



BENEFIT NEWS

FALL 2018

NEWS SPOTLIGHT

2019 NEW ONLINE ENROLLMENT TOOL & PROCESS

Annual enrollment for benefits will begin on October 22, 2018 and will run through 4:00 pm on November 9, 2018.

For 2019, Marquette is excited to announce that we will have a new online enrollment tool that will be administered by DirectPath for all benefit elections and life insurance beneficiary information.

This enrollment tool will replace MyJob for annual enrollment and will be used for qualifying life events, and new hire benefit elections.

Marquette University has partnered with DirectPath Benefits Educators to walk you through the changes in your benefits and enroll you in your selections for 2019.

All benefit eligible employees must schedule an appointment with a Benefits Educator to enroll in benefits for 2019 due to MANDATORY re-enrollment in the medical, dental and vision benefits.

This is a one-on-one 30-minute telephonic appointment and any information you provide on the call is completely confidential and secure.

There are two ways to schedule your enrollment appointments now for appointments beginning on October 22, 2018:

- Visit www.marquettebenefitsenrollment.com
- Call 1-877-759-7668 (M-F, 8:00am—5:00pm CST)

Important: Be sure to have your spouse and/or dependent information (Social Security number and date of birth) with you at the time of your enrollment appointment. ***You will not be able to complete your enrollment without this Information.*** You will also need to upload a copy of the birth/adoption and/or marriage certificates for any dependents being enrolled on the Marquette medical, dental or vision Insurance.

After your appointment, you will be able to visit the online enrollment tool to review your benefits and make changes to your selections until 4:00 pm on November 9th.

Look for more information on this process in the 2019 benefit enrollment packet being mailed to your home address listed in MyJob. You should receive this the week of October 15th.



MARQUETTE UNIVERSITY

Human Resources

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QUOTABLE



BENEFIT BREAKDOWN



VIRGIN PULSE—NEW WELLNESS VENDOR

You can access the new wellness portal by registering online at join.virginpulse.com/MarquetteUniversity. Once you have an account, you can access the portal through the [Virgin Pulse website](#) or by downloading the Virgin Pulse app on your smartphone. Through Virgin Pulse, you can access programs through Marquette Wellness, engage in and track wellness activities. This is also where you go to complete your online health assessment.

The portal is open to all Marquette University employees and spouses of employees, regardless of health plan status and Marquette is offering fun rewards for everyone just for participating. However, you must be enrolled in one of the Marquette medical plans to receive the Marquette HRA contribution to a HSA or FSA. Covered spouses must also complete the HRA process in order for the employee to receive 100% of the incentive.

The transition to Virgin Pulse, has changed the way in which you earn your HSA/FSA contribution if you are on a Marquette sponsored health plan. The Virgin Pulse wellness portal operates on a points and levels system, allowing you to earn points for engaging in activities listed on the Virgin Pulse website. As you participate in different activities and track these through the portal, you will earn points. This year you and your enrolled spouse will have until **4:00 pm November 19, 2018** to earn up to 15,000 points and 100% of your 2019 HSA/FSA contribution.

Visit the [Marquette Wellness website](#) for detailed information. Here you can find a list of [frequently asked questions](#), information specific to each medical plan and what this means for you and your spouse, as well additional information guides for Virgin Pulse.

2019 HEALTH RISK ASSESSMENT (HRA)

It's that time of year again! As a reminder, you have until **4:00 pm November 17, 2018** to complete your biometric screening. Completion of the Biometric screening allows you to earn 9,000 points toward your 2019 HSA/FSA contribution as part of the [Virgin Pulse](#) wellness program.

You will have 3 options for completing your biometric screening:

- Option 1:** Schedule your 15-minute Aurora Health Care screening appointment. Appointments will be available on campus in the AMU and Dental School areas Monday-Saturday and off campus on Saturdays only. On campus early morning, afternoon and evening appointment times will be available. [Online Scheduling](#) will be available for free biometric screenings.
- Option 2:** Have lab work completed by your Primary Care Provider between July 1, 2018 and November 17, 2018. Fax those results to Aurora Health Care at 414-525-2570 **by 12 p.m. on November 17, 2018** using the [Primary Care Provider Form](#). There is a spot on the form to include your email address, so you can receive confirmation from Aurora once this is received.
- Option 3:** Complete a comparable Biometric Screening at your spouse's employer sponsored HRA screening and fax your results to Aurora Health Care at 414-525-2570 **by 12 p.m. on November 17, 2018**.

The other step is to complete an online health assessment **by 4 p.m. on November 19, 2018**. The online health assessment is accessible on the NEW Virgin Pulse wellness portal; join.virginpulse.com/MarquetteUniversity,

Once logged in, you should be prompted to take the online health risk assessment. It can also be found under "Programs." If you need assistance logging in or taking the online health risk assessment contact Virgin Pulse Customer Support at (888) 671-9395 or support@virginpulse.com.

For more information on the biometric screening, please visit the [HRA section](#) of the Benefits website.

GETTING STARTED WITH VIRGIN PULSE IS EASY!

- Employees and spouses can go to join.virginpulse.com/MarquetteUniversity
- Enter your information:
 - * Email— this can be any email of your choice
 - * Password—your password must be a minimum of 8 characters and contain the following: lowercase characters, uppercase characters, number(s) and a non-alphanumeric character. Example: (@ ! # \$ % *)
- Take the online Health Assessment
- Track your healthy activities like getting fit, eating better, staying hydrated, sleeping enough and more!

BENEFIT BREAKDOWN continued

NEW VOLUNTARY BENEFITS ADDED FOR 2019

Critical Illness: Upon diagnosis, it provides you with a lump-sum payment of \$15,000 or \$30,000 in initial benefits, with a total benefit amount of 3x the initial benefit amount (\$45,000 or \$90,000) in the event that you or a loved one experience more than one covered condition.

Hospital Indemnity: Typically pays, as long as policy and certificate requirements are met, a flat amount upon your hospital admission and a daily amount paid from each day of your hospital stay. It also provides payment if you're admitted to or have to stay in an Intensive Care Unit (ICU).

Look for detailed information regarding these new benefits in your 2019 annual enrollment packet.

PROVIDER FOCUS

DISCOVERY BENEFITS—NEW VENDOR FOR HSA / FSA / COBRA BENEFITS

Marquette recently made the decision to change our HSA/FSA/COBRA administrator, effective 1/1/2019. The new administrator will be Discovery Benefits.

Here's how the transition will work:

Flexible Spending Accounts (FSA): 2018 account balances will be administered by EBC through the 2018 grace period ending 3/15/2019. During the grace period, you will be able to submit claims to EBC either [online](#) or by filling out a physical claim form and mailing or faxing the form to EBC. 2019 FSA accounts will be administered by the new administrator Discovery Benefits. If enrolling in a Health Care FSA or Dependent Care FSA for 2019, you will receive a Welcome Packet and account activation information from Discovery Benefits regarding your 2019 FSA benefits.

Health Savings Accounts (HSA): EBC and Avidia Bank will no longer administer Marquette's HSA benefits as of 1/1/2019. You have the opportunity to roll your HSA dollars from Avidia to Discovery Benefits' banking partner, Healthcare Bank, or you can keep your account with Avidia. Please note that if you maintain your current HSA account with Avidia, you will be subject to account holder fees assessed by Avidia. Both the Marquette and individual contributions taken from your payroll checks will go to a NEW HSA account administered by Discovery Benefits. You will receive account information and a Welcome Packet from Discovery Benefits on how to use your HSA benefit in 2019.

New debit cards will be sent at the end of 2018. Please begin using your new Discovery Benefits debit card on January 1, 2019. As of January 1, 2019, the current EBC debit cards will no longer be active.

To obtain account information (balance, claims status, printable forms, etc.), you will be able to log on to the Discovery Benefits [website](#). Once enrollments have been received by Discovery Benefits, you will receive a welcome email if your email address is provided. This welcome email will include instructions on how to access your online account.

You will be able to file claims in the following ways:

- Debit card (if applicable)
- Online via Discovery Benefits' [website](#)
- Mobile application for Android and Apple users
- Fax/mail paper reimbursement form and copies of receipts

General information regarding Discovery Benefits can be found at www.discoverybenefits.com.

Look for additional information regarding this transition in your 2019 annual enrollment packet.



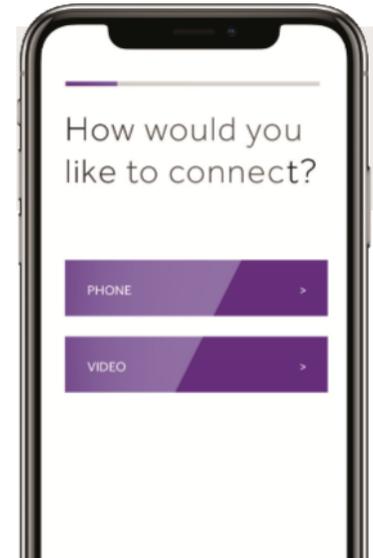
DID YOU KNOW

FLU SEASON IS HERE, AND SO IS TELADOC

Teladoc is the first and largest provider of telehealth medical consults in the United States, giving you 24/7/365 access to quality medical care through phone and video consults. Teladoc doctors are U.S. board certified in Internal Medicine, Family Practice or Pediatrics. They average 20 years practice experience, are licensed in your state, and incorporate Teladoc into their day-to-day practice as a way to provide people with convenient access to quality medical care. Teladoc should be used when you need immediate care for non emergency medical issues. It is an affordable, convenient alternative to urgent care and ER visits. Get the care you need at work, home, or while traveling—day or night.

Set up your account by phone, web or mobile app:

- Online: Go to Teladoc.com and click “set up account”
- Mobile app: Download the app and click “activate account”
- Call Teladoc: Teladoc can help you register your account over the phone. 800-Teladoc (800-835-2362)



Some examples of when to call:

Cold Flu Bronchitis Allergies Sinus Problems Pediatric care
Respiratory Infection Urinary Tract Infection Poison Ivy Pink Eye

CPHP—Medical & Dermatology is a \$10 Copay
AHDHP & EHDHP—Medical is \$45.00 & Dermatology is \$75.00

UPCOMING EVENTS

Program	Date, Time & Location
TIAA Individual Counseling Sessions: October—November Call TIAA for an appointment at 1-800-732-8353. Space is limited, so please RSVP as soon as possible.	Wednesday, October 17, 2018 10:00 a.m.—4:00 p.m., AMU 364 Friday, October 19, 2018 9:00 a.m.—12:30 p.m., AMU 362 Tuesday, November 6, 2018 10:00 a.m.—4:00 p.m., AMU 228 Wednesday, November 7 2018 9:00 a.m.—4:00 p.m., AMU 228 & 305 Thursday, November 8, 2018 9:00 a.m.—1:00 p.m., AMU 228 & 230
HRA Biometric Screenings	Sunday, July 1, 2018—12 p.m. Saturday, November 17, 2018
HRA Online Health Assessment	Wednesday, July 11, 2018—4 p.m. Monday, November 19, 2018
Annual Enrollment Annual benefits enrollment is open, giving you the opportunity to enroll and make changes to your health and welfare benefit elections for 2019.	Monday, October 22, 2018— 4:00 PM, Friday, November 9, 2018

[View upcoming GROW classes](#)

[View all benefits events](#)

CONTACT
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Marquette.edu/hr