Service Learning Program
Spring 2019 Reflection Sessions

Reflection is an integral part of service learning and attendance for at least one session is HIGHLY recommended. Service Learners should check with their professor to find out if attendance at a reflection session is required for the course. Service learners are welcome to attend more than one reflection session. Mark your calendars now and save the date for the topic(s) that relate to your course. Service learners are encouraged to RSVP for reflection sessions (see link below). Service learners who RSVP get priority for entry. Arriving more than 15 minutes late or leaving more than 15 minutes early will not count as a reflection attendance.

Use the following link to sign-up for reflection sessions: [http://www.marquette.edu/servicelearning/ReflectionSessions.shtml](http://www.marquette.edu/servicelearning/ReflectionSessions.shtml)

**Introduction to Service Learning and our Milwaukee Community**
Wednesday, January 30th, 6:00pm-7:30pm, AMU Ballroom A

Students who are new to service learning are highly encouraged to attend this session in order to learn about expectations and strategies for getting the most from this academic learning experience. Service Learning is a unique opportunity to integrate your learning between your traditional classroom and your community classroom, but what should you be doing as a student to help make those important connections? This session will help you take inventory of your identity and how that may affect your service learning experience, help you explore ways to positively interact with the organization you will serve, and help you examine your own comfort levels before you begin service.

**This session is strongly encouraged for those who have never participated in Service Learning.**

**Let’s Talk Stereotypes and Implicit Bias**
Tuesday, February 12th, 5:30pm-7:00pm, AMU 227

The stereotypes we hold blur our ability to develop relationships within our community and prevent us from seeing the bigger picture. How do we prevent ourselves from seeing people in the community as ‘others’? How did these stereotypes form? How do we hold ourselves accountable for social and cultural bias, so that we can be more open minded, accepting, and compassionate? During this session, participants will explore and reflect on how our stereotypes and biases shape our judgements about an individual or population of people. We will discuss how we can mitigate our judgements and bias to build better relationships with the people we work with during our service learning experience.

**Unequal Incarceration**
Thursday, February 28th, 5:00pm-6:30pm, AMU 227

Incarceration is a social justice issue gaining a lot of attention within the media. You may have seen documentaries or read books like the “New Jim Crow” focused on this issue and why it’s affecting black and brown communities at a disproportionate rate. How do social-environmental factors contribute to someone being incarcerated? What is the long-term impact on that individual and the community? What systems and laws may exacerbate the issue and create a negative continuous cycle for individuals? Join us as we discuss mass incarceration as a social justice issue.
Food Access
Sunday, March 3rd, 1:00pm-2:30pm, AMU 163

The Service Learning Program partners with numerous community organizations that work to provide access to healthy and affordable food. With increasing obesity rates and other diet-related diseases, healthy food security is especially pertinent to rural communities, communities of color, and people with low-income. Lack of access to healthy food is preventing people and communities from living a full life. During this reflection session, students will discuss why some communities don’t have access and what changes need to be made to increase access to healthy food for all communities.

Sexual Violence
Tuesday, March 19th, 6:00pm-7:30pm, AMU 227

The #MeToo movement has brought dialogue on sexual violence to the forefront. There are several factors that impede the healing process for those who experience sexual violence: Lack of resources and access to resources, a personal identity, the process of reporting, and sexism, which is ingrained in every facet of society. These factors (and more) affect how people and communities, especially minoritized communities get the support they need. During this reflection session, students will discuss the challenges that get in the way of sexual violence prevention.

What Would St. Iggy Do? Examining Charity and Justice
Friday, March 29th, 3:00pm-4:30pm, AMU 227

Through this semester of service learning, you came face to face with many examples of social inequality and injustice. You learned about the Milwaukee community and resources provided to communities of people. You applied what you learned within your service to what you were learning in the classroom. Now what? How do you make a lasting impact and continue laying the groundwork for effective change? This reflection session will discuss and answer some of these questions through an Ignatian lens. We will use the teachings/thoughts of St. Ignatius to define both “charity” and “justice” and then work to understand the pros and cons of both.

Creating A Purposed Filled Life
Monday, April 8th, 6:00pm-7:30pm, AMU 163
-OR-
Tuesday, April 23rd, 4:30pm-6:00pm, AMU 157

(Please Note: You should only attend one of these two sessions. You will not receive double credit for attending both. Final reflections will be capped at 100 students per session.)

Have you had experiences in life that made you say, “Yes, this is my purpose, this is what I am called to do!”? If we pay attention, our life experiences can not only inform our career choice, but it can inform our life’s purpose. Your service learning experience is only one of many life experiences that will push you closer realizing your vocation. How can you use your service learning experience to reinforce or negate your decisions about what kind of life you want to lead? This reflection session will give you space to think and talk about the many moments of your service learning experience and the possible impact on your life’s journey.

Attendance will be recorded and provided to professors at the end of the semester.