

STUDY ABROAD PARENT WEBINAR



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Meet the Education Abroad Team

- **Karli Webster**, Director
 - Health & safety policies for study abroad
 - Partnership management
- **Megan Pavlic**, Education Abroad Coordinator
 - Advises students in arts & sciences, communications and education
 - Sibanye Cape Town
 - Spain, Italy, and South Africa visa advising
- **Millie Lor**, Education Abroad Advisor
 - Advises students in business, engineering, health sciences, nursing and law
- **Tia Langnes**, Program Coordinator
 - GeoBlue insurance, study abroad course placeholder & STEP enrollments, Project GO & non-credit programs



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By the Numbers

- In Summer and Fall 2023, **229** students will be participating in education abroad programs in **22** different countries.



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Tonight's Agenda

- Your students' orientation
- Important documents your student should have
- Flights & arrival
- Communications
- Cultural adjustment & Culture shock
- Academics
- Finances
- Health and safety
- Packing

Your students' orientation process

- Online orientation modules & quizzes:
 - Culture
 - Health & insurance (COVID-19)
 - Safety
 - Sexual violence prevention training
 - Emergency procedures
 - Learning outcomes and goal setting
- 'In-person' Orientation
 - Review of important online modules
 - Focus on health & safety, and policies (special guest from Marquette Counseling Center)
 - Meeting with program-specific alumni, if available
- Encourage all to view the OIE *Preparing to Depart* website:
<https://www.marquette.edu/study-abroad/preparing-to-depart.php>



Documents and Copies

- **Valid Passport** (general rule: valid for SIX (6) months AFTER return date/program end)
more info at <https://travel.state.gov/content/travel/en/passports/how-apply.html>
 - Apply or renew ASAP
 - Strongly recommend to expedite process (there is an additional fee (~\$60))
 - Marquette nor OIE can guarantee that your student will receive their passport prior to departure for program
- **Visa** (if needed)
 - Legal process established by host country government
 - Advising on visas – OIE staff are not visa officials/immigration officers
 - Process in U.S. – depends on the host country entry requirements
 - Process abroad – Host institution will provide additional details prior to arrival or once on-site
- **Make copies of everything!**
 - Credit cards, passport, visa, phone #'s, emails



Flights and Arrival in Host Country

- Booking flight
 - AFTER accepted by program (should be accepted by MU already)
 - Arrive morning or midday, when possible
 - Host institution will provide any recommended arrival date(s)/time(s) – student should check with partner
 - Arrival/return dates should be inclusive of any program on-site orientation, final exam schedules, and host country entry requirements (testing, quarantine, etc., if applicable)
 - Dates are provided directly to the student. If unsure, student should reach out to the host institution to confirm.
 - Outside of this, the OIE does not dictate when and how students should return home (unless part of a mandatory group flight)
- Be mindful of your student's visa status (if applicable)
 - Length of stay: what is the period of eligibility to remain in-country?



Communications While Abroad

- Communication plan
 - Arrival touch base
- Cell phones
 - International plan or SIM card
- Calling/texting apps
 - WhatsApp, Viber, Kakao Talk, Line, Facebook Messenger



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Cultural Adjustment

- Respect and open-mindedness
- Resources – (*not limited to this list!*)
 - CultureGram (general attitudes, appearance (clothing), greetings, gestures, dating and marriage)
 - [Hofstede's Cultural Dimensions](#) – comparison of cultures on six aspects
 - YouTube
 - Host institution on-site orientation



Culture Shock

Possible Symptoms:

- Extreme homesickness
- Feelings of helplessness/dependency
- Depression and sadness
- Sleeping and/or eating disturbances (too little or much)
- Critical reactions to host culture

Culture Shock: Managing Symptoms

Encourage your student to:

- Develop patterns or routines
- Explore the surroundings
- Find people to interact with
- Set and achieve small goals
- Focus on language acquisition
- Express feelings (to friends, in journals, etc.)
- Exercise
- GeoBlue offers virtual counseling ([*Global Wellness Assist*](#))

Academics

Academic environment overseas

- Professor relationships
 - Limited or no office hours
 - Email or in-class
- Course structure
 - Review syllabi
 - More independent work
- Grading
 - Program-specific grading scale on MUGlobal Portal
 - Final grade composed of a few assignments/exam

Registration

- Study abroad placeholder course – done by OIE
- Classes abroad – process varies by program
- Classes at MU the following semester – install MU VPN prior to departure

STUDY ABROAD COURSE APPROVAL FORM

[Click here to unlock and re-lock the Admin area.](#)

| | | | | |
|--------------------------------------|----------------------------------|-------------------|---------|--|
| Student Name (Last Name, First Name) | MU ID Number | Academic College | Major 1 | Major 2 or Minor |
| Program Name | Program Location (City, Country) | Study Abroad Term | Year | School Issuing Transcript (if different than program) |

| STUDENT AREA: Section to be completed by student (course syllabi or descriptions should be provided for previously unapproved courses) | | | ADMIN AREA: Section to be completed by Dept. Chair or College Rep. | | |
|---|-------------------------|---|--|---------------------------------------|---------------------------------------|
| Study Abroad Course Subject # & Title (e.g. ENGL 1001: Rhetoric and Comp 1) | Host Credit Hours | Requested MU Course Equivalent <i>There is no guarantee this specific course will be approved</i> | Approved MU Course Equivalent | Applies to (e.g. major/minor, MCC) | College Representative Approval |
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Policies

- Course approval process
- Verification of course enrollment
- Grades (transfer policy and expectations)
- Maintenance of full-time status (equivalent of 12 credits)



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Finances

| Billing Statement Date (initial e-bill) | Due Date |
|---|--|
| Summer: May 16, 2023 Fall: mid-July 2023 | Summer: June 15, 2023 Fall: August 22, 2023 |

Tuition and Other Payments

- Varies by program – reference program-specific budget sheet on [MUGlobal Portal](#)
- If tuition is included in "billable" items, relevant term [MU tuition rates](#) is applicable and billed through Checkmarq
- GeoBlue insurance is billed through Checkmarq
- Program fee for MU *faculty-led* programs is billed through CheckMarq
- Non-tuition expenses for non-faculty-led programs (accommodations, program fees, etc.) are payable directly to host university or third-party provider

Example of
budget sheet

Financial Aid

- MU & FAFSA aid applicability varies depending on term and program type
 - MU tuition scholarships are only applicable to programs where MU tuition is charged
- Aid disbursements may not align with program dates abroad:
 - [Timeline for Disbursements](#)
- Student should sign up for [Direct Deposit](#)

City, University of London



Fall Budget

| Budget item | MU Undergraduate Study Abroad Program Costs | MU Undergraduate Cost of Attendance at Marquette** |
|--|--|---|
| GeoBlue International Health Insurance | \$150.00 | \$0.00 |
| UG Semester Tuition (23/24 rates) | \$23845 | \$23845 |
| Billable subtotal: | \$23,995.00 | \$23,845.00 |
| Room and Board | \$5,500.00 | \$7,870.00 |
| Books | \$300.00 | \$360.00 |
| Airfare | \$1,000.00 | \$0.00 |
| Other | \$1,500.00 | \$1,855.00 |
| Meals | \$1,500.00 | \$0.00 |
| Transportation | \$500.00 | \$1,306.00 |
| Passport | \$165.00 | \$0.00 |



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Withdrawal Policy

If a student decides to withdraw from their program after they have officially committed, they must contact the Office of International Education (OIE) in writing at studyabroad@marquette.edu to officially withdraw.

Students who withdraw will be subject to the following withdrawal and refund policy:

Program Fee, Deposit, and Insurance billed by MU

- **Withdrawal prior to Commitment Deadline:** Nothing is owed—student receives full refund, including his or her \$500 Program Deposit if previously paid.
- **Withdrawal 30 days or more prior to program start date:** Student forfeits the \$500 non-refundable Program Deposit and remains responsible for paying the unrecoverable program costs (“Unrecoverable costs”)
- **Withdrawal 29 days or less prior to program start date:** Student forfeits the \$500 non-refundable Program Deposit, insurance, and remains responsible for paying the full cost of the program (“Program Fee”)

Tuition billed by MU

- Fees assessed for MU tuition will follow the Bursar’s Office’s policies and regulations which can be found on their [website](#).

The Withdrawal & Refund Policy relates only to expenses billed to students by MU for participation in an education abroad program. MU does not in any instance reimburse for non-billable/out-of-pocket expenses.

Additional Considerations:

Consular issues: Students must acquire the proper immigration documents to enter the destination country and/or secure transit visas and are advised to do so well ahead of departure dates. If a student does not obtain his or her passport prior to departure and/or a student’s visa application to travel to the program location is denied by the embassy or consulate in question, or is not received in time for departure, the student is responsible for program costs according to the refund schedule outlined above.

Compliance with deadlines and/or disciplinary issues: Students that are withdrawn from their program by OIE due to not completing requirements by deadlines and/or students who are placed on probation due to academic or disciplinary issues will all abide by the established deadlines above.

Finances Abroad

- Debit/Credit Cards
 - May require a travel notification for use abroad
 - Know how to "lock" a card if lost or stolen
 - Know how to report card lost or stolen
- Have local currency upon arrival
- Cash vs Cards
 - Cards may not be as widely accepted, or only certain types of cards (Visa or MasterCard)
 - Know bank or card fees (transaction, withdrawal, etc.)



Safety: Marquette Security Measures

- GeoBlue International

[\(\[marquette.edu/study-abroad/health-and-safety/insurance\]\(http://marquette.edu/study-abroad/health-and-safety/insurance\)\)](http://marquette.edu/study-abroad/health-and-safety/insurance)

- Individual Login

- International SOS

[\(www.internationalsos.com/\)](http://www.internationalsos.com/)

- Member Log In: 11BSGC000025

- [State Dept S.T.E.P. enrollment](#)

- AlertTraveler app

Your student should:

- Let others know where they are
- Keep emergency contact numbers on them at all times
- Monitor and respond to Marquette email regularly
- Avoid demonstrations
- Make multiple copies of their documents
- Safeguard cash, documents, and valuables
- Be smart, be alert, be safe

Health: COVID-19

- Expect that your student's study abroad experience may be slightly different
- Have a conversation: expectations vs. reality
- Follow all guidelines for international travel & in-country
 - Students have/will receive country-specific entry requirements either from the partner or our office
- Return to Marquette: as of April 3, 2023 -
 - [COVID-19 Testing No Longer Required for U.S. Entry as of June 12, 2022](#)
 - Review the CDC website: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html>
- GeoBlue covers COVID-19 medical expenses incurred after an official positive test result and limited lodging and transportation expenses related to quarantine (a strict isolation imposed by a Government authority or Physician when testing positive for an infectious disease).
- Marquette's COVID-19 Protocol: *What happens if your student tests positive?*



Health: Immunizations

- All routine vaccines should be current
 - MMR, DTP, Varicella, Polio, flu shot, COVID-19 (2 doses, plus booster)
 - Some are multiple shots, known as a "series" (start early!)
- Refer to [CDC.gov website](https://www.cdc.gov) for additional recommended immunizations
- **Talk with regular general practitioner**
- [MU Medical Clinic Travel Clinic](#)
 - Schroeder Health Complex, Lower Level

Health: Medications

- Pack in carry-on luggage
- Bring enough to last entire program (or more)
- Keep in the original container
- Keep copy of doctor's Rx
- Confirm it's legal in the host country
- Discuss with doctor:
 - Time change adjustment
 - Alternative medications if yours is not available/legal
 - Consultation while abroad

Do **not** stop taking a medication abroad without a doctor's permission!



Emergency Procedures

The program will provide students with on-site emergency contact information.

1. **Seek medical attention if necessary**

- Marquette faculty program leader(s)/director(s)
- GeoBlue Global Assistance (Direct: 610-254-8771)

2. **Contact Marquette University**

- MU Police, 1-414-288-1911 (outside of business hours; monitored 24/7)
- OIE at 1-414-288-7289 (during business hours)

3. **File claim with GeoBlue for medical expenses (next slide)**

Insurance Abroad

GeoBlue Insurance:

- Mandatory for all Marquette students going abroad
- No network limitations
- No deductibles
- \$50/month billed through Marquette's Office of the Bursar

Plan details:

- Students will be automatically enrolled based on program dates
- Additional information: <https://www.marquette.edu/study-abroad/health-and-safety/insurance.php>

Additional considerations:

- Medical and Legal Power of Attorney forms
- HIPAA Authorization (GeoBlue form)
- FERPA release



Safety: Phone #'s

- Emergency Card
 - In-country fire, ambulance, police
 - Add Local Numbers:
 - Reliable Taxi Service
 - Program Contact
 - Housing Contact
- Add #'s in phone if taking it abroad
- MUPD (24-hrs): 414-288-1911

EMERGENCY CONTACTS
MU Police Dept. (24-hrs): **414-288-1911**
MU OIE (8-4:30 CT): **414-288-7289**
**Add "001" before above #'s, if calling from abroad*
Local Emergency Numbers: Tanzania
Ambulance: _____
Fire: _____
Police: _____

EMERGENCY CONTACTS CONT.
MU Victim Advocacy (24-hrs): **414-288-5244**
Local U.S. Consulate: _____
Reliable Taxis: _____
Program Coordinator: _____
Program Emergency #: _____



Packing



- Over-packing
- What is functional and appropriate
- Seasons and average temperatures



Thank You! Any Questions?



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