Health Risk Assessment (HRA)
Frequently Asked Questions

Q. What is a Health Risk Assessment (HRA)?
A. The Health Risk Assessment is a voluntary two-part process: A biometric screening and an online health assessment. The online assessment is administered through Virgin Pulse, Marquette’s Wellness vendor and is intended to help you identify health risk factors. (Go to http://www.marquette.edu/hr/hra.shtml for additional information)

Q. How do I get started?
A. STEP #1: Complete your Biometric Screening: You have three options available to you to complete this step. Please keep a copy of the biometric results for your records.

Option 1: Schedule your 15-minute Aurora Health Care screening appointment.
- Appointments are available on-campus in the AMU and Dental School areas, Monday-Saturday, and off-campus on Saturdays only. On-campus early morning, afternoon and evening appointment times are available.
- Online scheduling is available for free biometric screenings. Click on the link or call 1-877-765-3213, Option 1. Please keep a copy of the biometric results for your records.

Option 2: Have lab work completed by your Primary Care Provider between July 1, 2019 and November 16, 2019. Fax those results to Aurora Health Care at 414-525-2570 by 12 p.m. on November 16, 2019 using the Primary Care Provider Form available on the http://www.marquette.edu/hr/hra.shtml website. There is a spot on the form to include your email address, so you can receive confirmation from Aurora once this is received. Please make sure to send in your Authorization for Disclosure with your results.

Option 3: Complete a comparable Biometric Screening at your spouse’s employer-sponsored HRA screening and fax your results to Aurora Health Care at 414-525-2570 by 12 p.m. on November 16, 2019. Please make sure to send in your Authorization for Disclosure with your results.

STEP #2: Complete your online health assessment. The health assessment is accessible on the Virgin Pulse wellness portal join.virginpulse.com/MarquetteUniversity.
- Click on “Sign Me Up”
- Enter your information
  - Email – This can be any email of your choice
  - Password – Password must be a minimum of 8 characters and contain the following:
    - Lowercase characters (a through z)
    - Uppercase characters (A through Z)
    - Number(s)
    - Non-alphanumeric character (example: @! # $ % * )
- Once logged in, you should be prompted to take the online health risk assessment. It can also be found under “Programs.” If you need assistance logging in contact Virgin Pulse Customer Support at (888) 671-9395 or support@virginpulse.com.

Q. What if I recently saw my primary care provider and had lab work performed?
A. If you have recently (no earlier than July 1, 2019) seen your primary care provider and the required lab-work was done, you may fax the results to Aurora Health Care at 414-525-2570 no later than 12 p.m. on November 16, 2019. A copy of the Primary Care Provider form may be found at http://www.marquette.edu/hr/hra.shtml. Please make sure to send in your Authorization for Disclosure with your results.

Q. I would like to earn my 2020 FSA/HSA contribution and I have a spouse on a Marquette sponsored medical plan; is our contribution still earned jointly?

A. Yes. Both you and your spouse will need to participate to earn your full 2020 FSA/HSA contribution. This means that both of you will need to earn 45,000 points (reach level 4) to earn 100% of these funds. The total amount you can earn depends on the plan that you are enrolled in. However, the total amount can only be received if both you and your spouse participate. Since you can now earn partial contributions to your FSA/HSA for 2020, the total amount you will receive is based on the highest level that both you and your spouse achieve. This means if one of you reaches level four and one of you reaches level two, the highest level that you both achieved was level two. This means you would be awarded 50% of the total contribution that is offered. Information specific to each plan can be found on the wellness portal under “Health Plan Member Information”

Q. Can my dependent child participate?

A. No. Only employees and spouses are eligible to participate in the HRA program.

Q. What if I do not want to participate in the entire Health Risk Assessment, but would like to participate in some components of the process?

A. Your participation in this process is voluntary.

Please understand that you will not receive 100% of the incentive offered through Marquette University if you (and if applicable, your spouse) do not earn 45,000 points each. Besides the biometric screening and the online questionnaire, there are other options on earning points to reach levels and receive a percentage of the Marquette contribution. The other options are listed on the Virgin Pulse wellness portal join.virginpulse.com/MarquetteUniversity.

Q. What if my spouse or I miss the biometric screening and/or online health assessment questionnaire deadlines?

A. There will be NO EXCEPTIONS! Aurora will need to receive the biometric screening results by 12 p.m. on November 16, 2019. November 19, 2019 at 4 p.m., is the final date to complete the online health assessment. Once the dates have passed, you have missed your opportunity to receive the 2020 HRA Incentive for these options.

Q. Will Marquette University know about my results?

A. No! Your results are confidential. Marquette University will NOT receive any individual health information.