

Study ID # \_\_\_\_\_

**READINESS FOR HOSPITAL DISCHARGE STUDY – PARENT – NURSE FORM ©**

**You are being asked to assess the readiness for discharge of the parent of your hospitalized patient. Please complete the form within the 4 hours before the patient leaves your unit.**

Please check or circle your answer. Most of the responses are on a 10-point scale from 0 to 10. The words below the number indicate what the 0 or the 10 means. Pick the number between 0 and 10 that best describes how you feel. For example, circling number 7 means you feel more like the description of number 10 than number 0 but not completely.

1a. How physically <b>ready</b> is the <u>parent</u> to take their child home?	1	2	3	4	5	6	7	8	9	10
	Not ready								Totally ready	
1b. How physically <b>ready</b> is the <u>child</u> to go home today?	1	2	3	4	5	6	7	8	9	10
	Not ready								Totally ready	
2a. How would you describe the <u>parent's</u> <b>level of pain or discomfort</b> today?	1	2	3	4	5	6	7	8	9	10
	No pain/ discomfort								Severe pain/ discomfort	
2b. How would you describe the <u>child's</u> <b>level of pain or discomfort</b> today?	1	2	3	4	5	6	7	8	9	10
	No pain/ discomfort								Severe pain/ discomfort	
3a. How would you describe the <u>parent's</u> <b>strength</b> today?	1	2	3	4	5	6	7	8	9	10
	Weak								Strong	
3b. How would you describe the <u>child's</u> <b>strength</b> today?	1	2	3	4	5	6	7	8	9	10
	Weak								Strong	
4a. How would you describe the <u>parent's</u> <b>energy</b> today?	1	2	3	4	5	6	7	8	9	10
	Low energy								High energy	
4b. How would you describe the <u>child's</u> <b>energy</b> today?	1	2	3	4	5	6	7	8	9	10
	Low energy								High energy	
5. How much <b>stress</b> does the <u>parent</u> feel today?	1	2	3	4	5	6	7	8	9	10
	None								A great deal	
6a. How <b>emotionally</b> ready is the <u>parent</u> to take their child home today?	1	2	3	4	5	6	7	8	9	10

	Not ready									Totally ready
6b. How difficult will it be for the parent to manage the <u>child's</u> <b>emotions and/or behavior</b> at home?	1	2	3	4	5	6	7	8	9	10
	Not difficult								Very difficult	
7a. How would you describe the <u>parent's</u> <b>physical ability</b> to care for their child today (for example, hygiene, walking, toileting)?	1	2	3	4	5	6	7	8	9	10
	Not able								Totally able	
7b. How ready is the <u>child</u> to do the <b>usual activities</b> for his/her age (for example, eating, bathing, toileting, play)?	1	2	3	4	5	6	7	8	9	10
	Not able								Totally able	
9. How much does the parent <b>know about caring for the child</b> after they go home?	1	2	3	4	5	6	7	8	9	10
	Know nothing at all								Know all	
10. How much does the parent <b>know about</b> taking care of the <u>child's</u> <b>personal needs</b> (for example, hygiene, bathing, toileting, feeding, play) after they go home?	1	2	3	4	5	6	7	8	9	10
	Know nothing at all								Know all	
11. How much does the parent <b>know about</b> what the <u>child</u> needs for his/her <b>growth and development</b> ?	1	2	3	4	5	6	7	8	9	10
	Know nothing at all								Know all	
12. How much does the parent <b>know about</b> taking care of the <u>child's</u> <b>medical needs</b> (treatments, medications) after they go home?	1	2	3	4	5	6	7	8	9	10
	Know nothing at all								Know all	
13. How much does the parent <b>know about problems to watch for</b> after they go home?	1	2	3	4	5	6	7	8	9	10
	Know nothing at all								Know all	
14. How much does the parent <b>know about who and when to call</b> if the <u>child</u> has problems after they go home?	1	2	3	4	5	6	7	8	9	10
	Know nothing at all								Know all	
15. How much does the parent <b>know about what</b> the <u>child</u> is <b>allowed and not allowed to do</b> after they go home?	1	2	3	4	5	6	7	8	9	10
	Know nothing at all								Know all	
16. How much does the parent <b>know about what happens next</b> in <u>their child's</u> follow-up medical treatment plan after they go home?	1	2	3	4	5	6	7	8	9	10
	Know nothing at all								Know all	
17. How much does the parent <b>know about services and information</b> available to the parent and child in their community after they go home?	1	2	3	4	5	6	7	8	9	10
	Know nothing at all								Know all	

18. How well will the parent be able to <b>handle the demands</b> of life at home?	1	2	3	4	5	6	7	8	9	10
	Not at all							Extremely well		
19. How well will the parent be able to <b>perform the child's personal care</b> (for example, hygiene, bathing, toileting, eating) at home?	1	2	3	4	5	6	7	8	9	10
	Not at all							Extremely well		
20. How well will the parent be able to <b>perform the child's medical treatments</b> (for example, caring for a wound, breathing treatments, using equipment, or giving medications in the correct amounts and at the correct times)?	1	2	3	4	5	6	7	8	9	10
	Not at all							Extremely well		
21. How much <b>emotional support</b> will <u>the parent</u> have after the child goes home?	1	2	3	4	5	6	7	8	9	10
	None							A great deal		
22. How much <b>help</b> will the parent have, if needed, with <u>the child's personal care</u> after they go home?	1	2	3	4	5	6	7	8	9	10
	None							A great deal		
23. How much <b>help</b> will <u>the parent</u> have, if needed, with <b>household activities</b> (for example, cooking, cleaning, shopping, babysitting) after the child goes home?	1	2	3	4	5	6	7	8	9	10
	None							A great deal		
24. How much <b>help</b> will the parent have, if needed, with <u>the child's medical care</u> needs (treatments, medications) after the child goes home?	1	2	3	4	5	6	7	8	9	10
	None							A great deal		

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Dr. Marianne Weiss, DNSc, RN