Introduction to the Psychology Major

Monday, October 4, 2021

Please take a handout, index card, pencil (if needed), and candy

Topics We’ll Cover

- Why major in psychology
- Declaring a psychology major
- Advising
- Psychology major requirements
- Research opportunities
- Honors in Psychology vs. Psi Chi
- Other opportunities and support services
Why major in psychology?

- Psychology majors acquire **knowledge** about the causes and consequences of human behaviors and mental processes.
- Psychology majors learn **essential skills**
  - Communication
  - Collaboration
  - Critical thinking
  - Professionalism
  - Ethical reasoning

[Link to Marquette University's Department of Psychology website](www.marquette.edu/psychology)
Declaring a Psychology Major

- Must be enrolled in the College of Arts and Sciences
  - If not, complete Internal Transfer form to change colleges
- Complete Declaration of Major form and submit it electronically (from your Marquette.edu email address to Catherine.porter@marquette.edu) or turn it in to the Department of Psychology office (Cramer Hall 317)

Advising after you declare the major

- Once you declare, you will be assigned a psychology faculty member advisor
- Freshmen and sophomores
  - Continue to be advised by College Advising Center
  - Meet with faculty for psychology-related questions
- Juniors and seniors
  - Meet with faculty advisor
Advising Workshops This Week

- Advancing Your Study Skills
  Monday, October 4th, 3-4 p.m.
- Aiming for the Future: Thursday...
- Arranging Your Week...
- Acting the Role: Workshop, October 6th...
### Psychology Major Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>General Psychology (or AP equivalent)</td>
<td>3</td>
</tr>
<tr>
<td>Psychology Measurement and Statistics</td>
<td>4</td>
</tr>
<tr>
<td>Research Methods and Designs in Psychology</td>
<td>4</td>
</tr>
<tr>
<td>Developmental</td>
<td>3</td>
</tr>
<tr>
<td>Social</td>
<td>3</td>
</tr>
<tr>
<td>Cognitive Science</td>
<td>3</td>
</tr>
<tr>
<td>Clinical</td>
<td>3</td>
</tr>
<tr>
<td>Biological</td>
<td>3</td>
</tr>
<tr>
<td>Electives (3 courses; 2 must be upper division)</td>
<td>9</td>
</tr>
</tbody>
</table>

Required psychology credits: 35 credits

Cognate courses: 15 credits

- Social Science Requirement: 6 credits
- Mathematics Requirement: 3 credits
- Physical Science Requirement: 6 credits
Other Psychology Courses

- PSYC 4963: Peer Tutoring in Psychology (3 credits)
- PSYC 4964: Field Experience in Psychology: Internship (3 credits)
- PSYC 4956: Advanced Undergraduate Research

Why is research experience important?
- Science of psychology
- Fosters collaboration
- Facilitates mentoring relationships

How do you find a research lab?
- Faculty Research Labs webpage
- Email faculty member and ask for RA application
- PSYC 4956 credit
Honors in Psychology vs. Psi Chi

- Honors in Psychology is an academic program that is part of the University Honors Program
  - Complete honors section of foundation courses
  - Complete an independent research project senior year
  - Apply junior year
- Psi Chi is the National Honor Society in Psychology
  - At least 2nd semester sophomore, 9 credits
  - 3.0 GPA; cumulative GPA within top 35% of college

Other Opportunities

- Marquette Mentoring program ([https://alumni.marquette.edu/mentors](https://alumni.marquette.edu/mentors))
  - Matched with a Marquette graduate, meet for entire year (Sept – April)
  - Application due early fall semester (i.e., 1st week of classes)
- Educational Opportunity Program – McNair Scholars Program
  - Review eligibility criteria on website ([https://www.marquette.edu/educational-opportunity-program/untitled.php](https://www.marquette.edu/educational-opportunity-program/untitled.php))
  - Information sessions throughout October
Other Opportunities

• Profile on Handshake
  • Automatically have an account
  • Set up profile for relevant postings
  • www.marquette.edu/career-services

Support Resources

- Faculty/Instructor/TA office hours
  - Check syllabus (in person or virtual)
- Office of Student Educational Services
  - Free tutoring: PSYC 1001, 2101
  - Academic coaching
- Norman H. Memorial Ott Writing Center
- MIC Speakers Lab (www.Marquette.edu/themic/)
Mental Health Awareness Week

Active Minds
A national organization promoting mental health and wellness for young adults
(Alexandra.e.Schmidt@marquette.edu)

Black Mindz
An organization promoting mental health needs of Black students on campus
(Chigozie.Okuagu@marquette.edu)

Marquette University Counseling Center in partnership with Active Minds are hosting a free screening of the Kevin Hines documentary “Suicide: The Ripple Effect”

Time and Date: Tuesday, October 5th from 7pm-9pm
Location: Weasler Auditorium
Cost: Free and open to members of the Marquette and MIAD Communities
Register: https://www.eventbrite.com/e/suicide-the-ripple-effect-kevin-hines-documentary-tickets-181012020822

Per Marquette University COVID guidelines, masks are required.
For questions contact Nick Jenkins at nickolas.jenkins@marquette.edu

ACTIVE MINDS
LIFE SAVERS TRAINING

Life Savers Training is a program that trains students on crisis and suicide prevention

Thursday, October 28th
7:00 pm - 9:00 pm
Alumni Memorial Union
Room 252
- Upcoming sessions
  - Research, internships, and jobs while an undergrad
  - What can I do after graduation with a psychology major?
- Questions? Contact me: astrida.kaugars@marquette.edu
- Index card
  - What new piece of information did you learn tonight?
  - What else would you like to learn more about?