STUDY ABROAD
PARENT WEBINAR
Overview

- Staff introductions
- Students’ orientation
- Documents
- Finances
- Flights & arrival
- Culture and managing culture shock
- Academics
- Health and safety
- Packing
- Communications while abroad
Education Abroad Team

- Office of International Education
  - Karli Webster, Associate Director & Mgr. of Education Abroad
  - Rebecca Schano, Education Abroad Coordinator
  - Mitch Lawson, Education Abroad Coordinator
  - Toni Bartolutti, Education Abroad Coordinator
  - Millie Lor, Education Abroad Advisor
  - Tia Langnes, Office Associate
By the Numbers

- In Fall, **76** of our students will be studying in **23** different countries.
Your students’ orientation process

- Online orientation modules:
  - Culture
  - Health & insurance
  - Safety
  - Sexual violence prevention training
  - Emergency procedures
  - Learning outcomes and goal setting

- 'In-person' Orientation (for summer & fall 2020 participants, provided online)
  - In-person review of important online content
  - Focus on health & safety, and policies
  - Meeting with program-specific alums, when available
Documents and Copies

- Passport
  - Apply or renew ASAP – current processing times may be longer due to COVID-19
  - Expedited process is only available in case of an emergency
  - Must be valid for 6 months AFTER return date/program end

- Visa (if needed)
  - Process in U.S.
  - Process abroad

- Make copies of everything!
  - Credit cards, passport, visa page in passport, phone #'s; emails
Finances

- Tuition and Payments
- Financial Aid
  - Direct Deposit
  - Timeline for Disbursements
- Power of Attorney; FERPA and exceptions

<table>
<thead>
<tr>
<th>Billing Statement Date</th>
<th>Payment Due Date</th>
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<tr>
<td>July 21, 2020 (initial e-bill for fall)</td>
<td>August 25, 2020</td>
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Money Abroad

- Contacting your bank
- Local Currency
- Cash vs Cards
- Credit/debit cards
- Taking money
Airfare and Arrival

- **Booking airfare**
  - AFTER accepted by program (should be accepted by MU already); students have been advised to wait to book airfare
  - Arrive morning or midday, when possible
  - Note arrival dates AND times, orientation dates, exam schedules

- **Visa Process**
  - Legal process
  - Advising on visas - group vs. individual
Host Culture

- Respect and open-mindedness
- Culture Gram
  - General Attitudes
  - Appearance
  - Greetings
  - Gestures
  - Dating and Marriage
Culture Shock: Possible Symptoms

Symptoms:

- Extreme homesickness
- Feelings of helplessness/dependency
- Depression and sadness
- Sleeping and/or eating disturbances (too little or much)
- Critical reactions to host culture
Culture Shock: Managing Symptoms

Solutions:
- Develop patterns or routines
- Explore the surroundings
- Find people to interact with
- Set and achieve small goals
- Focus on language acquisition
- Express your feelings (to friends, in journals, etc.)
- Exercise
Academics

Academic environment overseas
- Professor relationships
- Course structure (syllabus, evaluations)
- Grading

Registration
- MU Course
- Study abroad placeholder courses
- For classes abroad
- For classes at MU the following semester

Policies
- Course approvals and transfer
- Grades (transfer policy and expectations)
- Maintenance of full-time status (equivalent of 12 credits)
Safety: Marquette Security Measures

- GeoBlue
- SOS International ([https://www.internationalsos.com/](https://www.internationalsos.com/))
  - Member Log In: 11BSGC000025
- State Dept STEP enrollment
- AlertTraveler app

Your student should:
- Let others know where they are
- Keep emergency contact numbers on them at all times
- Monitor Marquette email regularly
- Avoid demonstrations
- Make multiple copies of their documents
- Safeguard cash, documents, and valuables
- Be smart, be alert, be safe
Health: Immunizations

- All routine vaccines should be current
  - MMR, DTP, Varicella, Polio, flu shot
  - Some are multiple shots AKA a series (start early!)
- Use CDC.gov
- **Talk with regular general practitioner**
- MU Medical Clinic
  - Schroeder Health Complex, Lower Level
Health: Medications

- In carry-on luggage
- Enough to last your entire program (or more)
- Keep in the original container
- Keep copy of doctor’s Rx
- Confirm it’s legal in your host country
- Discuss with your doctor:
  - Time change adjustment
  - Alternative medications if yours is not available/legal
  - Consultation while abroad

Do **not** stop taking a medication abroad, without a doctor’s permission!
Emergency Procedures

The program will provide students with on-site emergency contact information.

1. **Seek medical attention if necessary**
   - Marquette faculty program leader(s)/director(s)
   - GeoBlue Global Assistance (Direct: 610-254-8771)

2. **Contact Marquette University**
   - MU Police, 1-414-288-1911
   - OIE at 1-414-288-7289

3. **File claim with GeoBlue for medical expenses (next slide)**
Insurance Abroad

GeoBlue Insurance:
- All Marquette students going abroad
- No network limitations
- No deductibles
- $43/month billed through Marquette’s Office of the Bursar

Plan details:
- Students will be automatically enrolled based on program dates
Safety: Phone #’s

- Emergency Card
  - Fire, Ambulance, Police
  - Add Local Numbers:
    - Reliable Taxi Service
    - Program Contact
    - Housing Contact

- Add #’s in phone if taking it abroad
- MU PD (24-hrs): 414-288-1911
Packing

- Over-packing
- What is functional and appropriate
- Seasons
Communication

- Cell phones
- Laptops
- WIFI availability
- Arrival touch base
- Communication plan
- Calling/texting Apps
Thank You!

Any Questions?