STUDY ABROAD PARENT WEBINAR



Overview

- Education Abroad Staff
- Students' orientation
- Important documents your student should have
- Finances
- Flights & arrival
- Culture and managing culture shock

- Academics (at Marquette & abroad)
- Health and safety
 - Let's Talk COVID-19
- Packing
- Communications while abroad



Education Abroad Team

- Karli Webster, Manager of Education Abroad
 - Health & safety policies for study abroad
 - Advises students in Law School
- Millie Lor, Education Abroad Advisor
 - Advises students in colleges of Arts & Sciences and Education
- Tia Langnes, Education Abroad Program Coordinator
 - GeoBlue insurance, study abroad course placeholder & STEP enrollments, Project GO & non-credit programs
- Rebecca Schano, Education Abroad Coordinator
 - Facilitates the Spain Group Visa Process
 - Advises students in College of Health Sciences, Engineering,
 Nursing, Communications and Business





By the Numbers

 In Summer and Fall 2022, 187 students will be studying abroad in 24 different countries.





Your students' orientation process

- Online orientation modules & quizzes:
 - Culture (special guest from Counseling Center)
 - Health & insurance (COVID-19)
 - Safety
 - Sexual violence prevention training
 - Emergency procedures
 - Learning outcomes and goal setting
- 'In-person' Orientation (for summer and fall 2022 participants, provided online)
 - Review of important online modules
 - Focus on health & safety, and policies
 - Meeting with program-specific alumni, if available
- Encourage all to view the OIE Preparing to Depart website:
 https://www.marquette.edu/study-abroad/preparing-to-depart.php



Finances

Tuition and Payments

Billing Statement Date (initial e-bill)	Due Date
Summer: May 17, 2022	Summer: June 15, 2022
Fall: July 19, 2022	Fall: August 23, 2022

- Housing, meals, etc. paid directly to host university or third-party provider – reference program-specific budget sheet on <u>MUGlobal Portal</u>
- Financial Aid
 - Recommended to your student to sign up for <u>Direct Deposit</u>
 - Timeline for Disbursements
- Consider discussing the following with your student
 - Power of Attorney; HIPAA (GeoBlue)
 - FERPA exceptions





Money Abroad

- Contacting your bank
- Local Currency
- Cash vs Cards
- Credit/debit cards
- Taking money



Documents and Copies

- Valid Passport (general rule: valid for SIX (6) months <u>AFTER</u> return date/program end) more info at <u>https://travel.state.gov/content/travel/en/passports/how-apply.html</u>
 - Apply or renew ASAP current processing times are longer due to COVID-19
 - Strongly recommend to expedite process (there is an additional fee (~\$60))
 - Marquette nor OIE can guarantee that your student will receive passport prior to departure for program
 if student is currently in this process or has not yet started this
- Visa (if needed)
 - Process in U.S. Spain Group Visa Process is available for Fall 2022 students (optional for students to participate in)
 - Process abroad Host institution will provide additional details prior to arrival or once on-site
- Make copies of everything!
 - Credit cards, passport, visa page in passport, phone #'s; emails



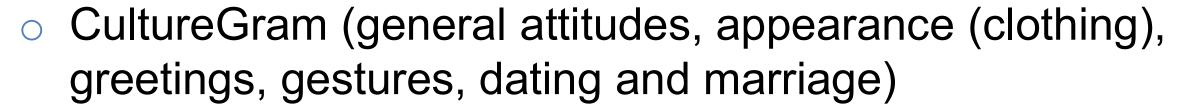
Airline and Arrival

- Booking airline
 - AFTER accepted by program (should be accepted by MU already)
 - Arrive morning or midday, when possible
 - Host institution will provide any recommended arrival date(s)/time(s) student should check with partner
 - Arrival/return dates should be inclusive of any program on-site orientation, final exam schedules, and host country entry requirements (testing, quarantine, etc., if applicable)
 - Dates are provided directly to the student. If unsure, student should reach out to the host institution to confirm.
 - Outside of this, the OIE does not dictate when and how students should return home (some academic colleges have their own preferences for short-term programs)
- Be mindful of your student's visa status (if applicable)
 - Legal process established by host country government
 - Advising on visas Marquette nor OIE are visa officials
 - Length of stay: when does the visa expire?



Host Culture

- Respect and open-mindedness
- Resources (not limited to this list!)



- InternationalSOS country report focuses on safety & travel
- Hofstede Cultural Dimensions comparison of cultures on six aspects
- Host institution on-site orientation





Culture Shock

Possible Symptoms:

- Extreme homesickness
- Feelings of helplessness/dependency
- Depression and sadness
- Sleeping and/or eating disturbances (too little or much)
- Critical reactions to host culture



Culture Shock: Managing Symptoms

Encourage your student to:

- Develop patterns or routines
- Explore the surroundings
- Find people to interact with
- Set and achieve small goals
- Focus on language acquisition
- Express feelings (to friends, in journals, etc.)
- Exercise
- GeoBlue offers virtual counseling (<u>Global Wellness Assist</u>)



Academics

Academic environment overseas

- Professor relationships
- Course structure (syllabus, evaluations)
- Grading

Registration

- MU Courses
- Study abroad placeholder courses
- For classes abroad
- For classes at MU the following semester

Policies

- Course approvals and transfer
- Grades (transfer policy and expectations)
- Maintenance of full-time status (equivalent of 12 credits)



Safety: Marquette Security Measures

GeoBlue International

(marquette.edu/study-abroad/health-and-safety/insurance)

- Individual Login
- SOS International

(www.internationalsos.com/)

- Member Log In: 11BSGC000025
- State Dept S.T.E.P. enrollment
- AlertTraveler app

Your student should:

- Let others know where they are
- Keep emergency contact numbers on them at all times
- Monitor Marquette email regularly
- Avoid demonstrations
- Make multiple copies of their documents
- Safeguard cash, documents, and valuables
- Be smart, be alert, be safe

Health: COVID-19

- Expect that your student's study abroad experience will be different
- Have a conversation: expectations vs. reality
- Follow all guidelines for international travel & in-country
 - Students have/will receive country-specific entry requirements either from the partner or our office
- Return to Marquette: as of April 6, 2022 -
 - Negative COVID-19 test taken no more than 1 day prior to departure for United States (<u>effective</u> <u>December 6, 2021</u>)
 - Review the CDC website: https://www.cdc.gov/coronavirus/2019-ncov/travelers/testing-international-air-travelers.html
- GeoBlue only covers COVID-19 medical expenses incurred after an official positive test result.
- Marquette's COVID-19 Protocol: What happens if your student tests positive?



Health: Immunizations

- All routine vaccines should be current
 - MMR, DTP, Varicella, Polio, flu shot, COVID-19 (booster if eligible)
 - Some are multiple shots AKA a series (start early!)
- Refer to <u>CDC.gov website</u> for additional recommended immunizations
- Talk with regular general practitioner
- MU Medical Clinic
 - Schroeder Health Complex, Lower Level



Health: Medications

- In carry-on luggage
- Enough to last entire program (or more)
- Keep in the original container
- Keep copy of doctor's Rx
- Confirm it's legal in the host country
- Discuss with doctor:
 - Time change adjustment
 - Alternative medications if yours is not available/legal
 - Consultation while abroad

Do <u>not</u> stop taking a medication abroad, without a doctor's permission!



Emergency Procedures

The program will provide students with on-site emergency contact information.

1. Seek medical attention if necessary

- Marquette faculty program leader(s)/director(s)
- GeoBlue Global Assistance (Direct: 610-254-8771)

2. Contact Marquette University

- MU Police, 1-414-288-1911 (outside of business hours; monitored 24/7)
- OIE at 1-414-288-7289 (during business hours)
- 3. File claim with GeoBlue for medical expenses (next slide)



Insurance Abroad

GeoBlue Insurance:

- Mandatory for all Marquette students going abroad
- No network limitations
- No deductibles
- \$43/month billed through Marquette's Office of the Bursar

Plan details:

- Students will be automatically enrolled based on program dates
- Additional information: https://www.marquette.edu/study-abroad/health-and-safety/insurance.php



Safety: Phone #'s

- Emergency Card
 - In-country fire, ambulance, police
 - Add Local Numbers:
 - Reliable Taxi Service
 - Program Contact
 - Housing Contact
- Add #'s in phone if taking it abroad
- MUPD (24-hrs): 414-288-1911





Packing



- Over-packing
- What is functional and appropriate
- Research seasons



Communication

- Cell phones
- Laptops
- WIFI availability
- Arrival touch base
- Communication plan
- Calling/texting apps



