

# STUDY ABROAD PARENT WEBINAR



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DIFFERENCE.**

# Education Abroad Team

- **Karli Webster**, Director
  - Health & safety policies for study abroad
  - Partnership management
- **Megan Pavlic**, Education Abroad Coordinator
  - Advises students in arts & sciences, communications and education
  - Sibanye Cape Town
- **Millie Lor**, Education Abroad Advisor
  - Advises students in business, engineering, health sciences, nursing and law
- **Tia Langnes**, Program Coordinator
  - GeoBlue insurance, study abroad course placeholder & STEP enrollments, Project GO & non-credit programs
  - For departing spring 2023 Spain applicants: facilitates the Spain Group Visa Process



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# By the Numbers

- In J Session and Spring 2023, **246** students will be studying abroad in **26** different countries.



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# Overview

- Students' orientation
- Important documents your student should have
- Flights & arrival
- Communications while abroad
- Culture & managing culture shock
- Academics (at Marquette & abroad)
- Finances
- Health and safety
- Packing

# Your students' orientation process

- Online orientation modules & quizzes:
  - Culture (special guest from Counseling Center)
  - Health & insurance (COVID-19)
  - Safety
  - Sexual violence prevention training
  - Emergency procedures
  - Learning outcomes and goal setting
- 'In-person' Orientation
  - Review of important online modules
  - Focus on health & safety, and policies
  - Meeting with program-specific alumni, if available
- Encourage all to view the OIE *Preparing to Depart* website:  
<https://www.marquette.edu/study-abroad/preparing-to-depart.php>

# Documents and Copies

- **Valid Passport** (general rule: valid for SIX (6) months AFTER return date/program end)  
*more info at <https://travel.state.gov/content/travel/en/passports/how-apply.html>*
  - Apply or renew ASAP
    - Strongly recommend to expedite process (there is an additional fee (~\$60))
    - Marquette nor OIE can guarantee that your student will receive their passport prior to departure for program if student has not yet started or it is currently in process
- **Visa** (if needed)
  - Process in U.S. – NOTE: Group visa requirement for all Spring 2023 Spain students
  - Process abroad – Host institution will provide additional details prior to arrival or once on-site
- **Make copies of everything!**
  - Credit cards, passport, visa page in passport, phone #'s; emails

# Flights and Arrival in Host Country

- Booking flight
  - AFTER accepted by program (should be accepted by MU already – exception: spring break)
  - Arrive morning or midday, when possible
    - Host institution will provide any recommended arrival date(s)/time(s) – student should check with partner
  - Arrival/return dates should be inclusive of any program on-site orientation, final exam schedules, and host country entry requirements (testing, quarantine, etc., if applicable)
    - Dates are provided directly to the student. If unsure, student should reach out to the host institution to confirm.
  - Outside of this, the OIE does not dictate when and how students should return home (unless part of a mandatory group flight)
- Be mindful of your student's visa status (if applicable)
  - Legal process established by host country government
  - Advising on visas – OIE staff are not visa officials/immigration officers
  - Length of stay: what is the period of eligibility to remain in country?



# Communications While Abroad

- Communication plan
  - Arrival touch base
- Cell phones
- Laptops
- WIFI availability
- Calling/texting apps
  - WhatsApp, Viber, Kakao Talk, Line



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# Host Culture

- Respect and open-mindedness
- Resources – (*not limited to this list!*)
  - CultureGram (general attitudes, appearance (clothing), greetings, gestures, dating and marriage)
  - InternationalSOS country report – focuses on safety & travel
  - [Hofstede Cultural Dimensions](#) – comparison of cultures on six aspects
  - Host institution on-site orientation



# Culture Shock

## Possible Symptoms:

- Extreme homesickness
- Feelings of helplessness/dependency
- Depression and sadness
- Sleeping and/or eating disturbances (too little or much)
- Critical reactions to host culture

# Culture Shock: Managing Symptoms

Encourage your student to:

- Develop patterns or routines
- Explore the surroundings
- Find people to interact with
- Set and achieve small goals
- Focus on language acquisition
- Express feelings (to friends, in journals, etc.)
- Exercise
- GeoBlue offers virtual counseling ([\*Global Wellness Assist\*](#))

# Academics

## Academic environment overseas

- Professor relationships
- Course structure (syllabus, evaluations)
- Grading

## Registration

- Study abroad placeholder course
- Classes abroad – process varies by program
- Classes at MU the following semester

## Policies

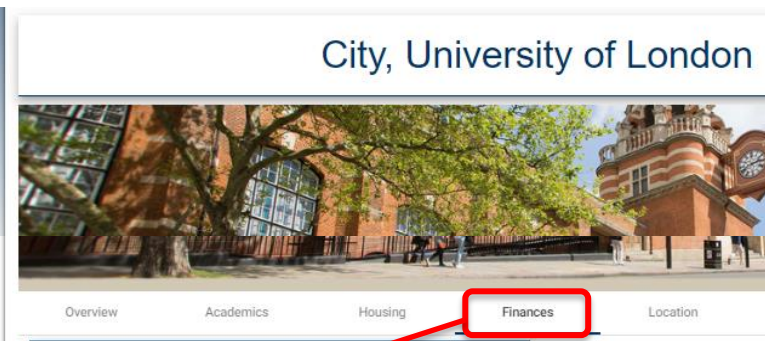
- Course approvals and transfer
- Grades (transfer policy and expectations)
- Maintenance of full-time status (equivalent of 12 credits)

# Finances

Billing Statement Date (initial e-bill)	Due Date
December 09, 2022	January 10, 2023

- Tuition and Payments
  - Varies by program type – reference program-specific budget sheet on [MUGlobal Portal](#)
  - Tuition & GeoBlue insurance: paid through CheckMarq
    - [Marquette tuition rate](#)
  - Non-tuition expenses: paid directly to host university or third-party provider
- Financial Aid
  - MU & FAFSA aid eligibility varies depending on term and program type
    - If paying MU tuition to participate on study abroad experience, aid may be eligible
  - Recommended to your student to sign up for [Direct Deposit](#)
  - [Timeline for Disbursements](#)
- Additional considerations
  - Power of Attorney; HIPAA (GeoBlue)
  - FERPA exceptions

Example of  
budget sheet



The screenshot shows a 'Spring Budget' table. A red box highlights the first three rows: GeoBlue International Health Insurance, UG Semester Tuition (22/23 rates), and a Billable subtotal. A red arrow points from the 'Finances' tab in the previous image to this table.

Spring Budget		
Budget item	MU Undergraduate Study Abroad Program Costs	MU Undergraduate Cost of Attendance at Marquette**
GeoBlue International Health Insurance	\$180.00	\$0.00
UG Semester Tuition (22/23 rates)	\$22930	\$22930
Billable subtotal:	\$23,110.00	\$22,930.00
Room and Board	\$4,100.00	\$7,318.00
Books	\$300.00	\$360.00
Airfare	\$800.00	\$0.00
Other	\$2,000.00	\$1,405.00
Meals	\$1,250.00	\$0.00
Transportation	\$750.00	\$652.00
Passport	\$165.00	\$0.00



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# Finances Abroad

- Notify bank(s)/card provider(s)
- Have local currency upon arrival
- Cash vs Cards
  - International fees (transaction, transfer, etc.)



# Safety: Marquette Security Measures

- GeoBlue International

[marquette.edu/study-abroad/health-and-safety/insurance](http://marquette.edu/study-abroad/health-and-safety/insurance)

- Individual Login

- SOS International

[www.internationalsos.com/](http://www.internationalsos.com/)

- Member Log In: 11BSGC000025

- [State Dept S.T.E.P. enrollment](#)

- AlertTraveler app

## Your student should:

- Let others know where they are
- Keep emergency contact numbers on them at all times
- Monitor Marquette email regularly
- Avoid demonstrations
- Make multiple copies of their documents
- Safeguard cash, documents, and valuables
- Be smart, be alert, be safe

# Health: COVID-19

- Expect that your student's study abroad experience may be slightly different
- Have a conversation: expectations vs. reality
- Follow all guidelines for international travel & in-country
  - Students have/will receive country-specific entry requirements either from the partner or our office
- Return to Marquette: as of November 14, 2022 -
  - [COVID-19 Testing No Longer Required for U.S. Entry as of June 12, 2022](#)
  - Review the CDC website: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/testing-international-air-travelers.html>
- GeoBlue covers COVID-19 medical expenses incurred after an official positive test result and limited lodging and transportation expenses related to quarantine (a strict isolation imposed by a Government authority or Physician when testing positive for an infectious disease).
- Marquette's COVID-19 Protocol: *What happens if your student tests positive?*





# Health: Immunizations

- All routine vaccines should be current
  - MMR, DTP, Varicella, Polio, flu shot, COVID-19 (booster if eligible)
  - Some are multiple shots, known as a "series" (start early!)
- Refer to [CDC.gov website](https://www.cdc.gov) for additional recommended immunizations
- **Talk with regular general practitioner**
- [MU Medical Clinic Travel Clinic](#)
  - Schroeder Health Complex, Lower Level

# Health: Medications

- Pack in carry-on luggage
- Enough to last entire program (or more)
- Keep in the original container
- Keep copy of doctor's Rx
- Confirm it's legal in the host country
- Discuss with doctor:
  - Time change adjustment
  - Alternative medications if yours is not available/legal
  - Consultation while abroad

Do **not** stop taking a medication abroad, without a doctor's permission!



# Emergency Procedures

The program will provide students with on-site emergency contact information.

## 1. **Seek medical attention if necessary**

- Marquette faculty program leader(s)/director(s)
- GeoBlue Global Assistance (Direct: 610-254-8771)

## 2. **Contact Marquette University**

- MU Police, 1-414-288-1911 (outside of business hours; monitored 24/7)
- OIE at 1-414-288-7289 (during business hours)

## 3. **File claim with GeoBlue for medical expenses (next slide)**

# Insurance Abroad

## GeoBlue Insurance:

- Mandatory for all Marquette students going abroad
- No network limitations
- No deductibles
- \$45/month billed through Marquette's Office of the Bursar

## Plan details:

- Students will be automatically enrolled based on program dates
- Additional information: <https://www.marquette.edu/study-abroad/health-and-safety/insurance.php>

# Safety: Phone #'s

- Emergency Card
  - In-country fire, ambulance, police
  - Add Local Numbers:
    - Reliable Taxi Service
    - Program Contact
    - Housing Contact
- Add #'s in phone if taking it abroad
- MUPD (24-hrs): 414-288-1911

**EMERGENCY CONTACTS**

MU Police Dept. (24-hrs): **414-288-1911**

MU OIE (8-4:30 CT): **414-288-7289**

*\*Add "001" before above #'s, if calling from abroad*

Local Emergency Numbers: Tanzania

Ambulance: \_\_\_\_\_

Fire: \_\_\_\_\_

Police: \_\_\_\_\_

**EMERGENCY CONTACTS CONT.**

MU Victim Advocacy (24-hrs): **414-288-5244**

Local U.S. Consulate: \_\_\_\_\_

Reliable Taxis: \_\_\_\_\_

Program Coordinator: \_\_\_\_\_

Program Emergency #: \_\_\_\_\_



# Packing



- Over-packing
- What is functional and appropriate
- Research seasons



Thank You! Any Questions?



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