.

Prices are subject to change based on meeting guest minimums and product availability. Prices reflect services available during standard business days following the university calendar. Please contact the catering office to price events held on campus holidays and breaks.

We are proud of our stewardship in providing fresh and sustainable offerings, and we purchase seasonal regionally-sourced ingredients whenever possible. Please discuss your menu preferences with our event specialists; a quote will be provided upon request for a chefdesigned menu focusing on local, seasonal ingredients.

## EVENT PLANNING GUIDES

No matter how simple or intricate, every event requires advanced planning and organization. These Guides are intended to serve as a resource to the entire university, providing expertise and guidance in the planning and implementing of events hosted by individual colleges, departments, registered student organizations, alums and the community.

Facility space usage, rates and policies vary depending on your affiliation with Marquette University. Further, the reservation process may differ based on the facility that is being requested. As such, each guide will assist you in the event planning process.

The Alumni Memorial Union Event Services Office are available to provide their expertise and guidance in planning and implementing your event. Our mission is to successfully coordinate your program from the initial concept to the completion of the event in collaboration with our campus partners. We are each committed to providing high-quality customer service through each step of the event planning process.

The following timeline should be used when planning your event with the Alumni Memorial Union Event Services Office:


## CONFIRMATIONS, REVISIONS \& CANCELLATIONS

Confirmations: A catering confirmation is provided upon placing an order. Please review the confirmation for accuracy, including the date, times, menu selections, guest attendance and additional details. Final revisions are due 8 business days prior to the event.

Cancellations: Cancellations are due a minimum of 5 business days prior to the event. Cancellation of custom items may be billed should the expense be incurred.

Weather Cancellations: Please be in touch if a weather event may impact a planned event. If the University closes or delays due to inclement weather, all impacted catering events are automatically canceled. Weather-impacted cancellation of custom items may be billed for expenses incurred.

## PLANNING YOUR EVENT

## GUEST COUNTS \& GUARANTEES

A guest attendance estimate is provided upon booking an event. The guaranteed or final guest count is due 5 working days prior to the event. If no guarantee or final guest count is provided, your estimated attendance becomes your guarantee. Final billing is based on your guarantee or actual guest attendance, whichever is greater.

Last-minute event needs are inevitable, and we make every effort to accommodate your requests. Menus and list pricing are based on minimum guest counts and meeting our planning deadlines. Your final event confirmation will include requested revisions, and pricing may be updated to accommodate your needs.

## EVENT PAYMENT

Payment must be received prior to the execution of your catered event. For non-university events, the AMU and facilities policy requires a $75 \%$ deposit for all services within 10 business days of the receipt of your event order confirmation. Accepted forms of payment include Visa, MasterCard, Discover, American Express, check and University Budget Account Number. Please note that the estimated total cost of the event will be due seven business days prior to the date of your event.

A final invoice will be sent following your event with the remaining associated cost. If your group is NOT Marquette university: You are subject to a gratuity of $18 \%$ administrative fee and Wisconsin Sales Tax for all catered events. If you are a tax-exempt organization: Please submit a copy of your tax exemption certificate prior to the date of your event. An $18 \%$ catering service fee is charged to all off-campus groups.

## SERVICE STAFF

Catering staff will be provided for all served meals and some buffets to ensure that your event is a success. Continental breakfast, breaks and receptions are priced for self-service. Buffet-style functions are staffed with one attendant for every 25 guests. Prices for served meals include service staff.

## THE CHARGE FOR EACH STAFF MEMBER IS:

| Attendants/Waitstaff | \$25.00 per waitstaff (minimum 4 hours) |
| :---: | :---: |
| Station Chefs ............ | .. \$38.00 per chef (minimum 4 hours) |
| Bartenders ... | .. \$36.00 per bartender (minimum 4 hours) |

## CATERING EOUIPMENT

As the host of the catered event, you are responsible for the equipment we have provided for the service of your catered event. The cost to replace any missing or damaged catering equipment or supplies will be charged to your account. For events with a high guest count, specialty equipment may need to be rented at an additional charge.


## CHINA SERVICEWARE

We provide china service for catering events inside the Alumni Memorial Union and Eckstein Hall. For events outside of the AMU we provide high-quality, eco-friendly plastic ware. Fees below are incurred for catering events outside of the AMU, per service.

```
Full Meal China, Glassware and Silverware
```

$\qquad$

``` \(\$ 4.50\) per guest
(This option does not include bar glass service)
Coffee or Beverage China Service \$2.75 per guest
Full Bar Glass Service
``` \(\qquad\)
``` \$2.75 per guest
```


## LINENS

Our signature service includes complimentary linens for all food service tables. If you would like linen to be placed on guest tables for receptions, breaks, meetings, tables and boxed lunches, there will be a fee for each tablecloth.

Floor-length linens for 6 -foot tables are also available. The same applies to registration tables, name tags, head tables and any additional table that will not be directly used for set up. Please speak with your event coordinator about color schemes for your event.

Specialty linens are available upon request for an additional charge. All linen rentals are to be utilized with food and beverage provided by the department. Note: Linens on guest tables are included for plated meals.

## House Linens:

```
52x52 Tablecloth ......................................................... $1.50
52x114 Tablecloth ....................................................... $5.00
90x90 Tablecloth ......................................................... $5.50
90x132 Tablecloth ........................................................ $14.75
Napkin.............................................................................00
Candle Votives.................................................................
Place Settings (Buffet)................................................. $1.25 per person
Chair ties labor ............................................................$1.25 each
```


## BAR SERVICES

It is the policy of Marquette University that no alcoholic beverages are brought onto the premises for consumption without written permission. All beverages are to remain within the facility. Beverages not consumed will remain the property of Marquette University and Sodexo in accordance with the laws of the State of Wisconsin.

Marquette University has license to serve alcohol at the following campus facilities:

1. Haggerty Art Museum: Covers the south side of Wisconsin Avenue; academic buildings from 11th Street to 16th Street.
2. Alumni Memorial Union: Covers the AMU facilities, including Ray \& Kay Eckstein Common and West Town Square.
3. Union Sports Annex

Buildings not covered under the licenses will require a City of Milwaukee permit. Your event coordinator will assist with facilitating this process. Please allow three weeks' advanced notice.

## CAMPUS FOOD PROVIDER GUIDELINES

Please visit us at https://www.marquette.edu/event-services/catering.php

틀

■－

$\ldots$
$\ldots$


[^0]:    ■■■■■■
    ■■■■■■
    ■■■■■■

