Introduction to the Psychology Major

Tuesday, September 27, 2022

Please take an index card, pencil (if needed), and candy

Topics We’ll Cover

- Why major in psychology
- Declaring a psychology major
- Advising
- Psychology major requirements
- Research opportunities
- Honors in Psychology vs. Psi Chi
- Other opportunities and support services
Why major in psychology?

- Psychology majors acquire knowledge about the causes and consequences of human behaviors and mental processes.
- Psychology majors learn essential skills:
  - Communication
  - Collaboration
  - Critical thinking
  - Professionalism
  - Ethical reasoning

www.marquette.edu/psychology
Declaring a Psychology Major

▪ Must be enrolled in the College of Arts and Sciences
  ▪ If not, complete Internal Transfer form (Registrar’s Academic Forms webpage) to change colleges
▪ Complete Declaration of Major form (College of Arts and Science’s Academic Forms webpage)
  ▪ Submit it electronically (from your Marquette.edu email address to Catherine.Porter@marquette.edu) or turn it in to the Department of Psychology office (Cramer Hall 317)

Importance of Declaring a Major

▪ Declare as soon as you decide
▪ Receive emails about department events and opportunities
▪ Registration – seats saved for psychology majors
Advising after you declare the major

- Once you declare, you will be assigned a psychology faculty member advisor
- First- and second-year students
  - Continue to be advised by College Advising Center, EOP, or Honors Program
  - Meet with faculty for psychology-related questions
- Juniors and seniors
  - Meet with faculty advisor

Welcome to the Arts and Sciences Advising Center!

We are located in Sensenbrenner Hall 005. Our business hours are Monday through Friday, 8:00 AM to 4:30 PM. If you wish to meet with your advisor, please make an appointment by following the directions below. If you require other assistance, please call us at (414) 288-5989. If no one is available to take your call, please leave a message. A member of our staff will get back to you as soon as possible.

How do I make an appointment with my advisor?

- My advisor is an Advising Center team member
- I am advised by an EOP Advisor
- I am advised by an Honors Advisor
- Students advised by faculty members are encouraged to email their advisor to request an appointment.

FAQs

- Pre-Health and Pre-Law Advising
- What do the advisors in our Advising Center do?
- Do I have to have an advisor?
- Why should I meet with my advisor?
- How should I prepare for my advising appointment?
| Psychology Major Requirements  
(if declared before July 1, 2022; 35 credits) |
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<tbody>
<tr>
<td>General Psychology (or AP equivalent)</td>
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<td>Psychology Measurement and Statistics</td>
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<tr>
<td>Research Methods and Designs in Psychology</td>
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<td>Social</td>
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<td>Cognitive Science</td>
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<td>Clinical</td>
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| Psychology Major Requirements  
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<td>Diversity and Inclusion (1 course)</td>
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<td>Neurocognitive Foundations (2 courses)</td>
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## Psychology Major Requirements

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<tr>
<td>Required psychology credits</td>
<td>35/38</td>
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<tr>
<td>Cognate courses</td>
<td>15</td>
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<tr>
<td>Social Science Requirement</td>
<td>6</td>
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<tr>
<td>Mathematics Requirement</td>
<td>3</td>
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<tr>
<td>Physical Science Requirement</td>
<td>6</td>
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### Other Psychology Courses

- PSYC 4963: Peer Tutoring in Psychology (3 credits)
- PSYC 4964: Field Experience in Psychology: Internship (3 credits)
- PSYC 4956: Advanced Undergraduate Research
Consider Double Major and/or Minor

- College of Arts and Sciences
  - Majors and minors
  - Interdisciplinary programs
- Majors in other colleges
  - May be some limitations if not enrolled in the college
  - College of Business Administration
  - College of Education
  - College of Communication

Research Opportunities

- Why is research experience important?
  - Science of psychology
  - Fosters collaboration
  - Facilitates mentoring relationships
- How do you find a research lab?
  - Faculty Research Labs webpage
  - Email faculty member and ask for RA application
  - PSYC 4956 credit
Honors in Psychology vs. Psi Chi

- Honors in Psychology is an academic program that is part of the University Honors Program
  - Complete honors sections of foundation courses (MATH 1700H, PSYC 1700H, and/or PSYC 2050H)
  - Complete an independent research project senior year
  - Apply junior year
- Psi Chi is the National Honor Society in Psychology
  - At least 2nd semester sophomore, 9 credits
  - 3.0 GPA; cumulative GPA within top 35% of college

Student Organizations

- **Active Minds** is a national leader for young adult mental health advocacy and suicide prevention.
- **Marquette SHAPE (Student Health Allies and Peer Eductors)** is an organization for student athletes working to break the stigma surrounding mental health in athletics
- **WE ARE SAATH** promotes awareness and discusses mental health in the South Asian Community
Other Opportunities

- Educational Opportunity Program – McNair Scholars Program
  - Review eligibility criteria on website ([https://www.marquette.edu/mcnair-scholars-program/apply-now.php](https://www.marquette.edu/mcnair-scholars-program/apply-now.php))
  - Information sessions throughout October
  - Application due October 31, 2022
- Marquette Mentoring program ([https://alumni.marquette.edu/mentors](https://alumni.marquette.edu/mentors))
  - Matched with a Marquette graduate, meet for entire year (Sept – April)
  - Application due early fall semester (i.e., 1st–2nd week of classes)

Other Opportunities

- Profile on Handshake
  - Automatically have an account
  - Set up profile for relevant postings
  - [www.marquette.edu/career-services](http://www.marquette.edu/career-services)
Support Resources

- Faculty/Instructor/TA office hours
  - Check syllabus (in person or virtual)
- Office of Student Educational Services
  - Free tutoring: PSYC 1001 and MATH 1700
  - Academic coaching
- Norman H. Memorial Ott Writing Center
- MIC Speakers Lab (www.Marquette.edu/themic/)

- Upcoming sessions
  - Research, internships, and jobs while an undergrad
  - What can I do after graduation with a psychology major?
- Questions? Contact me: astrida.kaugars@marquette.edu
- Index card
  - What new piece of information did you learn tonight?
  - What else would you like to learn more about?