FALL 2019 YOGA SCHEDULE
707 BUILDING, STUDENT WELLNESS CENTER

MONDAY: 5:15 PM, SLOW FLOW W/ TAMARA
MONDAY: 6:15 PM, YIN W/ TAMARA
TUESDAY: 5-6 PM, W/ LARRY
TUESDAY: 6-7 PM, W/ ELLEN
WEDNESDAY: 5-6 PM, W/ RACHEL
THURSDAY: 5:15 PM, SLOW FLOW W/ TAMARA

FOR QUESTIONS REGARDING CHANGES AND CANCELLATIONS REACH OUT AT:
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@mu_wellnesspeers