

# VOLUNTEER-BASED UNIVERSITY MODEL FOR RESPITE CARE

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## Background

- Respite care provides family caregivers with a much-needed break from the demands of family caregiving
- Respite needs are largely unmet
- Engaging students in respite is one way of increasing access to respite while providing students with a great learning experience

## What is the toolkit?

- The Student Respite Toolkit is a FREE online resource that provides comprehensive, step-by-step guidance to academic programs on how to establish partnerships with existing respite programs, and develop their own respite programs, that will provide students with unique experiential learning



## Purpose

- The purpose of this project was to create a plan for evaluating the student respite toolkit

## Methods for Toolkit Creation

- Conduct interviews
- Environmental scan of current programs
- Conduct surveys with universities and respite programs
- Literature review

## Toolkit Content:

- Overview of Existing Programs
- Starting a Program
- Logistics
- Budget/Funding
- Recruitment/Marketing
- Training Students
- Liability
- Program Management/Sustainability
- Evaluation

## Proposed Evaluation Plan

- Conduct quantifiable surveys tailored to an individual's experience with the toolkit:
  - Faculty
  - Students
  - Caregivers
  - Respite programs
  - Families
- Track survey dissemination
- Conduct interviews with programs who implement the toolkit



## Anticipated Results

- With the evaluation tools created, we now can adequately evaluate the success of the student respite toolkit
- With the results from the evaluation tools, we can reform aspects that are unsuccessful based on user feedback
- With the proposed dissemination plan, we can advertise the toolkit for greater use

## Discussion/Implications

- The Student Respite Toolkit will help to expand respite opportunities for family caregivers and enhance student learning



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