

# BENEFIT NEWS

SPECIAL EDITION



## NEW ONLINE ENROLLMENT PROCESS

### NEW ONLINE ENROLLMENT TOOL & ENROLLMENT PROCESS

Annual enrollment for benefits will begin on October 22, 2018 and will run through 4:00 pm on November 9, 2018.

NEW for 2019, we are excited to announce that we will have a new online enrollment tool that will be administered by DirectPath for all benefit elections and life insurance beneficiary information.

This enrollment tool will replace MyJob for annual enrollment, qualifying life events, and new hire benefit elections.

Marquette University has partnered with DirectPath Benefits Educators to walk you through the changes in your benefits and enroll you in your selections for 2019. **All benefit eligible employees must schedule an appointment with a Benefits Educator to enroll in benefits for 2019 due to mandatory re-enrollment in the medical, dental and vision benefits.** This is a one-on-one 30-minute telephonic appointment and any information you provide on the call is completely confidential and secure.

Starting October 1, 2018 for appointments beginning on October 22, 2018, there are two ways to schedule your enrollment appointment:

- Visit [www.marquettebenefitsenrollment.com](http://www.marquettebenefitsenrollment.com)
- Call 1-877-759-7668 (M-F, 8:00am—5:00pm CST)



***Important:*** Be sure to have your spouse and/or dependent information (Social Security number and date of birth) with you at the time of your enrollment appointment. You will also need to upload a copy of the birth and/or marriage certificates for any dependents being enrolled on the Marquette medical, dental or vision Insurance. **You will not be able to complete your enrollment without this information or documentation.**

After your appointment, you will be able to visit the online enrollment tool to review your benefits and make updates to your selections until 4:00 pm on November 9.

Look for more information on this process in upcoming News Briefs and the enrollment packet being mailed to your home address listed in MyJob.



# VIRGIN PULSE-NEW WELLNESS VENDOR

## INTRODUCING VIRGIN PULSE—MARQUETTE'S NEW WELLNESS VENDOR

Marquette University transitioned to a new wellness vendor in July due to the recent acquisition of Preventure by Virgin Pulse. You can access the new wellness portal by registering online at [join.virginpulse.com/MarquetteUniversity](http://join.virginpulse.com/MarquetteUniversity). Once you have an account, you can access the portal through the [Virgin Pulse website](#) or by downloading the Virgin Pulse app on your smartphone. Through Virgin Pulse, you can access programs through Marquette Wellness, engage in and track wellness activities, and this is also where you go to complete your online health assessment.



### Getting started with Virgin Pulse is easy!

- Employees and spouses can go to [join.virginpulse.com/MarquetteUniversity](http://join.virginpulse.com/MarquetteUniversity)
- Enter your information:
  - ⇒ Email— this can be any email of your choice
  - ⇒ Password—your password must be a minimum of 8 characters and contain the following: lowercase characters, uppercase characters, number(s) and a non-alphanumeric character. Example: (@ ! # \$ % \*)
- Take the online Health Risk Assessment
- Track your healthy activities like getting fit, eating better, staying hydrated, sleeping enough and more!

With the transition to Virgin Pulse, we have changed the way in which you earn your Health Savings Account (HSA) / Flexible Spending Account (FSA) contribution if you are on a Marquette sponsored health plan. The Virgin Pulse wellness portal operates on a points and levels system, allowing you to earn points for engaging in activities listed on the Virgin Pulse website. As you participate in different activities and track these through the portal, you will earn points. This year you will have from July 11, 2018 through 4:00 pm on November 19, 2018 to earn up to 15,000 points and 100% of your 2019 HSA/FSA contribution.

You can track healthy habits that you'd like to work on, take part in challenges, work with a health coach, connect your fitness tracking device, and even invite 10 friends or family members to join with you. Access to the International Fitness Club Network (IFCN) is still included and provides you with discounts to local fitness studios and the purchase of home fitness equipment and devices. Plus, you'll also have access to various wellness modules from SelfHelp Works, mindfulness and emotional intelligence training modules from Whil, and nutrition tips and recipes from Zipongo. You can even connect your MyFitnessPal account to your Virgin Pulse account to get an in-depth analysis of your daily calories in your customized Nutrition Guide.

The portal is open to all Marquette University employees and spouses of employees, regardless of health plan status, and we're offering fun rewards for everyone just for participating. However, you must be enrolled in one of the Marquette medical plans to receive the Marquette HSA/FSA contribution. As you earn points, you also earn raffle ticket entries. These entries make you eligible to win one of 140 prize drawings in August and November.

Visit the [Marquette Wellness website](#) for more information. Here you can find out how to register, a list of frequently asked questions, information specific to each health plan and what this means for you and your spouse, as well additional information guides for Virgin Pulse.