How to find a provider as a current employee

1. Go to umr.com.

2. If you have not previously set up an account with UMR, click Create your account.
   If you have previously set up an account with UMR, select Member from the drop down menu
   and then click Sign In.

3. Sign in using your HealthSafe ID log in.
4. You will be sent to the home page of your UMR portal.
5. Click *Find a Provider* from the myMenu options. Scroll down and select *View providers* under the Provider network section.

6. The search screen will launch in a new window. You can then search using the Search bar or the categories.

7. Look for the Tier 1 Provider and In-Network Provider labels. A Tier 1 Provider will have the Tier 1 Provider label. A Tier 2 Provider will only show the In-Network Provider label.