Introduction to the Psychology Major

Thursday, February 23, 2023

Please take an index card, pencil (if needed), and candy

Topics We’ll Cover

- Why major in psychology
- Declaring a psychology major
- Advising
- Psychology major requirements
- Research opportunities
- Honors in Psychology vs. Psi Chi
- Other opportunities and support services
Why major in psychology?

- Psychology majors acquire knowledge about the causes and consequences of human behaviors and mental processes.
- Psychology majors learn essential skills:
  - Communication
  - Collaboration
  - Critical thinking
  - Professionalism
  - Ethical reasoning

www.marquette.edu/psychology
Declaring a Psychology Major

- Must be enrolled in the College of Arts and Sciences if you want psychology to be your **primary major**
  - If not in A&S, complete Internal Transfer form (Registrar’s Academic Forms webpage) to change colleges
- Complete **Declaration of Major form** (College of Arts and Science’s Academic Forms webpage)
  - Submit it *electronically* (from your Marquette.edu email address to Catherine.Porter@marquette.edu) or *turn it in* to the Department of Psychology office (Cramer Hall 317)

Importance of Declaring a Major

- Declare *as soon as you decide*
- Registration – seats saved for psychology majors
- Receive emails about department events and opportunities

*Recommend declaring before Spring Vacation if you’d like to enroll in psychology class for Fall 2023!*
Advising after you declare the major

- Once you declare, you will be assigned a psychology faculty member advisor
- First- and second-year students
  - Continue to be advised by College Advising Center, EOP, or Honors Program
  - Meet with faculty for psychology-related questions
- Juniors and seniors
  - Meet with faculty advisor

Welcome to the Arts and Sciences Advising Center!

We are located in Sansenbrenner Hall 005. Our business hours are Monday through Friday, 8:00 AM to 4:30 PM. If you wish to meet with your advisor, please make an appointment by following the directions below. If you require other assistance, please call us at (414) 286-5989. If no one is available to take your call, please leave a message. A member of our staff will get back to you as soon as possible.

How do I make an appointment with my advisor?

- My advisor is an Advising Center team member
- I am advised by an EOP Advisor
- I am advised by an Honors Advisor
- Students advised by faculty members are encouraged to email their advisor to request an appointment.
### Psychology Major Requirements (B.A.)
(if declared before July 1, 2022; 35 credits)

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Psychology (or AP equivalent)</td>
<td>3</td>
</tr>
<tr>
<td>Psychology Measurement and Statistics</td>
<td>4</td>
</tr>
<tr>
<td>Research Methods and Designs in Psychology</td>
<td>4</td>
</tr>
<tr>
<td>Developmental</td>
<td>3</td>
</tr>
<tr>
<td>Social</td>
<td>3</td>
</tr>
<tr>
<td>Cognitive Science</td>
<td>3</td>
</tr>
<tr>
<td>Clinical</td>
<td>3</td>
</tr>
<tr>
<td>Biological</td>
<td>3</td>
</tr>
<tr>
<td>Electives (3 courses; 2 must be upper division)</td>
<td>9</td>
</tr>
</tbody>
</table>

### Psychology Major Requirements (B.A.)
(if declare after July 1, 2022; 38 credits)

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Psychology (or AP equivalent)</td>
<td>3</td>
</tr>
<tr>
<td>Psychology Measurement and Statistics</td>
<td>4</td>
</tr>
<tr>
<td>Research Methods and Designs in Psychology</td>
<td>4</td>
</tr>
<tr>
<td>Developmental (1 course)</td>
<td>3</td>
</tr>
<tr>
<td>Social Processes (1 course)</td>
<td>3</td>
</tr>
<tr>
<td>Personal Processes (1 course)</td>
<td>3</td>
</tr>
<tr>
<td>Diversity and Inclusion (1 course)</td>
<td>3</td>
</tr>
<tr>
<td>Neurocognitive Foundations (2 courses)</td>
<td>6</td>
</tr>
<tr>
<td>Electives (3 courses; 2 must be upper division)</td>
<td>9</td>
</tr>
</tbody>
</table>
CheckMarq – Academic Requirements

Psychology Major Requirements

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Required psychology credits</td>
<td>35/38</td>
</tr>
<tr>
<td>Cognate courses</td>
<td>15</td>
</tr>
<tr>
<td>Social Science Requirement</td>
<td>6</td>
</tr>
<tr>
<td>Mathematics Requirement</td>
<td>3</td>
</tr>
<tr>
<td>Physical Science Requirement</td>
<td>6</td>
</tr>
</tbody>
</table>
Psychology Minor Requirements

<table>
<thead>
<tr>
<th>Required psychology credits</th>
<th>18 credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 1001 General Psychology</td>
<td>3 credits</td>
</tr>
<tr>
<td>Elective courses</td>
<td>15 credits</td>
</tr>
</tbody>
</table>

Choose five PSYC courses, three of which must be upper-division

*PSYC 1700 counts toward the minor only if MATH 1700 is also taken preferably in the same term*

Other Psychology Courses

- PSYC 4963: Peer Tutoring in Psychology (3 credits)
- PSYC 4964: Field Experience in Psychology: Internship (3 credits)
- PSYC 4956: Advanced Undergraduate Research
PSYC 4964 Field Experience in Psychology

- 3 credits each for fall and spring semesters: 6/9 psychology elective credits
- 24 Student Interns // 13 Sites // 4 Clusters
  - Decarceration / Reentry // Domestic Violence
  - LGBTQ+ Support / Advocacy // Faith and Social Justice
- Minimal 10 hours per week
  - 8 hrs field work; 1 hour meeting with students in cluster
  - ALL TEAM Social Justice Opportunities
- Brief Writing Assignments
- Possible Stipend: Eliana Winterbauer-Light Fund

PSYC 4964 Field Experience in Psychology: Application Process

- March 1: Application link (Qualtrics) sent to all Psychology Majors
  - If you are not a major, email ed.destaubin@marquette.edu for the link
- March 8: Applications due
  - Basic information, transcript, rank clusters, three essays
  1. Why do you want this internship? What experiences (courses, work/volunteer, personal, etc.) Have you had that prepare you for this internship? How will this internship connect to your future plans (intellectual, academic, career, personal, etc.)?
  2. I strongly believe that a core strength of this internship is the diversity of its students and mentors – both in terms of one's personal identity and one's interests/experiences. How might you contribute to this diversity?
  3. You already ranked the 4 internship clusters in terms of your preferences for a placement. This is your chance to elaborate on why you ranked as you did.
Consider Double Major and/or Minor

- College of Arts and Sciences
  - Majors and minors
  - Interdisciplinary programs
- Majors or minors in other colleges
  - May be some limitations if not enrolled in the college
  - College of Business Administration
  - College of Education
  - College of Communication

Interdisciplinary Majors and Minors with Psychology Courses

- Africana Studies major and minor
- Broad Field Social Science minor
- Cognitive Science major
- Culture, Health, and Illness minor
- Family Studies minor
- Gender and Sexuality Studies major and minor
- Latinx Studies minor
- Peace Studies major and minor
Research Opportunities

- Why is research experience important?
  - Science of psychology
  - Fosters collaboration
  - Facilitates mentoring relationships
- How do you find a research lab?
  - Faculty Research Labs webpage
  - Email faculty member and ask for RA application
  - PSYC 4956 credit

Honors in Psychology vs. Psi Chi

- Honors in Psychology is an academic program that is part of the University Honors Program
  - Complete honors sections of foundation courses (MATH 1700H, PSYC 1700H, and/or PSYC 2050H)
  - Complete an independent research project senior year
  - Apply junior year
- Psi Chi is the National Honor Society in Psychology
  - At least 2nd semester sophomore, 9 credits
  - 3.0 GPA; cumulative GPA within top 35% of college
Student Organizations

- **Active Minds** is a national leader for young adult mental health advocacy and suicide prevention.
- **Marquette SHAPE (Student Health Allies and Peer Educators)** is an organization for student athletes working to break the stigma surrounding mental health in athletics.
- **WE ARE SAATH** promotes awareness and discusses mental health in the South Asian Community.

activemindsmu@gmail.com
Other Opportunities

• Educational Opportunity Program – McNair Scholars Program
  • Review eligibility criteria on website (https://www.marquette.edu/mcnair-scholars-program/apply-now.php)
  • Information sessions throughout October
  • Application due October

• Marquette Mentoring program (https://alumni.marquette.edu/mentors)
  • Matched with a Marquette graduate, meet for entire year (Sept – April)
  • Application due early fall semester (i.e., 1st–2nd week of classes)

Other Opportunities

• Profile on Handshake
  • Automatically have an account
  • Set up profile for relevant postings
  • www.marquette.edu/career-services
Support Resources

- Faculty/Instructor/TA office hours
  - Check syllabus (in person or virtual)
- Office of Student Educational Services
  - Free tutoring: PSYC 1001 and MATH 1700
  - Academic coaching
- Norman H. Memorial Ott Writing Center
- MIC Speakers Lab (www.Marquette.edu/themic/)

Upcoming sessions
- Honors in Psychology
- Considering graduate school?
- Questions? Contact me: astrida.kaugars@marquette.edu

Index card
- What new piece of information did you learn tonight?
- What else would you like to learn more about?