

Introduction

The Teacher Training program is comprised of two courses, the Foundations and Principles of the Marquette Method of NFP and the Practical Applications of the Marquette Method of NFP. A third course, Medical Applications, is available for advanced practice nurses and/or medical professionals/prescribers who want to learn how to integrate NFP, specifically, the Marquette Method, into their medical practice. Medical Applications is also recommended, but not required, for audit by nurses and other non-prescribing providers in the Teacher Training Program.

Teacher Training Program

- Foundations and Principles of the Marquette Method of NFP – This first course focuses on the theoretical, historical, & philosophical foundations of NFP.
- Practical Applications of the Marquette Method of NFP – This course develops the tools and procedures to provide a sustainable NFP practice. Student teachers will be taught to recognize and manage behavioral and psycho-spiritual family planning issues using NFP throughout the reproductive continuum. This course includes both online coursework as well as several live meetings with your cohort.
- Preceptor Experience – The Preceptor Experience occurs concurrently with the Practical Applications of the Marquette Method of NFP. Students will independently recruit and teach clients while building their own teaching materials, while under the supervision of a preceptor. Students will be empowered to build their teaching skills, marketing skills, and critical thinking; as such, students are unable to work with a teaching group during their preceptorship to facilitate the development of these proficiencies. Students will teach 10 couples and continue until they've achieved four six-month follow-ups through the course of their preceptorship.
- The program requires a textbook available through Amazon: [Living with Your Fertility: The Marquette Method of NFP](#)

Medical Applications Course

This course will help advanced practice providers integrate the Marquette Method into their medical practice. Students will learn to apply their knowledge of the menstrual cycle, reproductive anatomy and physiology, natural indicators of fertility, reproductive transitions (i.e., postpartum and perimenopause), and evidence-based protocols for managing common reproductive-age women's health conditions. The student will analyze, apply, and critique case studies and protocols for managing fertility-related health conditions. There is an emphasis on lifestyle changes, self-care management, and enhancement of normal fertility. The Medical Applications Course is offered asynchronously after completion of the Practical Applications of the Marquette Method of NFP.

Marquette Model Lite:

Marquette Model Lite – This two-hour course provides the student with introductory information on teaching the Marquette Model Lite to women in only regular length cycles. This course does not

include teaching women who are postpartum breastfeeding, in irregular length cycles, who have serious reasons to avoid pregnancy such as women in treatment for cancer or other serious chronic diseases, or other unique fertility situations. This is not a precepted experience and it does not include church teachings. Therefore, this course does not meet diocesan standards. If you are interested in a diocesan-approved course, take the Marquette Method Teacher Training Program.

Application Process:

1. Prospective students will read about the Teacher Training Program. Check application deadlines. All steps of the application process must be completed prior to the deadline.
2. Complete the application form:
[Teacher Training Program - Application](#)
[Marquette Model Lite - Application](#)
3. Pay an application fee of \$75
4. After both the application form and fee have been received, the application will be processed. The prospective student will receive an email asking for the following documents:
 1. All students
 - Copy of photo ID
 - Letter of Intent (email or pdf accepted) – The letter should include how you plan to integrate the Marquette Method of NFP into your practice as a healthcare provider or if you are working with an organization such as a parish or archdiocesan community.
 2. Advanced Practice Providers
 - National Provider ID (NPI) **OR** License number for those that cannot provide an NPI **AND** copy of diploma or equivalent document
 3. Nurses with a BSN
 - License number
 - Copy of your diploma (for RNs only)
5. After supporting material has been received, a decision will be reached, and the prospective student will be notified of an admission decision. Course space is limited.

Once the application has been approved, tuition payments can be made on the Teacher Training page. Tuition must be paid at least 14 days prior to the start of the course.

Please contact Theresa.Derse-Nosacek@marquette.edu for additional information or questions.

Refund requests must be made to Theresa.Derse-Nosacek@marquette.edu within 21 days after payment has been received. No refunds can be issued after 21 days. The application fee of \$75 is non-refundable.