

Allison Kosinski

PT, DPT

Objective

Dedicated and student focused clinician and instructor with over 10 years of experience in academic and healthcare settings. Committed to the advancement of students and their respective programs by creation of an empowering environment, innovation of teaching tools and mentorship

Education

2009-2015

Marquette University
Bachelor's of Exercise Physiology & Doctor of Physical Therapy

Work Experience

2015-Present

Athletico Physical Therapy

Physical Therapist

- Treating in Outpatient setting emphasis on patients with both orthopedic and neurological conditions
- WI SCCE for student clinical placement, CI training and promotion of specialty clinicals
- Vestibular Concussion Regional coordinator hosting continuing education events, mentoring and teaching of internal courses
- WI Clinical Mentorship Program mentor assigning mentees their mentor, and mentoring new graduate employees during their first year of employment

2015-2021

Froedtert Hospital

Physical Therapist

- Treating in Neuro-Acute, Neuro-ICU and Neuro/Spinal cord rehabilitation

2013-2015

Lakeview Specialty Hospital

Physical Therapist

- Treating in long-term acute care setting
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Teaching experience and participant or student feedback

- 2021-Present **Marquette University Milwaukee, WI**
Adjunct Faculty, Lab instructor Department of Physical Therapy
- Taught the lab portion of the Physiology Activity course. A graduate level Physical Therapy course in their second graduate year prior to their first clinical
 - Revised and assisted with writing of lab manual, and correlated assignments for students
 - Coordinated and grading of practical and assignments with 2-3 other lab instructors
- 2019-Present **Athletico Physical Therapy**
Internal Instructor Continuing Education
- Internal instructor for weekend intensive courses Introduction to concussion rehabilitation, introduction to vestibular rehab and return to play rehabilitation for Physical Therapists and Physical Therapist Assistants
 - Each course is 1-2 days, consisting of 6-8 hours of instruction of these topics with lab component
 - Revised and wrote 6-hour introduction to concussion course to best reflect current research and up to date treatments
- 2023-2026 **Marquette & Athletico survey feedback**
Anonymous surveys after course or presentation
- Average score of "Excellent" for knowledgeability and effectiveness of teaching
 - Students consistently commented on ability to connect, make difficult material more understandable and approachability

Presentations and invited lectures

- 2021-2025 **Difficult Conversations**
Presentation for Physical Therapy students to better manage multitude of potential difficulties they may face in their future clinicals and careers
- 2022-2024 **Burn out in Physical Therapy, how to curb the burn**
Presentation both for physical therapists and physical therapy students on topics of burn out and resilience
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Professional training

2009-Present	Occupational Safety and Health Administration Cardiopulmonary resuscitation and automatic external defibrillation certification and First Aide certified
2015-Present 2017-Present	Evidence in Motion Certified Concussion Specialist LSVT BIG certification Specialty treatment for patients with Parkinson's disease
2020-Present	Myopain Dry Needling Level II Certified

References

Jennifer Warning PT, MPT	Manager of Student Clinical Services, Athletico Physical Therapy 1256 W. Boughton Rd, Bolingbrook, IL 60440, Phone: 630-378-9420, Email: jennifer.warning@athletico.com
Susan Rowntree PT DPT	Clinic Manager, Athletico Physical Therapy 1201 Main Street, Union Grove, WI 53182. Phone: 262-878-9602, Email: susan.rowntree@athletico.com
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