

# STUDY ABROAD PARENT WEBINAR



# Overview

- Staff introductions
- Students' orientation
- Documents
- Finances
- Flights & arrival
- Culture and managing culture shock
- Academics
- Health and safety
  - COVID-19
- Packing
- Communications while abroad

# Education Abroad Team

- Karli Webster, Manager of Education Abroad
  - Health & Safety
  - Sibanye Cape Town, Law School
- Rebecca Schano, Education Abroad Coordinator
  - Group visa processing for Spain & Italy (if available)
  - College of Health Sciences, Engineering, Nursing, Communications and Business
- Millie Lor, Education Abroad Advisor
  - College of Arts & Sciences, Education & Sibanye Cape Town
- Tia Langnes, Office Associate
  - GeoBlue insurance, study abroad course placeholder & STEP enrollments
  - Project GO, COBA faculty-led



## By the Numbers

- In Summer & Fall, **52** of our students will be studying in **11** different countries.





# Your students' orientation process

- *Preparing to Depart* website: <https://www.marquette.edu/study-abroad/preparing-to-depart.php>
- Online orientation modules:
  - Culture
  - Health & insurance (COVID-19)
  - Safety
  - Sexual violence prevention training
  - Emergency procedures
  - Learning outcomes and goal setting
- 'In-person' Orientation (for summer & fall 2021 participants, provided online)
  - 'In-person' review of important online content
  - Focus on health & safety, and policies
  - Meeting with program-specific alumni, if available



# Documents and Copies

- **Passport**  
(more info at <https://travel.state.gov/content/travel/en/passports/how-apply.html>)
  - Apply or renew ASAP – current processing times may be longer due to COVID-19
  - Expedited process is available for additional fee (~\$60)
  - Recommended to be valid for SIX months AFTER return date/program end
- **Visa (if needed)**
  - Process in U.S.
  - Process abroad
- **Make copies of everything!**
  - Credit cards, passport, visa page in passport, phone #'s; emails

# Finances

- Tuition and Payments

Billing Statement Date	Payment Due Date
Summer – May 14, 2021 Fall – July 20, 2021	Summer – June 15, 2021 Fall – August 24, 2021

- Financial Aid

- [Direct Deposit](#)
- [Timeline for Disbursements](#)

- Power of Attorney; FERPA and exceptions





# Money Abroad

- Contacting your bank
- Local Currency
- Cash vs Cards
- Credit/debit cards
- Taking money







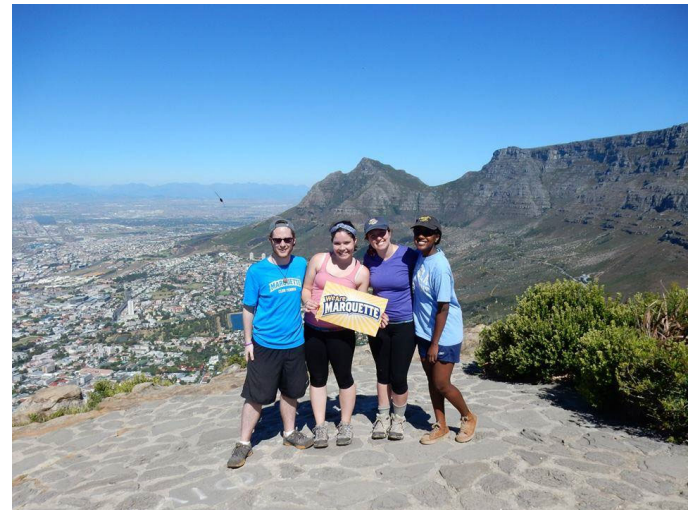
# Airfare and Arrival

- Booking airfare
  - AFTER accepted by program (should be accepted by MU already)
    - Summer & Fall 2021: Advised to wait to book airfare
  - Arrive morning or midday, when possible
  - Note arrival dates AND times, orientation dates, exam schedules
- Visa Process
  - Legal process
  - Advising on visas - group vs. individual



# Host Culture

- Respect and open-mindedness
- Culture Gram
  - General Attitudes
  - Appearance
  - Greetings
  - Gestures
  - Dating and Marriage





# Culture Shock

## Possible Symptoms:

- Extreme homesickness
- Feelings of helplessness/dependency
- Depression and sadness
- Sleeping and/or eating disturbances (too little or much)
- Critical reactions to host culture



# Culture Shock: Managing Symptoms

## Solutions:

- Develop patterns or routines
- Explore the surroundings
- Find people to interact with
- Set and achieve small goals
- Focus on language acquisition
- Express your feelings (to friends, in journals, etc.)
- Exercise



# Academics

## Academic environment overseas

- Professor relationships
- Course structure (syllabus, evaluations)
- Grading

## Registration

- MU Course
- Study abroad placeholder courses
- For classes abroad
- For classes at MU the following semester

## Policies

- Course approvals and transfer
- Grades (transfer policy and expectations)
- Maintenance of full-time status (equivalent of 12 credits)



# Safety: Marquette Security Measures

- GeoBlue

- Individual Login

- SOS International

(<https://www.internationalsos.com/>)

- Member Log In: 11BSGC000025

- State Dept STEP enrollment

- AlertTraveler app

## Your student should:

- Let others know where they are
- Keep emergency contact numbers on them at all times
- Monitor Marquette email regularly
- Avoid demonstrations
- Make multiple copies of their documents
- Safeguard cash, documents, and valuables
- Be smart, be alert, be safe



# Health: COVID-19

- Expect that your student's study abroad experience will be different
- Have a conversation: expectations vs. reality
- Follow all guidelines for international travel & in-country
  - Students have/will receive country-specific entry requirements either from the partner or our office
- Return to Marquette: as of April 12, 2021 -
  - Negative COVID-19 test within three calendar days prior to departure for United States
  - Review the U.S. State Department website: <https://travel.state.gov/content/travel/en/traveladvisories/ea/covid-testing-required-us-entry.html>



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# Health: Immunizations

- All routine vaccines should be current
  - MMR, DTP, Varicella, Polio, flu shot
  - Some are multiple shots AKA a series (start early!)
- Refer to [CDC.gov website](https://www.cdc.gov) for additional recommended immunizations
- **Talk with regular general practitioner**
- MU Medical Clinic
  - Schroeder Health Complex, Lower Level



# Health: Medications

- In carry-on luggage
- Enough to last your entire program (or more)
- Keep in the original container
- Keep copy of doctor's Rx
- Confirm it's legal in your host country
- Discuss with your doctor:
  - Time change adjustment
  - Alternative medications if yours is not available/legal
  - Consultation while abroad

Do **not** stop taking a medication abroad, without a doctor's permission!



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# Emergency Procedures

The program will provide students with on-site emergency contact information.

## **1. Seek medical attention if necessary**

- Marquette faculty program leader(s)/director(s)
- GeoBlue Global Assistance (Direct: 610-254-8771)

## **2. Contact Marquette University**

- MU Police, 1-414-288-1911 (outside of business hours; monitored 24/7)
- OIE at 1-414-288-7289 (during business hours)

## **3. File claim with GeoBlue for medical expenses (next slide)**



# Insurance Abroad

## GeoBlue Insurance:

- Mandatory for all Marquette students going abroad
- No network limitations
- No deductibles
- \$43/month billed through Marquette's Office of the Bursar

## Plan details:

- Students will be automatically enrolled based on program dates
- Additional information: <https://www.marquette.edu/study-abroad/health-and-safety/insurance.php>

# Safety: Phone #'s

- Emergency Card
  - In-country fire, ambulance, police
  - Add Local Numbers:
    - Reliable Taxi Service
    - Program Contact
    - Housing Contact
- Add #'s in phone if taking it abroad
- MUPD (24-hrs): 414-288-1911



# Packing



- Over-packing
- What is functional and appropriate
- Research seasons

# Communication

- Cell phones
- Laptops
- WIFI availability
- Arrival touch base
- Communication plan
- Calling/texting apps





**Thank You! Any Questions?**



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