**NEWS SPOTLIGHT**

**2020 ONLINE ENROLLMENT TOOL & PROCESS**

Annual enrollment for benefits will begin on October 28, 2019 and will run through November 15, 2019, 4:00 p.m.

All employees who wish to change existing coverage levels, enroll or re-enroll in the Flexible Spending Account (FSA) and/or Health Savings Account (HSA) must complete the enrollment process during this period.

All benefit changes for 2020 must be submitted via the Direct Path online enrollment tool.

Benefit elections and/or modifications made during the annual enrollment period will be effective January 1, 2020, and will remain in effect for the entire calendar year (January 1 through December 31, 2020). Mid-year changes are not allowed unless you experience a qualifying life event and provide timely notification to HR Benefits. Switching medical plans can only be done at annual enrollment.

Employees can self-enroll using the DirectPath online enrollment tool. While not required, employees have the option of consulting with a licensed benefits educator through DirectPath to assist with the benefits education and the enrollment process.

For those who choose to enroll with a benefits educator, appointments can be scheduled online or via telephone starting Monday, October 21, 2019.

You can enroll in one of two ways:

- **Self-enroll online** by going to [www.marquettebenefitsenrollment.com](http://www.marquettebenefitsenrollment.com). Instructions are included in your 2020 Benefits Enrollment Guide packet and on the enrollment site.

- **Schedule a confidential, 30-minute phone appointment** with a Benefits Educator:
  - Visit [www.marquettebenefitsenrollment.com](http://www.marquettebenefitsenrollment.com)
  - Call 1-877-759-7668 M-F, 8:00 a.m. - 5:00 p.m. CST

**IMPORTANT:** If you are enrolling any new dependents (spouses and/or children) in the Marquette medical, dental or vision plans, please have their Social Security Number and date of birth information available. You will not be able to complete your enrollment without this information. You will also need to upload a copy of the marriage certificate and/or adoption/birth certificate for these dependents in the online enrollment tool (by January 1, 2020). **Note:** You do not need to re-upload certificates that were uploaded previously during last year’s enrollment process.
2020 WELLNESS PROGRAM

Earn points between January 1, 2020 through September 30, 2020 to qualify for wellness rewards to be applied in January 2021. Earn entries into quarterly drawings for Pulse Cash to use in the Virgin Pulse Store, purchase a gift card or donate to charity. Employees and spouses enrolled in a Marquette-sponsored medical plan can also earn up to $125 each for the FSA contribution or up to $250 each for an HSA contribution depending on which medical plan you select.

Points required for the full wellness reward were reduced from 45,000 in 2019 to 30,000 in 2020. The program year will now be from January through December, with points earned through September and additional raffle opportunities from October through December.

There will be more point earning opportunities for Marquette-sponsored activities and programs in 2020. There will also be a “Fast Start” promotion in January for a successful kickoff.

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<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
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<tbody>
<tr>
<td>POINTS EARNED</td>
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<td>30,000</td>
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<tr>
<td>RAFFLE ENTRIES</td>
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<td>5 Entries</td>
<td>10 Entries</td>
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<td>30%</td>
<td>40%</td>
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Please refer to the Marquette Wellness flyer in your 2020 annual enrollment packet for more details. To sign up, go to join.virginpulse.com/MarquetteUniversity (existing members can log in at member.virginpulse.com).

2020 HEALTH RISK ASSESSMENT (HRA)

It’s that time of year again! As a reminder, you have until 12:00 p.m. on November 16, 2019 to complete your voluntary biometric screening. Completion of the biometric screening allows you to earn 4,500 points toward your 2020 wellness reward, which is applied to the total points earned in determining your HSA/FSA contribution.

You will have 3 options for completing your biometric screening:

**Option 1:** Schedule your 15-minute Aurora Health Care screening appointment. Appointments will be available on campus in the AMU and Dental School Monday-Saturday and off-campus on Saturdays only. On-campus early morning, afternoon and evening appointment times will be available. Online Scheduling is available for free biometric screenings.

**Option 2:** Have lab work completed by your Primary Care Provider between July 1, 2019 and November 16, 2019. Fax those results to Aurora Health Care at 414-525-2570 by 12:00 p.m. on November 16, 2019 using the Primary Care Provider Form. There is a spot on the form to include your email address so you can receive confirmation from Aurora once this is received.

**Option 3:** Complete a comparable Biometric Screening at your spouse’s employer-sponsored HRA screening and fax your results to Aurora Health Care at 414-525-2570 by 12:00 p.m. on November 16, 2019.

The other step is to complete an online health assessment by 4:00 p.m. on November 19, 2019. The online health assessment is accessible on the Virgin Pulse wellness portal: join.virginpulse.com/MarquetteUniversity.

If you need assistance logging in or taking the online health risk assessment, contact Virgin Pulse Customer Support at 1-888-671-9395 or support@virginpulse.com. For more information on the biometric screening, please visit the HRA section of the HR Benefits website.
Beginning on January 1, 2020, Marquette University’s prescription drug plan will begin using Postal Prescription Services (PPS), a subsidiary of The Kroger Co. (parent company of Pick ‘N Save and Metro Market) as its mail order pharmacy. This change will only affect Marquette University’s mail order pharmacy – your prescription drug coverage will continue to be managed by Navitus.

Members who use this benefit will receive low mail-order prescription prices as well as enhanced pricing at Kroger retail pharmacies for extended supply medications.

PPS offers great benefits such as:
- Refill reminders
- New prescription alerts
- Delivery tracking updates
- Direct access to pharmacy staff
- Use of local Kroger pharmacies for all prescriptions
- Easy-to-use patient portal to manage prescriptions
- Little to no wait time when calling

Most of your information, including your name, member ID number, and prescriptions with refills remaining, will automatically transfer to PPS. However, credit card numbers and drug allergies will not transfer. Therefore, you will need to register with PPS before you begin using this benefit.

Open Refill Transfer will be used to send eligible prescriptions from the current mail order pharmacy to PPS, but certain prescriptions cannot be transferred:
- Controlled medications
- Compounded medications
- Prescriptions with no refills remaining
- Prescriptions written more than 12 months ago, even with refills remaining

**How to register:** Registration can begin any time after January 1, 2020. Prescription refill orders can be requested through PPS beginning January 1, 2020. You will need information from your medical plan ID card to register, as well as prescription information for the medications you need filled through mail order.

Information needed from your medical ID card:
- UMR Group number (76-040178) and Rx Group number (8675309) as it appears on the ID card
- Name as it appears on the ID card
- ID number as it appears on the ID card, plus the person code next to their name, if applicable. UMR uses family ID as the member ID on the ID cards and then includes the person code next to each person’s name
- Bin number as it appears on the ID card (610602)
- PCN as it appears on the ID card (NVT)

It’s easy to start using this prescription benefit. You can sign up online at [www.ppsrx.com](http://www.ppsrx.com) or you can call PPS toll-free at 1-800-552-6694. Once your order is submitted, it may take 10-14 calendar days to receive your medication. Prescriptions should be ordered from the current mail order pharmacy if they are needed within the first two weeks of the January 1, 2020 transition date.

If you have any mail order questions, please call PPS at 1-800-552-6694. If you have any questions about your pharmacy benefits, please contact Navitus Customer Care at 1-866-333-2757.
DID YOU KNOW?

FLU SEASON IS HERE, AND SO IS TELADOC

Teladoc is the first and largest provider of telehealth medical consults in the United States, giving you 24/7/365 access to quality medical care through phone and video consults. Teladoc doctors are U.S. board certified in Internal Medicine, Family Practice or Pediatrics. They average 20 years practice experience, are licensed in your state, and incorporate Teladoc into their day-to-day practice as a way to provide people with convenient access to quality medical care. Teladoc can be used when you need immediate care for non-emergency medical issues. It is an affordable, convenient alternative to urgent care and ER visits. Get the care you need at work, home, or while traveling—day or night.

Set up your account by phone, web or mobile app:

- Online: Go to [Teladoc.com](http://Teladoc.com) and click “set up account”
- Mobile app: Download the app and click “activate account”
- Call Teladoc: Teladoc can help you register your account over the phone: 800-Teladoc (800-835-2362)

Some examples of when to call:

- Cold
- Flu
- Bronchitis
- Allergies
- Sinus Problems
- Pediatric Care
- Respiratory Infection
- Urinary Tract Infection
- Poison Ivy
- Pink Eye

**CPHP—Medical & Dermatology is a $10 Copay**

**AHDHP & EHDHP—Medical is $45.00 & Dermatology is $75.00**

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UPCOMING EVENTS

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<th>Program</th>
<th>Date, Time &amp; Location</th>
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| **TIAA Individual Counseling Sessions:** November—December 2019 Call TIAA for an appointment at 1-800-732-8353. Space is limited, so please RSVP as soon as possible. | Tuesday, November 5, 2019 10:00 a.m. - 5:00 p.m., AMU 228
|                                 | Wednesday, November 6, 2019 8:00 a.m. - 1:00 p.m., AMU 228           |
|                                 | Tuesday, November 12, 2019 9:00 a.m. - 4:00 p.m., AMU 228            |
|                                 | Wednesday, November 13, 2019 9:00 a.m. - 4:00 p.m., AMU 228           |
|                                 | Tuesday, December 17, 2019 9:00 a.m. - 5:00 p.m., AMU 228 & 230      |
|                                 | Wednesday, December 18, 2019 8:00 a.m. - 4:00 p.m., AMU 228 & 230    |
| **HRA Biometric Screenings**    | Sunday, July 1, 2019—12 p.m. Saturday, November 16, 2019            |
| **HRA Online Health Assessment**| Must be completed by 4:00 p.m. Tuesday, November 19, 2019            |
| **Annual Enrollment**           | **Monday, October 28, 2019—Friday, November 15, 2019 at 4:00 p.m.**  |

**View upcoming GROW classes**  **View all benefits events**