Employee

On-line Health Risk Appraisal (HRA) Instructions

August 5, 2013 through August 16, 2013

Before beginning the HRA questionnaire, have all recent screening information available as well as approximate dates of recent preventative services (i.e., lab results, eye exams, flu shot, etc.)

YOU CANNOT CHANGE ANYTHING OR GO BACK INTO THE QUESTIONNAIRE ONCE YOU HAVE CLICKED ON “SUBMIT”.

- Go to https://www.hmrc.kines.umich.edu/aurora

- The site will ask for your Social Security Number – DO NOT enter this.
  - Instead, enter the following information:
    - Employees = MU Employee ID number. Example: 000001234, must be nine-digits
  
- Type in the Group Password = MARQUETTE
- Type in HRA password – Create your own password
  - If you completed the HRA previously, use the same password to receive comparison results.
  - If you have misplaced your personal password, please click on the “I’ve lost my password” box.
- Click on gender type and answer the smoking question
- Click on Enter
- Complete questionnaire and print out report
- Call 1-877-765-3213, option 1 if you have any questions.

The HMRC HRA is not a substitute for a medical exam. If you have health concerns or if the report raises questions, please consult your physician or a health professional to review the results with you.