

STUDY ABROAD PARENT WEBINAR



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Overview

- Staff introductions
- Students' orientation
- Documents
- Finances
- Flights & arrival
- Culture and managing culture shock
- Academics
- Health and safety
 - COVID-19
- Packing
- Communications while abroad

Education Abroad Team

- Office of International Education
 - Karli Webster, Associate Director & Mgr. of Education Abroad
 - Rebecca Schano, Education Abroad Coordinator
 - Mitch Lawson, Education Abroad Coordinator
 - Toni Bartolutti, Education Abroad Coordinator
 - Millie Lor, Education Abroad Advisor
 - Tia Langnes, Office Associate



By the Numbers

- In Spring, **40** of our students will be studying in **8** different countries.



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Your students' orientation process

- Online orientation modules:
 - Culture
 - Health & insurance (COVID-19)
 - Safety
 - Sexual violence prevention training
 - Emergency procedures
 - Learning outcomes and goal setting
- 'In-person' Orientation (for spring 2021 participants, provided online)
 - In-person review of important online content
 - Focus on health & safety, and policies
 - Meeting with program-specific alums, when available

Documents and Copies

- Passport
 - Apply or renew ASAP – current processing times may be longer due to COVID-19
 - Expedited process is only available in case of an emergency
 - Must be valid for 6 months AFTER return date/program end
- Visa (if needed)
 - Process in U.S.
 - Process abroad
- Make copies of everything!
 - Credit cards, passport, visa page in passport, phone #'s; emails

Finances

- Tuition and Payments
- Financial Aid
 - Direct Deposit
 - Timeline for Disbursements
- Power of Attorney; FERPA and exceptions

Billing Statement Date	Payment Due Date
December 11, 2020*	January 19, 2021*



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Money Abroad

- Contacting your bank
- Local Currency
- Cash vs Cards
- Credit/debit cards
- Taking money



Airfare and Arrival

- Booking airfare
 - AFTER accepted by program (should be accepted by MU already); students have been advised to wait to book airfare
 - Arrive morning or midday, when possible
 - Note arrival dates AND times, orientation dates, exam schedules
- Visa Process
 - Legal process
 - Advising on visas - group vs. individual

Host Culture

- Respect and open-mindedness
- Culture Gram
 - General Attitudes
 - Appearance
 - Greetings
 - Gestures
 - Dating and Marriage



Culture Shock: Possible Symptoms

Symptoms:

- Extreme homesickness
- Feelings of helplessness/dependency
- Depression and sadness
- Sleeping and/or eating disturbances (too little or much)
- Critical reactions to host culture

Culture Shock: Managing Symptoms

Solutions:

- Develop patterns or routines
- Explore the surroundings
- Find people to interact with
- Set and achieve small goals
- Focus on language acquisition
- Express your feelings (to friends, in journals, etc.)
- Exercise

Academics

Academic environment overseas

- Professor relationships
- Course structure (syllabus, evaluations)
- Grading

Registration

- MU Course
- Study abroad placeholder courses
- For classes abroad
- For classes at MU the following semester

Policies

- Course approvals and transfer
- Grades (transfer policy and expectations)
- Maintenance of full-time status (equivalent of 12 credits)

Safety: Marquette Security Measures

- GeoBlue
- SOS International
(<https://www.internationalsos.com/>)
 - Member Log In: 11BSGC000025
- State Dept STEP enrollment
- AlertTraveler app

Your student should:

- Let others know where they are
- Keep emergency contact numbers on them at all times
- Monitor Marquette email regularly
- Avoid demonstrations
- Make multiple copies of their documents
- Safeguard cash, documents, and valuables
- Be smart, be alert, be safe

Health: Immunizations

- All routine vaccines should be current
 - MMR, DTP, Varicella, Polio, flu shot
 - Some are multiple shots AKA a series (start early!)
- Use CDC.gov
- **Talk with regular general practitioner**
- MU Medical Clinic
 - Schroeder Health Complex, Lower Level

Health: Medications

- In carry-on luggage
- Enough to last your entire program (or more)
- Keep in the original container
- Keep copy of doctor's Rx
- Confirm it's legal in your host country
- Discuss with your doctor:
 - Time change adjustment
 - Alternative medications if yours is not available/legal
 - Consultation while abroad

Do **not** stop taking a medication abroad, without a doctor's permission!



Emergency Procedures

The program will provide students with on-site emergency contact information.

1. Seek medical attention if necessary

- Marquette faculty program leader(s)/director(s)
- GeoBlue Global Assistance (Direct: 610-254-8771)

2. Contact Marquette University

- MU Police, 1-414-288-1911
- OIE at 1-414-288-7289

3. File claim with GeoBlue for medical expenses (next slide)

Insurance Abroad

GeoBlue Insurance:

- All Marquette students going abroad
- No network limitations
- No deductibles
- \$43/month billed through Marquette's Office of the Bursar

Plan details:

- Students will be automatically enrolled based on program dates

Safety: Phone #'s

- Emergency Card
 - Fire, Ambulance, Police
 - Add Local Numbers:
 - Reliable Taxi Service
 - Program Contact
 - Housing Contact
- Add #'s in phone if taking it abroad
- MU PD (24-hrs): 414-288-1911



Packing



- Over-packing
- What is functional and appropriate
- Seasons



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Communication

- Cell phones
- Laptops
- WIFI availability
- Arrival touch base
- Communication plan
- Calling/texting Apps



Thank You!

Any Questions?



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